

# BROOKSIDE CHATTER

**Brookside Buzz**

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**Issue: October 19, 2020**

**Editor: Sherry Turck**



Arlene Yousey & Sherry Turck on Saturday, October 24th & Mary Collins on Monday October 26th

Lewis & Audrey Schweitzer on Saturday, October 24th

## What's New This Week

### Monday, October 19th

10:00 am...Bank (Drive Thru)

2:00 pm...Bingo (10 residents only, must wear masks)

### Tuesday, October 20th

8:00 am...Walmart Shopping (bring a list or ride along, must wear a mask)

7:00 pm...Golf

### Thursday, October 22nd

7:00 am...Tops for Seniors Only



In every day, there are 1,440 minutes. This means we have 1,440 daily opportunities to make a positive impact somewhere or for someone. -Les Brown-

When you are joyful, when you say yes to life and have fun and project positivity all around you, you become a sun in the center of every constellation, and people want to be near you. -Shannon Alder-

Laughter provides a great feeling, and even after the moment has passed, you will still find yourself chuckling as you think back to the humor in the situation that caused you to laugh in the first place. -Kala Stevenson-

### **On call this week – Mervin Roggie**

If you are in need of assistance from 5 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

### **ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.**

#### **MISSION STATEMENT**

*Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.*

Due to the Coronavirus pandemic... most things have been cancelled and we are in lock down. We are sorry about this, but this is for your protection to keep you all safe. We will return to normal as soon as we are able. So, please keep yourself safe. Immediate family are allowed back in, from 9 am - 4 pm, and they must follow guidelines and sign in.

October 19th, the quote of the day is "Bittersweet October. The mellow, messy, leaf kicking, perfect pause between the opposing miseries of summer and winter." Also it is the sweetest day. The goal of this day is to do something nice for someone so they will say, "Oh, that's so sweet."

October 20th, is "National Cheesecake Day." We will enjoy some at dinner.

October 21st, is "Count Your Buttons Day." Why, they have a day for this, I do not know.

October 22nd, is "National Color Day." We sure had a lot of colors and they were beautiful.

October 23rd, is "TV Talk Show Host Day." This day is celebrated on the birth anniversary of Johnny Carson.

October 24th, is "United Nations Day," and founded in 1945. Also it is "Take back Your Time Day." The goal of this day is to remind people the value of leisure time.

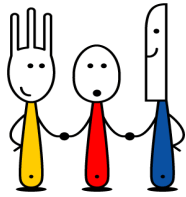
Have a Great & **Safe** Week!

# Activities



## Brookside Senior Living Community Activities Calendar For the Week of October 19, 2020

<b>MONDAY</b> <b>October 19th</b>	9:45 AM...Exercise Class (under 10) 10:00 AM...Bank (Drive Thru) 2:00 PM...Bingo (10 people, must wear mask) 7:00 PM...Euchre	   
<b>TUESDAY</b> <b>October 20th</b>	8:00 AM...Walmart (must wear mask) 1:00 PM...Pitch 2:00 PM...Kinney's (bring list to the office, or ride along, must wear mask) 2:30 - 4:00 PM...Wellness Clinic 7:00 PM...Golf	   
<b>WEDNESDAY</b> <b>October 21st</b>	9:45 AM...Exercise Class (under 10) <b>bring your grocery list to the <u>office by 10:00 am</u>, for tomorrow's pick up.</b> 1:00 PM...Pinochle	 
<b>THURSDAY</b> <b>October 22nd</b>	<b>Beauty Salon Open...call 315-523-5048 (7am-till all appts. done)</b> 7:00 AM...Tops Shopping for Seniors Only 10:30 AM...Rosary in the 200 Wing Lounge (masks & social distancing) 7:00 PM...Dominoes	 
<b>FRIDAY</b> <b>October 23rd</b>	9:45 AM...Exercise Class (under 10)	
<b>SATURDAY</b> <b>October 24th</b>	3:00 PM...Social Hour (10 residents only...must wear mask into activity room)	
<b>SUNDAY</b> <b>October 24th</b>	11:00 AM...Evan Zehr Service, (Wear Mask & Maintain Social Distancing ) 7:00 PM...Golf	



# Brookside Dinner Menu

For the Week of October 19, 2020

Alternate choices for the week are: Alt. 1 Ham Salad Sandwich w/Chips or Alt. 2 Grilled Cheese Sandwich w/Chips Dressing Selections are on the tables.

MONDAY- 10/19	TUESDAY- 10/20	WEDNESDAY- 10/21	THURSDAY- 10/22
<p>Hot Turkey Sandwich or Italian Sausage w/Onions &amp; Peppers on Bun or No Bun</p> <p>Grape Salad or Applesauce or Cottage Cheese</p> <p>Curly Fries Peas Mixed Veggies</p> <p>Orange Fruited Jell-O or Pears</p>	<p>Tangy Cocktail Meatballs or Kielbasa w/Sauerkraut</p> <p>Pistachio Salad or Applesauce or Cottage Cheese</p> <p>Macaroni Salad Turnip Green Beans</p> <p>Pumpkin Cheesecake or Peaches <b>National Pumpkin Cheesecake Day!</b></p>	<p>Crab Patties or Marinated Chicken Breast</p> <p>Broccoli &amp; Cauliflower Salad or Applesauce or Cottage Cheese</p> <p>Baked Potato w/Sour Cream Buttered Beets Corn</p> <p>Ice Cream Dessert or Pineapple</p>	<p>Garden Veggie Soup w/ Bologna &amp; Cheese Sandwich or Stuffed Shells w/ Sausage</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Squash Broccoli</p> <p>Super Lemon Bundt Cake or Mixed Fruit <b>National Bologna Sandwich Day!</b></p>
FRIDAY- 10/23	SATURDAY- 10/24	SUNDAY- 10/25	<i>Enjoy Your Meals!</i>
<p>Parmesan Crusted Haddock or Macaroni &amp; Cheese</p> <p>Coleslaw or Applesauce or Cottage Cheese</p> <p>Succotash California Blend</p> <p>M&amp;M Chocolate Chip Cookies or Apricots</p>	<p>Pulled Pork Sandwich or Cheeseburger Deluxe</p> <p>Applesauce Jell-O Salad or Applesauce or Cottage Cheese</p> <p>FF Stir Fry Veggies Bushes Beans</p> <p>Brownie Sundae or Mandarin Oranges</p>	<p>Baked Ham w/Raisin Sauce or Chicken &amp; Biscuit</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Mashed Potatoes w/ Gravy Cauliflower Buttered Spinach</p> <p>Kentucky Derby Pie or Grapefruit</p>	<p><i>Bread or rolls are served daily.</i></p> <p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired.</i></p>

## Residents' Corner

Roger Roch, fell and had surgery on his hip. He is in a rehab facility. If you'd like to send a card, his address is Elderwood, % Roger Roch  
104 Old Niagara Rd. Rm.-61B  
Lockport, NY 14094

If anyone would like to order a **"Brookside Together Shirt,"** please stop in the office to sign up. This is for proper sizes and number to order. Cost is \$9.00 each. Please pay when you order. Orders will be taken until October 19th. Also if you would like to order a box of 50 masks for \$8.98. Let the office know and we will order them for you. Please pay when you order.

**Monday, October 19th, at 10:00 am** we will go to the bank at the drive thru.

**Tuesday, October 20th, at 8:00 am**, we will go to Walmart, bring your list to the office or ride along. (if you go along, you must wear a mask). **At 2:00 pm**, we will go to Kinney's. Please bring your list to the office, or ride along. (You must wear a mask.)

**Thursday, October 22nd, at 7:00 am**, we will go to TOPS for seniors only. You may ride along or **bring your list to the office on Wednesday before 10:00 am**. From 9 - 11 am, Watertown Hearing will be here in the parlor for residents only.

This year, the Hand & Hand children **cannot come into Brookside** as they always have in the past for trick or treating. They would still like to come over. If you would like to participate, we will have chairs out front 6 ft. apart and the children can parade past and collect goodies. **If you would like to do this, leave your name with Janine in the office by **October 19th**, so we know how many chairs to put out. Patio Home residents may receive them at their home if they wish or come over. (the office still needs to know.)** We will pass out signs to hang on your door (or mailbox) Due to Halloween being on Saturday, we will do this on **Friday, October 30th**.

The staff Christmas project this year will be the "Shop With a Cop" program. This will bless several families, around the area instead of just one. It is usually funded by several businesses, but with Covid-19, they are unable to donate this year. If you would like to help us with this program, please turn donations in to the office by **Nov. 2nd**. The children are selected from different **Lewis County** schools in the area by their needs. They will shop on Saturday. Dec. 5th.

**Plan Ahead, Mark Your Calendar...** **Wednesday, October 28th**, trip to Nolt's  
**Wednesday, November 3rd**, take residents to vote  
**Wednesday, November 4th**, shopping trip to Watertown  
**November 11th**, trip to Nolt's  
**November 12th**, Watertown Hearing  
**November 25th**, trip to Nolt's

### Comments From Residents...

Dear Staff Members & Management, What a lovely surprise the other day to receive fresh apple pie and "Fritters", to replace our apple Fest opportunities. Nothing is better than apple pie in October! Mm Mm Good! Thank You so very much, Dick & Linda G.

Dear Management & Staff, Thank you so much for the apple treats! We appreciate all the extra things you do for us here at Brookside. We really enjoyed the apple treats! Blessings, Joe & Shirley W.

Dear Staff & Management, Once again You have gone out of your way to make us feel special during this time of lockdown. The pie and fritters were absolutely delicious and a nice surprise. We all know that you are doing everything possible to make our lives normal and pleasant during this abnormal period and we are very grateful. Many thanks to all of you, Doris P.

Dear Brookside Management and Staff, You really surprised us this afternoon with the lovely gift of apple crumb pie and apple fritters. What a gift.! Thanks so much! Dorothy & Milton Z.

Management & Staff at Brookside, Thank you for the apple fest treats. Also for all the things you have been doing to help us through the difficult times of the pandemic. Doris & Loretta L.