

# BROOKSIDE CHATTER

**Brookside Buzz**

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**Editor: Sherry Turck**



Cheryl Defone on Monday, January 11th, Dorothy Birchenough & Bernie Johnson on Tuesday, January 12th, Ken Seymour on Wednesday, January 13th, and Marie Savko on Sunday, January 17th



Dean & Bernie Johnson on Monday, January 11th

## What's New This Week

### Monday, January 11th

9:00 am...Tops Grocery Shopping (bring list & bag to office)

10:00 am...Bank (Drive Thru Only)

### Tuesday, January 12th

8:00 am...Walmart Shopping (bring list & bag to office)

2:00 pm...Kinney's (bring list & bag to office)

### Thursday, January 14th

7:00 am...Tops Shopping for Seniors

9 - 11:00 am...Watertown Hearing (Residents Only)



You can waste your lives drawing lines. Or you can live your life crossing them.  
-Shonda Rhimes-

If you aren't grateful for what you already have, what makes you think you would be happy with more? -Roy T. Bennett-

No medicine cures, what happiness cannot. -Gabriel Marquez-

### **On call this week – Mervin Roggie**

If you are in need of assistance from 7 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

### **ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.**

#### **MISSION STATEMENT**

*Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.*

Due to the Coronavirus pandemic... all things have been cancelled and we are again in lock down. We are sorry about this, but this is for your protection to keep you all safe. We will return to semi normal as soon as we are able. Only caregivers will be allowed in, but no visitors will be allowed.

January 12th, is "National Tea Day." So, drink tea today. It's good for you.

January 13th, is the Frisbee's Birthday. What a fun toy to play with. I'm sure your children had fun with one when they were young. Also it is "Clean-off-your-desk Day." We all need to do that every now and then.

January 15th, is "National Maintenance Day." So, if you see any of our three Maintenance men be sure to give them a big thumbs up and thank you.

January 16th, is the 30th anniversary of the beginning of the Gulf War. It started in 1991.

January 17th, is "Popeye the Sailor's Birthday." He first came about in 1929. That makes him 92 years old. He'd fit right in here at Brookside. Also it is "National Fresh Squeezed Juice Day." There are so many different kinds, enjoy some today if you'd like.

Have a Great & **Safe** Week!

**Brookside Senior Living Community  
Activities Calendar  
For the Week of January 11, 2021**

<p><b>MONDAY January 11th</b></p>	<p>9:00 AM...Tops Grocery Shopping (bring list ASAP, before 9)            9:45 AM...Exercise Class (under 10)...<b>Cancelled</b>            10:00 AM...Bank (Drive Thru Only)            2:00 PM...Bingo... <b>Cancelled</b>            3:00 PM...<b>Bring Walmart list and bag to office for pick up tomorrow morning</b>            7:00 PM...Euchre...<b>Cancelled</b></p>	 
<p><b>TUESDAY January 12th</b></p>	<p>8:00 AM...Walmart            1:00 PM...Pitch...<b>Cancelled</b>            2:00 PM...Kinney's (bring list and bag to office)            2:30 - 4:00 PM...Wellness Clinic            7:00 PM...Golf ...<b>Cancelled</b></p>	  
<p><b>WEDNESDAY January 13th</b></p>	<p>9:45 AM...Exercise Class (under 10)...<b>Cancelled</b>  <b>Bring Tops Grocery List and bag to the office before 10:00 AM.</b>            1:00 PM...Pinochle...<b>Cancelled</b></p>	
<p><b>THURSDAY January 14th</b></p>	<p><b>Beauty Salon OPEN...call 315-523-5048</b>            7:00 AM...Tops Shopping for Seniors Only            9:00 - 11:00 AM...Watertown Hearing (Residents Only)            10:30 AM...Rosary in the 200 Wing Lounge...<b>Cancelled</b>            7:00 PM...Dominoes...<b>Cancelled</b></p>	
<p><b>FRIDAY January 15th</b></p>	<p>9:45 AM...Exercise Class (under 10)...<b>Cancelled</b></p>	
<p><b>SATURDAY January 16th</b></p>	<p>3:00 PM...Social Hour ...<b>Cancelled</b></p>	
<p><b>SUNDAY January 17th</b></p>	<p>11:00 AM...Evan Zehr Service...<b>Cancelled</b>            7:00 PM...Golf ...<b>Cancelled</b></p>	



# Brookside Dinner Menu

For the Week of January 11, 2021

Alternate choices for the week are: Alt. 1 Hamburger or Alt. 2 Filet of Haddock w/Tartar Sauce.  
Salad Dressing Selections are on the tables.

MONDAY- 1/11	TUESDAY- 1/12	WEDNESDAY- 1/13	THURSDAY- 1/14
<p>Veggie Soup w/Raspberry Grilled Cheese Sandwich or Garlic Roast Pork Loin w/ Baked Potato</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Peas Wax Beans</p> <p>Carrot Cake w/Cream Cheese Frosting or Mixed Fruit</p>	<p>Zesty Onion Burger on Bun or No Bun or Grilled Chicken Bacon Ranch Salad</p> <p>Apple Mallow Salad or Applesauce or Cottage Cheese</p> <p>French Fries Mixed Veggies</p> <p>Lemon Lime Dessert or Peaches</p>	<p>Baked Ham or Shake &amp; Bake Pork Chops</p> <p>Mandarin Orange Toss Salad or Applesauce or Cottage Cheese</p> <p>Sweet Potato Fries Corn Casserole Beets</p> <p>Raspberry Whip or Pineapple</p>	<p>Crispy Onion Chicken or Cranberry Meatballs over Noodles</p> <p>Broccoli &amp; Tomato Salad or Applesauce or Cottage Cheese</p> <p>Butternut Squash Spinach Baked Apple</p> <p>Chocolate Berry Parfait or Citrus Fruit</p>
FRIDAY- 1/15	SATURDAY- 1/16	SUNDAY- 1/17	<i>Enjoy Your Meals!</i>
<p>Parmesan Crusted Haddock w/FF &amp; Tartar Sauce or Macaroni &amp; Cheese Pizza</p> <p>Caesar Salad or Applesauce or Cottage Cheese</p> <p>Side of Mac &amp; Cheese Broccoli Puff</p> <p>Ice Cream Dessert or Grapes</p>	<p>Turkey Primavera over Noodles or Taco Salad w/Sour Cream &amp; Salsa</p> <p>Cucumber Salad or Applesauce or Cottage Cheese</p> <p>Baked Sweet Potato Green Beans</p> <p>Pineapple Upside Down Cake or Strawberries</p>	<p>Roast Beef w/Horseradish Sauce or Baked Ham</p> <p>Spinach Salad or Applesauce or Cottage Cheese</p> <p>Mashed Potatoes w/Gravy Lima Beans Asparagus</p> <p>Mixed Berry Pie or Apricots</p>	<p><i>Bread or rolls are served daily.</i></p> <p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired.</i></p>

## Residents' Corner

If anyone has any items missing from their front door shelves, please give a description of the item (items) to the office and we will see if we can get them returned to the right people.

**Monday, January 11th at 9:00 am.** Tops shopping, please bring your list and bag to the office. If you have a deposit or check to cash, **please bring to the office by 9:00 am.** This is to avoid several trips. **At 10:00 am,** I will go to the bank at the drive thru.

**Tuesday, January 12th at 8:00 am,** Walmart Shopping, Please bring your list and bag to the office. **At 2:00 pm,** I will go to Kinney's. Please bring your list and bag to the office.

**Thursday, January 14th, at 7:00 am,** Tops Shopping for Seniors Only. Please have your **list and bag to the office by 10:00 am on Wednesday.** From 9:00 am - 11:00 am, Watertown Hearing will be here for residents only.

**Plan Ahead, Mark Your Calendar...** Wednesday, January 20th, Nolt's

### An Important Message...

One day a teacher took two students out to a park. While wandering in the garden, they came across a mango tree from which some ripe and juicy mangoes were hanging. Its bark was battered by stones and sticks people had thrown at it to knock the mangos down. The teacher asked one student, "What do you think of this mango tree?"

The student answered, "Teacher, this mango tree is no good and will not give mangoes by itself, but only when we hit it with stones and sticks. Therefore, we should hit it hard to get sweet mangoes from it. That is the only way to get these mangoes."

The teacher asked the second student the same question. This student answered instantly, "Teacher, in spite of people hitting this tree with stones and sticks, it gives us sweet and juicy mangoes. It does hurt but still it gives us fruits. I wish all human beings learn this important message from the mango tree- -to share their belongs even if they have to suffer for this." Moral: There are always two sides to each coin.

### Making Pancakes....

Six year old Brandon decided one Saturday morning to fix his parents pancakes. He found a big bowl and spoon, pulled a chair up to the counter, opened the cupboard and pulled out the heavy flour container, spilling it on the floor. He scooped some of the flour into the bowl with his hands, mixed in most of a cup of milk and added some sugar, leaving a floury trail on the floor which by now had a few tracks left by his kitten. Brandon was covered with flour and getting frustrated. He wanted this to be something very good for his mom & dad, but it was getting very bad. He didn't know what to do next, whether to put it all into the oven or on the stove and he didn't know how the stove worked! Suddenly he saw his kitten licking from the bowl of mix and reached to push her away, knocking the egg container to the floor. Frantically he tried to clean up this monumental mess but slipped on the eggs, getting his pajamas white and sticky. And just then he saw dad standing at the door. Big crocodile tears welled up in Brandon's eyes. All he'd wanted to do was something good, but he'd made a terrible mess. He was sure a scolding was coming, maybe even a spanking. But his father just watched him. Then, walking through the mess, he picked up his crying son, hugged him and loved him, getting his own pajamas white and sticky in the process.

That's how God deals with us. We try to do something good in life, but it turns into a mess. Our marriage gets all sticky or we insult a friend, or we can't stand our job, or our health goes sour. Sometimes we just stand there in tears because we can't think of anything else to do. That's when God picks us up and loves us and forgives us, even though some of our mess gets all over him. But just because we might mess up, we can't stop trying to "make pancakes" for God or for others. Sooner or later we'll get it right, and then they'll be glad we tried.... Suppose one morning you were called to God; do you have any wounds that need mending, or friendships that need rekindling? Do all your family and friends know that you love them? Sometimes "I Love You" can heal and bless! Remind everyone in your life that you love them. You would be amazed at what those three little words, a smile, and a reminder can do. And remember, never stop making pancakes!