

BROOKSIDE CHATTER

Brookside Buzz

5701 Brookside Circle, Lowville, New York, 13367

Office Telephone: 315-376-4333

Website: www.brooksideseniorliving.org

Email: brookside@nnyemail.com

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Editor: **Sherry Turck**



Dick Grimes & Eydie Lyndaker on Wednesday, October 7th



Phil & Shirley Bush on Wednesday, October 7th

What's New This Week

Monday, October 5th

10:00 am...Bank (Drive Thru)

2:00 pm...Bingo (10 residents only, must wear masks)

Tuesday, October 6th

8:00 am...Walmart Shopping (bring a list or ride along, must wear mask)

1:00 pm...Leaf Peeping Tour (for those who signed up)

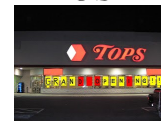
7:00 pm...Golf

Wednesday, October 7th

9:00 am...Shopping Trip to Utica (for those who signed up)

Thursday, October 8th

7:00 am...Tops for Seniors Only



Due to the Coronavirus pandemic... most things have been cancelled and we are in lock down. We are sorry about this, but this is for your protection to keep you all safe. We will return to normal as soon as we are able. So, please keep yourself safe. Immediate family are allowed back in, from 9 am - 4 pm, and they must follow guidelines and sign in.

Please be aware that there is a scam going on with credit cards. A resident had a \$150. charge on their bill that they had not purchased. Be sure to check your statement with your receipts to make sure they match. If they don't, be sure to contact your bank immediately. This was done on a card from a local bank.

October 5th, is "Long Walk Day." So if you are up to it, go for a long one.

October 6th - 12th, is fire prevention week. With our winters we all need to be aware. Also thank all our firemen.

October 8th is "National Fluffernutter Day." I always loved peanut butter and fluff sandwiches. Did you ever have one?

October 11th, is the birth anniversary of Henry J. Heinz. He was the founder of Ketchup (or Catsup). It was the second product sold in the company. Where would we be without catsup?

Have a Great & **Safe** Week!

Make the most of yourself, for that is all there is of you. -Ralph W. Emerson-

Imagine how much easier it would be for us to learn how to love if we began with a shared definition. -Bell Hooks-

Follow the grain in your own wood. -Howard Thurman-

On call this week – Jake Krop

If you are in need of assistance from 5 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.



















MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

Key Activities



Brookside Senior Living Community Activities Calendar For the Week of October 05, 2020

<p>MONDAY October 5th</p>	<p>9:45 AM...Exercise Class (under 10) 10:00 AM...Bank (Drive Thru) 2:00 PM...Bingo 7:00 PM...Euchre</p>	   
<p>TUESDAY October 6th</p>	<p>8:00 AM...Walmart (must wear mask) 1:00 PM...Pitch 1:00 PM...Leave for Leaf Peeping Tour (for those who signed up) 2:00 PM...Kinney's (bring list to the office, or ride along, must wear mask) 2:30 - 4:00 PM...Wellness Clinic 7:00 PM...Golf</p>	    
<p>WEDNESDAY October 7th</p>	<p>9:00 AM - Leave for Shopping in Utica (for those who signed up) 9:45 AM...Exercise Class (under 10) bring your grocery list to the <u>office by 10:00 am</u>, for tomorrow's pick up. 1:00 PM...Pinochle</p>	  
<p>THURSDAY October 8th</p>	<p>Beauty Salon Open...call 315-523-5048 (7am-till all appts. done) 7:00 AM...Tops Shopping for Seniors Only 9:00 AM...Quilts 10:30 AM...Rosary in the 200 Wing Lounge (masks & social distancing) 7:00 PM...Dominoes</p>	  
<p>FRIDAY October 9th</p>	<p>9:45 AM...Exercise Class (under 10)</p>	
<p>SATURDAY October 10th</p>	<p>3:00 PM...Social Hour (10 residents only...must wear mask into activity room)</p>	
<p>SUNDAY October 11th</p>	<p>11:00 AM...Evan Zehr Service, Wear Mask & Maintain Social Distancing 7:00 PM...Golf</p>	



Brookside Dinner Menu

For the Week of October 05, 2020

Alternate choices for the week are: Alt. 1 BLT w/Chips or Alt. 2 Western Egg w/Toast Dressing Selections are on the tables.

MONDAY- 10/05	TUESDAY- 10/06	WEDNESDAY- 10/07	THURSDAY- 10/08
<p>Sloppy Joe w/FF & Coleslaw or Pancake w/ Sausage</p> <p>Cottage cheese w/ Peaches or Applesauce or Cottage Cheese</p> <p>French Green Beans Corn Casserole</p> <p>Tapioca Pudding or Mangos</p>	<p>Baked Ham or Cantonese Chicken</p> <p>Banana Split Salad or Applesauce or Cottage Cheese</p> <p>Baked Potato w/Sour Cream Mixed Veggies Brussel Sprouts</p> <p>Adirondack Bear Claw Ice Cream or Fresh Fruit</p>	<p>Stuffed Peppers w/Potato Wedges or Rueben Casserole</p> <p>Mandarin Orange Toss Salad or Applesauce or Cottage Cheese</p> <p>Broccoli Stir Fried Veggies</p> <p>Rice Krispy Treat or Pineapple</p>	<p>Ham & Corn Chowder w/Grilled Cheese or Deluxe Pizza</p> <p>Anti Pasta Salad or Applesauce or Cottage Cheese</p> <p>Curried Cauliflower Peas</p> <p>Orange Cupcakes or Pears</p> <p>National Pizza Day!</p>
FRIDAY- 10/09	SATURDAY- 10/10	SUNDAY- 10/11	<i>Enjoy Your Meals!</i>
<p>Tuna Noodle Casserole or Ham Loaf w/Party Potatoes</p> <p>Coleslaw or Applesauce or Cottage Cheese</p> <p>Country Blend Stewed Tomatoes</p> <p>Lemon Bars or Mandarin Oranges</p>	<p>Spaghetti w/Meatballs or Shrimp Alfredo over Angel Hair Pasta</p> <p>Lime Pineapple Salad or Applesauce or Cottage Cheese</p> <p>Cauliflower Carrots</p> <p>Maple Walnut Ice Cream w/Maple Syrup or Grapefruit</p>	<p>Salmon w/Dill Butter or Shake & Bake Pork Chop</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Mashed Potatoes w/ Gravy Mexican Corn Broccoli Supreme</p> <p>Pecan Pie or Peaches</p>	<p><i>Bread or rolls are served daily.</i></p> <p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired.</i></p>

Residents' Corner

If anyone would like to order a "Brookside Together Shirt," please stop in the office to sign up. This is so we know the proper sizes to order. Cost is \$9.00 each.

Starting Thursday, October 1, 2020, the ban on plastic bags goes back into effect again. Please bring your bags with you when you go shopping.

Monday, October 5th, at 10:00 am we will go to the bank at the drive thru.

Tuesday, October 6th, at 8:00 am, we will go to Walmart, bring your list to the office or ride along. (if you go along, you must wear a mask). At 1:00 pm, we will leave on our leaf peeping tour. We will stop at Eddie's Meat Market and Croghan Candy Kitchen. There is no transportation fee for this trip. You must wear a mask. We need 4 to go. **At 2:00 pm,** we will go to Kinney's. Please bring your list to the office, or ride along. You must wear a mask.

Wednesday, October 7th, at 9:00 am, we will leave for our trip to Utica for shopping. Transportation fee is \$10.00 for resident and \$15.00 for non resident. You must wear your mask. We need 4 to go.

Thursday, October 8th, at 7:00 am, we will go to TOPS for seniors only. You may ride along or **bring your list to the office on Wednesday before 10:00 am.** From 9 - 11 am, Watertown Hearing will be here in the parlor for residents only.

This year, the Hand & Hand children **cannot come into Brookside** as they always have in the past for trick or treating. They would still like to come over. If you would like to participate, we will have chairs out front 6 ft. apart and the children can parade past and collect goodies. If you would like to do this, leave your name with Janine in the office so we know how many chairs to put out. Patio Home residents may receive them at their homes if they wish or come over. We will put out signs to hang on your door. Due to Halloween being on Saturday, we will do this on Friday, October 30th.

Plan Ahead, Mark Your Calendar... **Wednesday, October 14th,** trip to Nolt's
Wednesday, October 28th, trip to Nolt's
Wednesday, November 3rd, take residents to vote
Wednesday, November 4th, shopping trip to Watertown
November 11th, trip to Nolt's
November 12th, Watertown Hearing
November 25th, trip to Nolt's

Friends...

Close Friends...

- Are the ones you contact when there is good news!
- Are the ones you alert when there is a need for prayer.
- Are the ones you confide in when there is a burden to be shared.
- Are the ones you involve when special plans are being made.
- Are the ones you thank God for whenever you count your richest blessings.

True Friends...

- Are ones who touch your heart...with the heart of God.
- Are the ones who encourages us to move forward in our faith and trust in the Lord.
- Are the ones who have taught us not only through words, but also through example.

In our lives we can see His LIGHT...
In our understanding, we sense His GRACE...
In our encouragement, we find his LOVE...

We thank God for the blessings He has brought into our lives through our friends.