

BROOKSIDE CHATTER

Brookside Buzz

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Editor: Sherry Turck



Drew Ortlieb on Tuesday, October 12th, Paul Stackel on Thursday, October 14th and Ruth Widrick on Saturday, October 16th



No Anniversaries this Week!

What's New This Week

Monday, October 11th "Columbus Day"

9:00 am...Tops Grocery Shopping

10:00 am...No Bank

Tuesday, October 12th

8:00 am...Walmart Shopping (must wear mask in van)

7:00 pm...Game Night

Wednesday, October 13th

2:00 pm...Nolt's

Thursday, October 14th

7:00 am...Tops Shopping for Senior

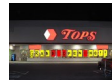
1:00 pm – 3:00 pm...Flu Clinic

1:30 pm - 3:30 pm...Watertown Hearing

Sunday, October 17th

11:00 am...Evan Zehr Service (in activity room)

11:00 am...Catholic Communion Service (in parlor)



You find yourself refreshed in the presence of cheerful people. Why not make an honest effort to confer that pleasure onto others? -Lydia Child-

On call this week – Mervin Roggie

If you are in need of assistance from 7 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

With the changes from the CDC, we will be starting up some of our activities again. Not all things will resume. Watch your Chatter activity page. Masks are to be worn indoors at all times. Doors are all unlocked during the day. Visitors & caregivers will continue to sign in, wear a mask and take their temperature upon entering. Any questions, contact the office to talk to Jenn or Janine.

October 11th, is "Pass the Catsup (or ketchup) Please Day." This is the birth anniversary of Henry Heinz (1844 -1919), the founder of Heinz Company. Catsup was their second product sold. The first was Horseradish. Also it is "Columbus Day." A federal holiday for many. Banks & Post Offices closed.

October 12th, is the 15th "Annual Universal Music Day." This day is to celebrate all types of music, musicians, and music making. Music is really appreciated here at Brookside. Also it is "National Farmer's Day." Lewis County is a big farming county.













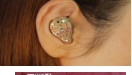




October 13th is "Silly Sayings Day." We all know and say silly sayings. It's great to laugh.

October 16th, is "National Bosses Day." It is on Saturday this year, so if you see Jenn on Friday, wish her a great day.

Have a Great & **Safe** Week!



Brookside Senior Living Community Activities Calendar For the Week of October 11, 2021

MONDAY October 11th “Columbus Day!”	9:00 AM...Tops Grocery Shopping (wear mask) 10:00 AM...No Bank (Banks closed) 9:45 AM...Exercise Class (wear mask) 2:00 PM...Bingo (wear mask) 3:00 PM...Bring Walmart list and bag to the office by 3:00 pm for shopping tomorrow morning 7:00 PM...Euchre (wear mask)	  
TUESDAY October 12th	8:00 AM...Walmart (wear mask) 9:00 AM...Bank (Drive Thru) 9:45 AM...Exercise Class (New DVD, Grow Young Fitness) (wear mask) 1:30 PM...Resident Council Meeting (wear mask) 2:00 PM...Pitch (wear mask) (follows meeting) 2:00 PM...Kinney’s, ride along or bring list (wear mask, in van) 2:30 - 4:00 PM...Wellness Clinic 7:00 PM...Game Night (wear mask)	   
WEDNESDAY October 13th	9:45 AM...Exercise Class (wear mask) Bring Tops Grocery list and bag to the office before 10:00 AM. 1:00 PM...Pinochle (wear mask) 2:00 PM...Nolt’s (must wear mask in van)	 
THURSDAY October 14th	Beauty Salon Open...call 315-523-5048 for appointment 7:00 AM...Tops Senior Shopping (wear mask) 9:00 AM...Quilts (wear mask) 9:45 AM...Breathing Exercises w/B. Niblett (wear mask) 10:30 AM...Rosary in the 200 Wing Lounge (wear mask) 1:00 - 3:00 PM...Flu Clinic (activity room, wear mask) 1:30 - 3:30 PM...Watertown Hearing (wear mask) 7:00 PM...Dominoes (wear mask)	    
FRIDAY October 15th	Beauty Salon Closed...call 315-523-5048 for appointment 9:45 AM...Exercise Class (wear mask)	
SATURDAY October 16th	3:00 PM...Social Hour (wear mask)	
SUNDAY October 17th	11:00 AM...Rev. Evan Zehr Service, in the activity room (wear mask) 11:00 AM...Catholic Communion with Deacon Ken Seymour in the parlor (wear mask) 7:00 PM...Golf (wear mask)	



Brookside Dinner Menu

For the Week of October 11, 2021

Alternate choices for the week are: Alt.1 Hot Dog w/Chips or Alt. 2 Baked Chicken Breast Salad
Dressing selections are on the tables.

MONDAY- 10/11	TUESDAY- 10/12	WEDNESDAY- 10/13	THURSDAY- 10/14
Beef Stew or Tuna Noodle Casserole Applesauce Jell-O Salad or Applesauce or Cottage Cheese Spinach w/Bacon Corn Ice Cream Dessert or Mandarin Oranges	Chicken Tenders w/ Sweet Potato Fries & Honey Mustard Sauce or Goulash Fruit Salad or Applesauce or Cottage Cheese Butternut Squash Mandarin Veggie Mix White Chocolate Chip & Craisins Cookie or Grapefruit	Creamy Ham & Broccoli Casserole or Hot Roast Beef Sandwich Tossed Salad or Applesauce or Cottage Cheese Mixed Veggies Beets Lemon Lush or Fresh Fruit	BBQ Ribs or Lemon Pepper Chicken Layered Salad or Applesauce or Cottage Cheese Party Potatoes Wax Beans Broccoli Puff Coffee Cake or Peaches
FRIDAY- 10/15	SATURDAY- 10/16	SUNDAY- 10/17	<i>Enjoy Your Meals!</i>
Parmesan Crusted Haddock or Sausage w/Onions & Peppers on Bun or No Bun Coleslaw or Applesauce or Cottage Cheese French Fries Carrots Stewed Tomatoes Rainbow Sherbet or Mixed Fruit	Veggie Soup w/Turkey Sandwich or Grilled Ham w/Rice Pilaf Heavenly Hash Salad or Applesauce or Cottage Cheese Peas Curried Cauliflower Brownies or Pineapple	Chicken Cordon Bleu w/ Cheese Sauce or Stuffed Sole Tossed Salad or Applesauce or Cottage Cheese Baked Potato w/Sour Cream Peas Green Beans Mixed Berry Pie or Mangos	<i>Bread or rolls are served daily.</i> <i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i> <i>Choose <u>one entrée, one salad, one dessert</u> and as many other sides as desired.</i>

Residents' Corner

Wilbur Moser passed away on Monday October 4th. Please keep Wilbur and his family in your prayers. Arrangements are still being worked out and we will let you know when we receive them.

Valarie Tarrant has moved to be closer to her daughter in Copenhagen as of the end of September. We wish her the best at her new home.

If you **do not** get your Watertown Daily Times or Journal in your mail, you will have to call the Times office and let them know. The number is **315-782-1012**. They cannot give any information to Brookside, as we are not on your account.

Monday, October 11th, at 9:00 am, Tops grocery shopping. No banking as the banks are closed in observance of Columbus Day. The Post Office will also be closed. Bring Walmart list to office **before 3:00 pm**, for Tuesday's pick up. **At 2:00 pm**, we will be playing Bingo in the activity room.

Tuesday, October 12th, at 8:00 am, Walmart shopping, ride along, or bring list and bag to the office. After Walmart, I will go to the bank. **At 1:30 pm**, bring your questions and concerns to the Resident Council Meeting. **At 2:00 pm**, we will go to Kinney's, ride along or bring your list and bag to the office. (must wear mask in van) **From 2:30 pm - 4:00 pm**, the wellness clinic will be held in the beauty salon.

Wednesday, October 13th, at 2:00 pm...we will go to Nolt's, ride along or bring list to office.

Thursday, October 14th at 7:00 am, Tops Shopping for Seniors Only. Please have your list and bag to the office by 10:00 am, on Wednesday. **At 9:45 am**, Bob Niblett will be here to do his breathing exercise class. Must wear mask. **From 1:00 am - 3:00 pm**, the flu clinic will be held in the activity room. **From 1:30 - 3:30 pm, Watertown Hearing** will be here in the parlor.

Plan Ahead, Mark Your Calendar... **Wednesday, October 20th**, Trip to Burrville Cider Mill
Tuesday, October 26th, Resident Supper
Friday, October 29th, Monthly Birthday/Halloween Party
Tuesday, November 2nd, Monthly Coffee Hour
Thursday, November 11th, Watertown Hearing
Tuesday, November 30th, Resident Supper
Tuesday, December 7th, Monthly Coffee Hour

Some Things Don't Make Sense...

- That people who don't enjoy going to church on earth think they will be happy in Heaven.
- That people who do go to God's house on earth want a mansion prepared by God in heaven.
- That people who don't serve the Lord as part of God's program on earth, expect to have a reward in Heaven.
- That people who are uncomfortable being with God's people here on earth want to spend eternity with them in Heaven.

Thoughts to Ponder...

Don't look at the trials that discourage you. Focus on "God who loves you."
Don't look at the world that assaults you, gaze at "Christ who loves you."
Don't look at the pressures that consume you, see the "Savior who chooses you."
Show God your "Faith" and he will show you his "Faithfulness."

Human history is the long, terrible story of man trying to find something **"other than God"** which will make them happy.

Counting Blessings= Less Stressing...

It's true that stress is a part of life. But something amazing happens when we start practicing an attitude: Our heart and mind are so filled with reasons to be grateful that there's less room than before for stress, which leaves more room in our life for joy!