

# BROOKSIDE CHATTER

**Brookside Buzz**

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**Editor: Sherry Turck**



No Birthdays this week!



Paul & Pat Arquitt on Monday, November 16th.

## What's New This Week

### Monday, November 16th

9:00 am...Tops Grocery Shopping (bring list & bag to office)

### Tuesday, November 17th

8:00 am...Walmart Shopping (bring list & bag to office)

2:00 pm...Kinney's (bring list & bag to office)

### Thursday, November 19th

7:00 am...Tops for Seniors Only



There is strange comfort in knowing that no matter what happens today, the sun will rise again tomorrow. -Aaron Lauritsen-

Some days there won't be a song in your heart. Sing anyway. -Emory Austin-

Wisdom says we are nothing. Love says we are everything. Between these two our life flows. -Jack Kornfield-

### **On call this week – Jake Krop**

If you are in need of assistance from 7 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

### **ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.**

#### **MISSION STATEMENT**

*Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.*

Due to the Coronavirus pandemic... most things have been cancelled and we are again in lock down. We are sorry about this, but this is for your protection to keep you all safe. We will return to semi normal as soon as we are able. Only caregivers will be allowed in, no visitors will be allowed.

November 17th, is "Homemade Bread Day." Aren't we lucky that we get homemade bread every day here at Brookside. Also it is "Take a Hike Day." If we have a nice day, go for it and enjoy the outdoors & fresh air.

November 18th, is the 92nd birthday of Mickey Mouse. He first came about in 1928. I think everyone knows who Mickey Mouse is, due to Walt Disney and Disneyland.

November 19th, is the 81st Anniversary of the first Presidential Library. The cornerstone was first laid in Hyde Park, NY in 1939, for President Franklin D. Roosevelt's Presidential Library. It was dedicated on June 30, 1941.

November 20th, is "National Peanut Butter Day." Almost everyone who loves Peanut Butter, loves this flavor of fudge.

November 22nd, is the 57th Anniversary of the Assassination of President John F. Kennedy. I'm sure a lot of people remember this sad occasion.

Have a Great & **Safe** Week!



**Brookside Senior Living Community  
Activities Calendar  
For the Week of November 16, 2020**

<p><b>MONDAY November 16th</b></p>	<p>9:00 AM...Tops Grocery Shopping (bring list ASAP, before 9)            9:45 AM...Exercise Class (under 10)...<b>Cancelled</b>            10:00 AM...Bank (Drive Thru Only)            2:00 PM...Bingo... <b>Cancelled</b>            3:00 PM...<b>Bring Walmart list and bag to office for pick up tomorrow am</b>            7:00 PM...Euchre...<b>Cancelled</b></p>	 
<p><b>TUESDAY November 17th</b></p>	<p>8:00 AM...Walmart (bring list to office)            1:00 PM...Pitch...<b>Cancelled</b>            2:00 PM...Kinney's (bring list to the office)            2:30 - 4:00 PM...Wellness Clinic            7:00 PM...Golf ...<b>Cancelled</b></p>	  
<p><b>WEDNESDAY November 18th</b></p>	<p>9:45 AM...Exercise Class (under 10)...<b>Cancelled</b>  <b>bring your grocery list to the <u>office by 10:00 am</u>, for tomorrow's pick up.</b>            1:00 PM...Pinochle...<b>Cancelled</b></p>	 
<p><b>THURSDAY November 19th</b></p>	<p><b>Beauty Salon Open...call 315-523-5048 (7am-till all appts. done)</b>            7:00 AM...Tops Shopping for Seniors Only            10:30 AM...Rosary in the 200 Wing Lounge...<b>Cancelled</b>            7:00 PM...Dominoes...<b>Cancelled</b></p>	 
<p><b>FRIDAY November 20th</b></p>	<p>9:45 AM...Exercise Class (under 10)...<b>Cancelled</b></p>	
<p><b>SATURDAY November 21st</b></p>	<p>3:00 PM...Social Hour ...<b>Cancelled</b></p>	
<p><b>SUNDAY November 22nd</b></p>	<p>11:00 AM...Evan Zehr Service...<b>Cancelled</b>            7:00 PM...Golf ...<b>Cancelled</b></p>	



# Brookside Dinner Menu

For the Week of November 16, 2020

Alternate choices for the week are: Alt. 1 Chicken Breast or Alt. 2 Hot Dog w/Chips Dressing Selections are on the tables.

MONDAY- 11/16	TUESDAY- 11/17	WEDNESDAY- 11/18	THURSDAY- 11/19
Zucchini Pizza Casserole or Tomato Soup w/Egg Salad Sandwiches	Shepard's Pie or Cream of Mushroom Pork Chops w/Baked Potato	Kielbasa w/Sauerkraut w/ Buttered Noodles on Roll or no Roll or Veggie & Swiss Quiche	Sloppy Joe w/Coleslaw on Bun or No Bun or Crab Alfredo over Angel Hair Pasta
Orange Sherbet Salad or Applesauce or Cottage Cheese	Marinated Tomatoes or Applesauce or Cottage Cheese	Tossed Salad or Applesauce or Cottage Cheese	Carrot Coin Salad or Applesauce or Cottage Cheese
Catalina Blend Peas	Baked Apples Green Beans	Zucchini Parsnips	Beets Corn
Carrot Cake w/Cream Cheese Frosting or Fresh Fruit	Blueberry Whipped Yogurt or Peaches	Fruited Jell-O or Grapefruit	Pumpkin Bar w/Cream Cheese or Pears
FRIDAY- 11/20	SATURDAY- 11/21	SUNDAY- 11/22	<i>Enjoy Your Meals!</i>
Chicken Tenders w/Honey Mustard Sauce & FF or Fried Scallops & Shrimp w/ FF	Lasagna w/Garlic Toast or Sweet Sausage Sandwich w/Onions & Peppers on Roll or No Roll	Baked Ham or Stuffed Sole	<i>Bread or rolls are served daily.</i>
Coleslaw or Applesauce or Cottage Cheese	Heavenly Hash Salad or Applesauce or Cottage Cheese	Tossed Salad or Applesauce or Cottage Cheese	<i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i>
Spinach Cauliflower	Carrots French Style Green Beans	Baked Sweet Potato Wax Beans Corn Casserole	<i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired.</i>
Cookies or Mixed Fruit	Ice Cream w/Strawberry Topping or Pineapple	Butterscotch Pie or Mandarin Oranges	

## Residents' Corner

Thank you all for your donations for the "Shop With A Cop" program together we collected **\$2,424.00**. The police department was very grateful to receive this benefit to help the children this year. They would not have been able to help as many without this donation. Many thanks again.

**Patio Home Residents:** If you are picking up a meal or are having a meal picked up at the front entrance, please bring some kind of a container to take your meal with you. They have banned plastic bags again and we have run out of our supply. We also need our trays for congregate deliveries.

**Patio Home Residents:** With Winter upon us please pick up your door mats by your front doors. This is so they do not get tangled and chewed up by the snow blowers while the maintenance men are blowing snow. Thank you in advance, for your cooperation.

**Monday, November 16th, at 9:00 am,** Tops shopping, please bring your list and bag to the office. If you have a deposit or check to cash, **please bring to the office by 9:00 am**. This is to avoid several trips. **At 10:00 am,** we go to the bank at the drive thru.

**Tuesday, November 17th at 8:00 am,** Walmart Shopping, Please bring your list and bag to the office. **At 2:00 pm,** we will go to Kinney's. Please bring your list to the office.

**Thursday, November 19th, at 7:00 am,** Tops Shopping for seniors only. **Bring your list and bag to the office on Wednesday before 10:00 am.** This day is the "Great American Smoke-out." If you know of anyone who smokes, give them a call and help them out so they can quit. This day has been around for 43 years, originating in 1977.

**Plan Ahead, Mark Your Calendar...** **Wednesday, November 25th,** Nolt's  
**Tuesday, December 8th,** Christmas shopping to Watertown, weather permits  
**Wednesday, December 9th,** Nolt's  
**Thursday, December 10th,** Watertown Hearing  
**Wednesday, December 23rd,** Nolt's

### The Rich Family....

One day a proud father who was very rich took his son on a trip to the country to show him how poor people live. The son spent a day and a night on the farm of a very poor family. When he got back from his trip, the father asked his son, "How was your trip?" "Very good, dad!" "And what did you learn? Asked the father?" The son answered, "I saw that we have one dog at home, and they have four. We have a pool that goes to the middle of the garden; they have a creek that has no end. We have imported lamps in the garden; they have fireflies and stars. Our patio reaches to the front yard; they have a whole horizon." When the little boy was finished, his father was speechless. His son added, "Thanks, dad for showing me how poor we are!"

Real riches can't be bought. They are natural. -Author Unknown-

### The Rose Beyond the Wall...

A rose once grew where all could see, sheltered beside a garden wall, and as the days passed swiftly by, it spread its branches straight and tall...

One day, a beam of light shone through a crevice that had opened wide...The rose bent gently toward its warmth then passed beyond to the other side.

Now, you who deeply feel its loss, be comforted...the rose blooms there...it's beauty is even greater now, for many more to see... nurtured by God's own loving care. -Author Unknown-

Happiness often sneaks in through a door you didn't know you left open. -John Barrymore-

One of the things I learned the hard way was that it doesn't pay to get discouraged. Keeping busy and making optimism a way of life can restore your faith in yourself. -Lucille Ball-