

BROOKSIDE CHATTER

Brookside Buzz

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Loretta Moser & Mary Rhubarb on Monday, March 16th, Rick Hoch on Thursday, March 19th, and Doris Lehman on Friday, March 20th

No Anniversaries this week!

What's New This Week

Tuesday, March 17th, St. Patrick's Day!

2:00 pm...Shamrock shakes (front lounge)

3:00 pm...United Methodist Service

7:00 pm...Game Night



Wednesday, March 18th

2:00 pm...Trip to Nolt's

Thursday, March 19th

8:00 am...AMRC Board Meeting

9:00 am...Quilts

5:00 pm...Resident Council Pot Luck Supper

Friday, March 20th

2:00 pm... Movie & Popcorn "War Room"

Sunday, March 22

10:00 am...Evan Zehr Service

A true friend is someone who knows the song in your heart, and can sing it back to you when you have forgotten the words. -Unknown-

An effort made for the happiness of others lifts us above ourselves. -Lydia Child-

On call this week – Quintin Roggie

If you are in need of assistance from 7 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

It's time to guess when the snow will be gone in the courtyard. Please sign up on the sheet on the bulletin board. Guesses have to be in by Monday, March 16th.

With the coronavirus going on, please keep yourself safe. Wash your hands, and stay in your apartment if you are not feeling well. Also avoid close contact with others. We have hand sanitizers on all the tables. Feel free to use it.

Please Do Not Remove Them From The Tables, as they are hard to come by.

March 17th, is "St. Patrick's Day". Also it is "Corn Beef & Cabbage Day". We will enjoy some for dinner on that day. Join us for Shamrock Shakes in the front lounge, at 2:00 pm.

March 18th, the quote of the day is: Mindfulness is defined as "Paying attention on purpose, with curiosity, openness and a willingness to be with whatever is occurring, non-judgmentally." Also it is the Birthday of the Pillsbury Doughboy. The year was 1961.

March 19th, "Spring Begins!" Yeah, we wait for this with anticipation every year.

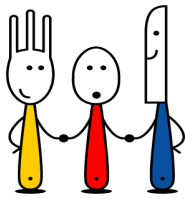
March 22nd, is "As Young as you feel day." If it only worked. Also it is "National Goof-off Day". So go ahead if you feel young and goof off all day long.

Have a Great Week!



Brookside Senior Living Community Activities Calendar For the Week of March 16, 2020

MONDAY March 16th	9:45 AM...Exercise Class 10:25 AM...Tops Grocery/Bank 7:00 PM...Euchre	 
TUESDAY March 17th Happy St. Patrick's Day! 	1:00 PM...Pitch 2:00 PM...Kinney's 2:30 - 4:00 PM... Wellness Clinic 2:00 PM...Shamrock Shakes (front Lounge) 3:00 PM...United Methodist Service 7:00 PM...Game Night	  
WEDNESDAY March 18th	9:45 AM...Exercise Class 10:25 AM... Walmart 1:00 PM... Pinochle 2:00 PM...Trip to Nolt's	  
THURSDAY March 19th	Beauty Salon OPEN.... 7 am-12 noon 8:00 AM...AMRC Board Meeting 9:00 AM...Quilts 9:45 AM...Breathing Exercises 10:30 AM... Rosary 1:00 PM... Bridge 5:00 PM...Resident Council Resident Pot Luck Supper 7:00 PM...Dominoes (following the supper)	  
FRIDAY March 20th	Beauty Salon OPEN...3:30 pm - 7 pm 9:45 AM...Exercise Class 10:25 AM...Tops Grocery/Bank 1:00 PM...Wii Bowling 2:30 PM...Movie... "War Room"	  
SATURDAY March 21st	3:00 PM...Social Hour	
SUNDAY March 22nd	If you need a ride to Church, please let us know in advance 10:00 AM...Evan Zehr Service 7:00 PM...Golf	



Brookside Dinner Menu

For the Week of March 16, 2020

Alternate choices for the week are: Alternate 1. Hamburger or Alternate 2. Fish w/Tartar Sauce.
Dressing Selections are on the tables.

MONDAY- 3/16	TUESDAY- 3/17	WEDNESDAY- 3/18	THURSDAY- 3/19
Sweet & Sour Chicken over Brown Rice or Seafood Plate w/Seasoned Fries Creamy Cucumber Salad Cottage Cheese Applesauce Mixed Veggies Zucchini Mint Chip Ice Cream or Citrus fruit	Zucchini Pizza or Corned Beef Garden Salad Cottage Cheese Applesauce Potatoes Cabbage Carrots Irish Chocolate Cupcakes or Fresh Fruit St. Patrick's Day!	Roast Pork w/ Applesauce or Baked Lemon Pepper Chicken Apple Salad Cottage Cheese Applesauce Buttered Noodles Diced Beets Green Beans Strawberry Whip or Mangos	Philly Cheesesteak on Roll or Scalloped Potatoes w/ Side of Ham Pea Salad Cottage Cheese Applesauce Butternut Squash Marinated Tomatoes Parsnips Blackberry Cheesecake or Peaches
FRIDAY- 3/20	SATURDAY- 3/21	SUNDAY- 3/22	<i>Enjoy Your Meals!</i>
Stuffed Sole or Chicken Tenders w/Honey Mustard Sauce Coleslaw Cottage Cheese Applesauce Homes Fries Catalina Island Blend Vegetables Chocolate Pudding or Grapefruit	Beef Mozzarella Bake or Sausage Gravy over Biscuits Carrot Coin Salad Cottage Cheese Applesauce Wax Beans Peas Peanut Butter Swirl Bars or Mandarin Oranges	Roast Beef w/ Horseradish Sauce or Turkey w/Cranberry Sauce Spring Mix Salad w/ House Dressing Cottage Cheese Applesauce Mashed Potatoes w/ Gravy Brussel Sprouts Corn Mixed Berry Pie or Pears	<i>Bread or rolls are served daily.</i> <i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i> <i>Choose <u>one entrée</u> and <u>one dessert</u> and as many sides as desired.</i>

Residents' Corner

Ilona Schaefer fell on Thursday, March 5th, and is in Samaritan in Watertown for rehab & PT on her hip. Please keep her in your prayers. Pearl Farney has moved to Sunset Nursing & Rehabilitation Home in Booneville. Our best wishes to Pearl. Welcome to Ruth Gaebel who moved into Apt. 303 on March 1st. We hope you enjoy your new home.

LCGH Auxiliary is again taking pre orders for their geranium sale. They are pink, white & red geraniums, plus sage, dill, parsley, basil & oregano. The cost is \$3.25 per pot. Orders must be in and paid for by May 4th. They will be delivered May 18th to the front office.

Wednesday, March 18th, at 2:00 pm, we will be going to Nolt's for anyone who would like to go.

Thursday, March 19th, at 5:00 pm, plan on attending the resident pot luck supper in the activity room. If you are unable to bring a dish to pass, they will be passing a basket. Please sign up, so the council will know how much Ham to order.

Friday, March 20th, at 2:20 pm, we will be showing the movie "War Room". With great jobs, a beautiful daughter and a dream house, the Jordan's seem to have it all. Appearances can be deceiving, however, as husband Tony flirts with temptation and wife Elizabeth becomes increasingly bitter, crumbling under the strain of a failing marriage. Their lives take an unexpected turn for the better when Elizabeth meets her newest client Miss Clara who encourages the couple to find happiness through prayer. 2 hours long.

Sunday, March 22nd, at 10:00 am, Evan Zehr will be here for his service in the parlor.

Plan Ahead, Mark Your Calendar... **Monday, March 23rd**, "Down Home" to entertain
Wednesday, March 25th, monthly birthday party
Thursday, March 26th, trip to Watertown (weather permitting)
Tuesday, March 31st, monthly resident supper
Wednesday, April 1st, monthly resident coffee hour (note day change)
Friday, April 3rd, movie & popcorn
Mon. - Thurs., Apr. 6-9, Ecumenical Holy Week Services
Monday, April 20th, Down Home to Entertain
Tuesday, April 21st, trip to Pioneer Café for breakfast (sign up)
Tuesday, April 28th, monthly Resident Supper
Thursday, April 30th, monthly birthday party
Tuesday, May 5, monthly resident coffee hour
Wednesday, May 13th, trip to Utica
Monday, May 18th, Down Home to Entertain
Tuesday, May 26th, monthly resident supper
Thursday, May 28th, monthly birthday party

Big Mud Puddles & Sunny Yellow Dandelions...

When I look at a patch of dandelions, I see a bunch of weeds that are going to overtake my yard. My kids see flowers for Mom and blowing white stuff you can wish on. When I look at an old drunk and he smiles at me, I see a smelly dirty person who probably wants money and I look away. My kids see someone smiling at them and they smile back. When I hear music I love, I know I can't carry a tune and don't have much rhythm so I sit self-consciously and listen. My kids feel the beat and move to it. They sing out the words. If they don't know them, they make up their own. When I feel wind on my face, I brace myself against it. I feel it messing up my hair and pulling me back when I walk. My kids close their eyes, spread their arms and fly with it, until they fall to the ground laughing. When I pray, I say thee and thou and grant me this, give me that. My kids say, "Hi God! Thanks for my toys and my friends. Please keep the bad dreams away tonight. Sorry, I don't want to go to heaven yet. I would miss my mommy and daddy." When I see a mud puddle I step around it. I see dirty shoes and dirty carpets. My kids jump in it and sit in it. They see dams to build, rivers to cross, and worms to play with. I wonder if we are given kids to teach or to learn from? No wonder God loves the little children! Enjoy the little things in life, for one day you may look back and realize they were the big things. I wish you Big Mud Puddles and Sunny Yellow Dandelions!!! "Life is not measured by the number of breaths we take but by the moments that take our breath away!" -Author Unknown-