

BROOKSIDE CHATTER

Brookside Buzz

5701 Brookside Circle, Lowville, New York, 13367

Office Telephone: 315-376-4333

Website: www.brooksideseniorliving.org

Email: brookside@nnyemail.com

Issue: March 30, 2020

Editor: Sherry Turck



Nancy Knapp, Sharlene Lehman & Larissa Yousey on Sunday, April 5th.



No Anniversaries this week!

What's New This Week

Monday, March 30th

10:00 am...Bank

Tuesday, March 31st

6:00 am...Walmart Shopping for Seniors Only

Thursday, April 2nd

6:00 am...Tops Shopping For Senior Only

One act of beneficence, one act of real usefulness, is worth all the abstract in the world.

-Ann Radcliff-

Love cannot remain by itself- it has no meaning. Love has to be put into action and that action is service. -Mother Teresa-

When you stop giving and offering something to the rest of the world, it's time to turn out the lights.—George Burns-

Everybody can be great because everybody can serve...You only need a heart full of grace, a soul generated by love. -Dr. Martin Luther King Jr.-

On call this week – Jake Krop

If you are in need of assistance from 7 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

Due to the Coronavirus... most things have to be cancelled and we are in a lock down. We are sorry about this, but it is for your protection to keep you safe. We will return to normal as soon as we are able. So, please keep yourself safe. **If anyone has any of our trays from the kitchen, would you please return them. They are needed for the daily deliveries. If you have your own carriers, please bring them which frees up the brookside trays for our daily deliveries.**

Let's have some fun. Let us know how you are feeling about this coronavirus. Or let us know what you are doing to keep yourself occupied. Bring your responses to the office and I will put them in next weeks chatter. Maybe we can help each other during this trying time.

March 30th, is the 56th anniversary of the TV Premier of Jeopardy. The year was 1964. What a fun game to watch.

April 2nd, is "National Sweet Potato Day." We will have some at dinner.

April 3rd, is "National Chocolate Mousse Day." We will have some for dessert.





April 5th, is Palm Sunday and the beginning of Holy Week. The Christian anticipation to Easter.

Have a Safe Week!

Key Activities



Brookside Senior Living Community Activities Calendar For the Week of March 30, 2020

MONDAY March 30th	9:45 AM...Exercise Class (under 10 people) 10:00 AM...Bank	
TUESDAY March 31st	6:00 AM...Walmart Shopping for Seniors 2:30 - 4:00 PM...Wellness Clinic	
WEDNESDAY April 1st	9:45 AM...Exercise Class (under 10 people)	
THURSDAY April 2nd	6:00 AM...Tops Shopping for Seniors	
FRIDAY April 3rd	9:45 AM...Exercise Class (under 10 people)	
SATURDAY April 4th	None	
SUNDAY April 5th	None	



Brookside Dinner Menu

For the Week of March 30, 2020

Alternate choices for the week are: Alternate 1. Grilled Cheese Sandwich or Alternate 2. Scrambled Eggs. Dressing Selections are on the tables.

MONDAY- 3/30	TUESDAY- 3/31	WEDNESDAY- 4/01	THURSDAY- 4/02
Baked Ziti or Bacon & Cheese Smothered Chicken Breast w/Hash Browns Mixed Green Salad w/ Mandarin Oranges Cottage Cheese Applesauce Peas Yellow Squash Maple Walnut Ice Cream or Fresh Fruit	Chicken Patties w/Lettuce & Tomato on Bun or No Bun or Pulled Pork w/Coleslaw on Bun or No Bun Broccoli/Tomato Salad Cottage Cheese Applesauce Sweet Potato Fries Asparagus Lime Pineapple Jell-O or Grapefruit	Beef Stir Fry over Brown Rice or Shepard's Pie Tossed Salad Cottage Cheese Applesauce Cherry Crisp or Mandarin Oranges	Grilled Ham w/Sweet Potato or Lasagna Fresh Veggies w/ Dressing Cottage Cheese Applesauce Grape Tomatoes w/ Vinaigrette Dressing Vanilla Pudding or Fresh Fruit National Sweet Potato Day!
FRIDAY- 4/03	SATURDAY- 4/04	SUNDAY- 4/05	<i>Enjoy Your Meals!</i>
Baked Haddock w/Lemon & Tartar Sauce or Ham & Corn Chowder w/ Egg Salad Sandwich Coleslaw Cottage Cheese Applesauce Mixed Veggies Chocolate Mousse or Pears National Chocolate Mousse Day!	Spanish Rice or BBQ Meatballs Creamy Cucumber Salad Cottage Cheese Applesauce Brussel Sprouts Wax Beans White Cake w/PB Frosting or Mangos	Roasted Turkey or Beef Tips w/Mushroom Gravy Tossed Salad Cottage Cheese Applesauce Mashed Potatoes w/ Gravy Green Bean Casserole Corn Pumpkin Pie or Peaches	<i>Bread or rolls are served daily.</i> <i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i> <i>Choose <u>one entrée</u> and <u>one dessert</u> and as many sides as desired.</i>

Residents' Corner

Ilona Schaefer's address is LCGH 2nd Floor Nursing Home, RM- 227, 7785 N. State St. Lowville, NY 13367. If you'd like to send her a card. Address for Pearl Farney is: Sunset Nursing Home, C-50 232 Academy St. Boonville, NY 13309.

With all the closings and cancellations, we will not be publishing a monthly calendar. We are trying to save on supplies, which are very hard to obtain. We can still take you to doctor appointments.

Monday, March 30th, at 10:00 am, we will go to the bank, at the drive thru.

Tuesday, March 31st, at 6:00 am, we will go to Walmart for seniors shopping only.

Thursday, April 2nd at 6:00 am, we will go to Tops for senior shopping only. **If you have a list, please bring to the office on Wednesday in the morning.**

LCGH Auxiliary is again taking pre orders for their geranium sale. They are pink, white & red geraniums, plus sage, dill, parsley, basil & oregano. The cost is \$3.25 per pot. Orders must be in and paid for by May 4th. They will be delivered May 18th to the front office.

Plan Ahead, Mark Your Calendar... **Tuesday, March 31st,** monthly resident supper **CANCELLED**
Wednesday, April 1st, monthly resident coffee hour **CANCELLED**
Friday, April 3rd, movie & popcorn **CANCELLED**
Mon. - Thurs, Apr. 6-9, Ecumenical Holy Week Services **CANCELLED**
Monday, April 20th, "Down Home" to entertain
Tuesday, April 21st, trip to Pioneer Café for breakfast (sign up)
Tuesday, April 28th, monthly resident supper
Thursday, April 30th, monthly birthday party
Tuesday, May 5, monthly resident coffee hour
Wednesday, May 13th, trip to Utica
Monday, May 18th, "Down Home" to entertain
Tuesday, May 26th, monthly resident supper
Thursday, May 28th, monthly birthday party

Dear Sweet Jesus..

Dear Sweet Jesus, be my all, my almighty, my God.
Dear Sweet Jesus, be my best beloved, my blessed one.
Dear Sweet Jesus, be by my side with your shining light.
Dear Sweet Jesus, may you shine through my being.
Dear Sweet Jesus, may I be at Your call beckoning me beautifully.
Dear Sweet Jesus, may I hear Your voice, thy word in my ears.
Dear Sweet Jesus, cleanse my taste, cleanse my thirst, my all too human heart.
Dear Sweet Jesus, come Thou calling to me Your love, Your true one.
Dear Sweet Jesus, give me my heartbeat, give me Your word.
Dear Sweet Jesus, wipe away my tears with Your garment.
Dear Sweet Jesus, be my joy and blessing; let me walk and sleep and see and breathe through you all my days, thy kingdom, thy power and thy glory. -Alice B. Cody-

Spring...

Spring is a most special time of the year with visions of change that are now drawing near, with fresh signs of life that also appear...just look around and you'll see.
The robins return to "visit" once more; people have thoughts of a sandy shore. Something they know that's worth waiting for, and others would quickly agree.
Bunches of blossoms now cover the ground; such an array that's so richly abound. Trees with their leaves so lavishly "crowned;" all this for you...all this for me.
Spring, so often, has come in this way; a time for children to come out and play. And cold winter winds are all held at bay; and that is how it should be.
It's time to celebrate, to smile, and to sing; a time to welcome the coming of spring. A time to rejoice and to make plans anew, and the dreams that you have...may they all come true! -Author Unknown-