

# BROOKSIDE CHATTER

**Brookside Buzz**

5701 Brookside Circle, Lowville, New York, 13367

Office Telephone: 315-376-4333

Website: [www.brooksideseiorliving.org](http://www.brooksideseiorliving.org)

Email: [brookside@nnyemail.com](mailto:brookside@nnyemail.com)

**Issue: November 9, 2020**

**Editor: Sherry Turck**



Cathy Granger on Monday, November 9th, Doris Pisaniello & Duane Wicks on Wednesday, November 11th, Shirley Bush & Teddie Woodhouse on Thursday, November 12th, Colette Cross on Friday, November 13th and Jeanette Wicks on Saturday, November 14th.

Due to the Coronavirus pandemic... most things have been cancelled and we are again in lock down. We are sorry about this, but this is for your protection to keep you all safe. We will return to semi normal as soon as we are able. Only caregivers will be allowed in, no visitors will be allowed.

November 9th, is the 31st Anniversary of the Opening of the Berlin Wall.

November 10th is "National Vanilla Cupcake Day." We will enjoy some at dinner.

November 11th, is "National Sundae Day." We will enjoy one at dinner.

November 12th, is "Chicken Soup for the Soul Day." If you have one of their books, read it. These are very inspirational, good books.

November 13th, is "World Kindness Day." Lets all show a little kindness.

November 14th, is "Loosen Up, Lighten Up Day." The purpose of this day is to remind people of the benefits of laughter. Laughter is good for the soul.

November 15th, is "America Recycles Day." We are better at that now than we have been in the past. Also it is "National Clean Out Your Refrigerator Day." A good time to do that, before hunkering down for winter.

Have a Great & **Safe** Week!

## What's New This Week

### Monday, November 9th

9:00 am...Tops Grocery Shopping



### Tuesday, November 10th

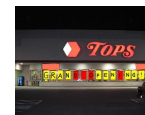
8:00 am...Walmart Shopping (bring list to office)

2:00 pm...Kinney's (bring list to office)



### Wednesday, November 11th, "Veteran's Day"

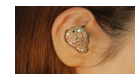
2:00 pm...Nolt's



### Thursday, November 12th

7:00 am...Tops for Seniors Only

9:00 am - 11:00 am...Watertown Hearing (in parlor, residents only)



Everything has beauty, but not everyone sees it. -Confucius-

Hate! It has caused a lot of problems in the world, but has not solved a single one yet. -Maya Angelou-

A Journey is best measured in friends, rather than miles. -Tim Cahill-

### **On call this week – Mervin Roggie**

If you are in need of assistance from 7 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

### **ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.**










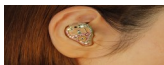

#### **MISSION STATEMENT**

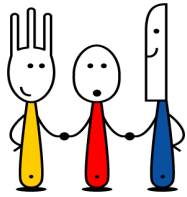
*Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.*

# Activities



## Brookside Senior Living Community Activities Calendar For the Week of November 9, 2020

<p><b>MONDAY</b> <b>November 9th</b></p>	<p>9:00 AM...Tops Grocery Shopping (bring list ASAP, before 9)            9:45 AM...Exercise Class (under 10)...<b>Cancelled</b>            10:00 AM...Bank (Drive Thru Only)            2:00 PM...Bingo... <b>Cancelled</b>            3:00 PM...<b>Bring Walmart list to office for pick up tomorrow am</b>            7:00 PM...Euchre...<b>Cancelled</b></p>	 
<p><b>TUESDAY</b> <b>November 10th</b></p>	<p>8:00 AM...Walmart (bring list to office)            1:00 PM...Pitch...<b>Cancelled</b>            2:00 PM...Kinney's (bring list to the office)            2:30 - 4:00 PM...Wellness Clinic            7:00 PM...Golf ...<b>Cancelled</b></p>	  
<p><b>WEDNESDAY</b> <b>November 11th</b> <b>Veteran's Day!</b></p>  <p style="text-align: center;"><b>THANK YOU!</b></p>	<p>9:45 AM...Exercise Class (under 10)...<b>Cancelled</b>  <b>bring your grocery list to the <u>office by 10:00 am</u>, for tomorrow's pick up.</b>            1:00 PM...Pinochle...<b>Cancelled</b>            2:00 PM...Nolt's</p>	 
<p><b>THURSDAY</b> <b>November 12th</b></p>	<p><b>Beauty Salon Open...call 315-523-5048 (7am-till all appts. done)</b>            7:00 AM...Tops Shopping for Seniors Only            9 - 11 AM...Watertown Hearing (In the parlor, residents only)            10:30 AM...Rosary in the 200 Wing Lounge...<b>Cancelled</b>            7:00 PM...Dominoes...<b>Cancelled</b></p>	 
<p><b>FRIDAY</b> <b>November 13th</b></p>	<p>9:45 AM...Exercise Class (under 10)...<b>Cancelled</b></p>	
<p><b>SATURDAY</b> <b>November 14th</b></p>	<p>3:00 PM...Social Hour ...<b>Cancelled</b></p>	
<p><b>SUNDAY</b> <b>November 15th</b></p>	<p>11:00 AM...Evan Zehr Service...<b>Cancelled</b>            7:00 PM...Golf ...<b>Cancelled</b></p>	



# Brookside Dinner Menu

For the Week of November 9, 2020

Alternate choices for the week are: Alt. 1 Hamburger w/Chips or Alt. 2 Tuna Salad Sandwich  
Dressing Selections are on the tables.

MONDAY- 11/09	TUESDAY- 11/10	WEDNESDAY- 11/11	THURSDAY- 11/12
Beef Tips w/Mushroom Gravy over Noodles or Roast Pork Loin w/ Applesauce  Mandarin Orange Tossed Salad or Applesauce or Cottage Cheese  Buttered Noodles Corn Stewed Tomatoes  Texas Brownie or Mixed Fruit	Olive Garden Chicken & Pasta or Minestrone Soup w/ Toasted Cheese Sandwich  Apple Salad or Applesauce or Cottage Cheese  Country Blend Veggies Wax Beans  Vanilla Cupcake or Mangos  <b>National Vanilla Cupcake Day!</b>	Stuffed Peppers or Boiled Ham Dinner  Broccoli Salad or Applesauce or Cottage Cheese  Potatoes Cabbage Carrots  Mexican Sundae or Pears  <b>National Sundae Day!</b>	Chicken Parmesan over Angel Hair Pasta or Creamed Chipped Beef over Toast  Tossed Salad or Applesauce or Cottage Cheese  Curried Cauliflower Brussel Sprouts  Oreo Cream Cheese Bars or Apricots
FRIDAY- 11/13	SATURDAY- 11/14	SUNDAY- 11/15	<i>Enjoy Your Meals!</i>
Lemon Pepper Fish w/ Tartar Sauce or Macaroni & Cheese  Coleslaw or Applesauce or Cottage Cheese  Side of Mac & Cheese Green Beans Turnip  Chocolate Pudding or Citrus Fruit	Welsh Rarebit (Tuna & Swiss Cheese over Rye Bread) or Sweet & Sour Shrimp over Rice Pilaf  Carrot Raisin Salad or Applesauce or Cottage Cheese  Rice Pilaf Prince Edward Blend Stir Fry Veggies  Molasses Cookie or Pineapple	Salmon w/Dill Butter or Lamb w/Mint Jelly  Tossed Salad or Applesauce or Cottage Cheese  Mashed Potatoes w/ Gravy Mexican Corn Green Bean Casserole  Cherry Pie or Mandarin Oranges	<i>Bread or rolls are served daily.</i>  <i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i>  <i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired.</i>

## Residents' Corner

**Patio Home Residents:** If you are picking up a meal or are having a meal picked up at the front entrance, please bring some kind of a container to take your meal with you. They have banned plastic bags again and we have run out of our supply. We also need our trays for congregate deliveries.

**Patio Home Residents:** With Winter upon us please pick up your door mats by your front doors. This is so they do not get tangled up with the snow blowers while the maintenance men are blowing snow. Thank you in advance, for your cooperation.

**Monday, November 9th, at 9:00 am,** Tops shopping, please bring your list and bag to the office. **At 10:00 am,** we will go to the bank at the drive thru. If you have a deposit or check to cash, **please bring to the office by 9:00 am.** This is to avoid several trips.

**Tuesday, November 10th at 8:00 am,** Walmart Shopping, Please bring your list and bag to the office. **At 2:00 pm,** we will go to Kinney's. Please bring your list to the office.

**Wednesday, November 11th, at 2:00 pm,** Nolt's Shopping. Please bring your list to the office.

**Thursday, November 12th, at 7:00 am,** Tops Shopping for seniors only. **Bring your list and bag to the office on Wednesday before 10:00 am.** **From 9 - 11:00 am,** Watertown Hearing will be here in the parlor for residents only.

**Plan Ahead, Mark Your Calendar...** **Wednesday, November 25th,** Nolt's

**Tuesday, December 8th,** Christmas shopping to Watertown, weather permits

**Wednesday, December 9th,** Nolt's

**Thursday, December 10th,** Watertown Hearing

**Wednesday, December 23rd,** Nolt's

### Merchant of Death...

About 100 years ago, a man looked at the morning newspaper and, to his surprise and horror, read his name in the obituary column. The newspapers had reported his death by mistake. His first response was shock! Am I here or there? When he regained his composure, his second thought was to find out what people had said about him. The headline read, "Dynamite King Dies." The obituary said, "He was the merchant of death." This man was the inventor of dynamite and when he read the words "merchant of death," he asked himself a question: "Is this how I am going to be remembered?" He got in touch with his inner feelings and decided that this was not what he wanted to be known for. From that day on, he started to working toward peace. His name was Alfred Nobel and he is remembered today for the Nobel Peace Prize.

### The Rich Woman...

A beautiful, rich, expensively-dressed woman complained to her psychiatrist that she felt her whole life was empty and worthless. After her husband passed away, she was all alone in a big house, but the expensive furniture, Persian carpet, and imported piano were just useless objects to her. She asked the doctor what to do.

The psychiatrist called over the old lady who cleaned the office floors. He said to the rich woman, "I'm going to ask Mary here to tell you how she found happiness. All I want you to do is listen to her."

The cleaning lady sat on a chair and told her story. "My husband died, and three months later my only son was killed in a car accident. I had nobody. I had nothing left. I couldn't sleep, I couldn't eat, I never smiled at anyone, I even thought of taking my own life. Then one evening, a little kitten followed me home from work. It was cold outside, so I let the kitten in. I got it some milk, and the kitten licked the plate clean. Then it purred and rubbed against my leg, and for the first time in months I smiled. I felt needed.

"The next day I baked some biscuits and took them to a neighbor who was sick in bed. Every day I tried to do something nice for someone. It made me so happy to see them happy. Today, I don't know of anybody who sleeps and eats better than I do. I've found happiness by giving it to others."

When the rich woman heard that, she cried. She had everything that money could buy, but she had lost the things which money cannot buy. Later the woman became president of a philanthropic organization. Now she is busy serving many people and finding happiness.