

BROOKSIDE CHATTER

Brookside Buzz

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No Birthdays this week!

No Anniversaries this week!

What's New This Week

Monday, November 23rd

9:00 am...Tops Grocery Shopping (bring list & bag to office)

Tuesday, November 24th

8:00 am...Walmart Shopping (bring list & bag to office)

2:00 pm...Kinney's (bring list & bag to office)

Wednesday, November 25th

8:00 am-3:00 pm...Test Your Lifenet System

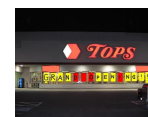
2:00 pm...Nolt's (bring list & bag to office)

Thursday, November 26th "Happy Thanksgiving"

Office Closed, Tops Closed, No Shopping

Friday, November 27th

8:00 am...Tops Grocery Shopping



Give thanks, not just on Thanksgiving Day, but every day of your life. Appreciate and never take for granted all that you have. -Cathy Pulsifer-

The struggle you're in today, is developing the strength you need tomorrow. -Robert Tew-

On call this week – Quintin Roggie

If you are in need of assistance from 7 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

Due to the Coronavirus pandemic... most things have been cancelled and we are again in lock down. We are sorry about this, but this is for your protection to keep you all safe. We will return to semi normal as soon as we are able. Only caregivers will be allowed in, no visitors will be allowed.

November 23rd, is "National Cashew Day." I know I love these little curly nuts. Also it is "National Eat a Cranberry Day." Cranberries always taste better this time of the year.

November 24th, is "Celebrate Your Unique Talent Day." We all have our own uniqueness which we should all be proud of. Also it National Bible and Family Day."

November 26th, the thought of the day is "Two sounds of autumn are unmistakable, the hurrying rustle of crisp leaves blown along the street or road by a gusty wind and the gabble of a flock of migrating geese. Both are warnings of chilly days ahead, fireside, and topcoat weather". Also it is Thanksgiving Day.












November 29th, is "National Chocolates Day." If you have any go ahead and enjoy them today.

Have a Great & **Safe** Week!



Brookside Senior Living Community Activities Calendar For the Week of November 23, 2020

MONDAY November 23rd	9:00 AM...Tops Grocery Shopping (bring list ASAP, before 9) 9:45 AM...Exercise Class (under 10)... Cancelled 10:00 AM...Bank (Drive Thru Only) 2:00 PM...Bingo... Cancelled 3:00 PM... Bring Walmart list and bag to office for pick up tomorrow am 7:00 PM...Euchre... Cancelled	 
TUESDAY November 24th	8:00 AM...Walmart (bring list to office) 1:00 PM...Pitch... Cancelled 2:00 PM...Kinney's (bring list to office) 2:30 - 4:00 PM...Wellness Clinic 7:00 PM...Golf ... Cancelled	  
WEDNESDAY November 25th	Beauty Salon Open AM Only...call 315-523-5048 8:00 AM– 3:00 PM...test your Lifenet System 9:45 AM...Exercise Class (under 10)... Cancelled 1:00 PM...Pinochle... Cancelled 2:00 PM...Nolt's (Bring List & Bag to Office)	 
THURSDAY November 26th “Happy Thanksgiving” Office Closed	Beauty Salon Closed 7:00 AM...Tops Closed No Shopping 10:30 AM...Rosary in the 200 Wing Lounge... Cancelled 7:00 PM...Dominoes... Cancelled	
FRIDAY November 27th	Beauty Salon Open AM Only call 315-523-5048 8:00 AM...Tops Grocery Shopping (bring list in on Wednesday, by 10:00) 9:45 AM...Exercise Class (under 10)... Cancelled	
SATURDAY November 28th	3:00 PM...Social Hour ... Cancelled	
SUNDAY November 29th	11:00 AM...Evan Zehr Service... Cancelled 7:00 PM...Golf ... Cancelled	



Brookside Dinner Menu

For the Week of November 23, 2020

Alternate choices for the week are: Alt. 1 Egg Salad Sandwich w/Chips or Alt. 2 Filet of Haddock w/ Tartar Sauce Dressing Selections are on the tables.

MONDAY- 11/23	TUESDAY- 11/24	WEDNESDAY- 11/25	THURSDAY- 11/26
<p>Chili w/Cornbread or Sweet & Sour Chicken over Rice</p> <p>Waldorf Salad or Applesauce or Cottage Cheese</p> <p>Prince Edward Veggie Blend Corn</p> <p>Honey Bun Cake or Fresh Fruit</p>	<p>Crab Patties or Grilled Ham</p> <p>Macaroni Salad or Applesauce or Cottage Cheese</p> <p>Sweet Potato Fries Baked Beans Parsnips</p> <p>Hershey Kiss Cookies or Pears</p>	<p>Roast Beef Sandwich w/ Swiss Cheese & Onion & Cheesy Broccoli Soup or Roast Pork Loin w/ Parsley Potatoes</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Cauliflower Peas</p> <p>Fruit Yogurt Parfait or Mixed Fruit</p> <p>National Parfait Day!</p>	<p>Turkey, White or Dark</p> <p>Cran- Raspberry Salad</p> <p>Mashed Potatoes w/ Gravy Green Bean Casserole Squash Roll & Butter</p> <p>Coconut Cream Pie or Pumpkin Pie</p> <p>Happy Thanksgiving!</p>
FRIDAY- 11/27	SATURDAY- 11/28	SUNDAY- 11/29	<i>Enjoy Your Meals!</i>
<p>Shrimp Scampi over Angel Hair Pasta or Pepperoni Pizza</p> <p>Coleslaw or Applesauce or Cottage Cheese</p> <p>Summer Blend Veggies Butter Beets</p> <p>Chocolate Chip Cookies or Peaches</p>	<p>Chicken Cordon Bleu w/ Cheese Sauce or Western Egg Bake</p> <p>Grape Salad or Applesauce or Cottage Cheese</p> <p>Party Potatoes Spinach Mixed Veggies</p> <p>Maple Walnut Ice Cream or Mandarin Oranges</p>	<p>Steak w/Mushrooms or Stuffed Sole</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Baked Potato w/Sour Cream Green Beans w/Almonds Glazed Carrots</p> <p>Strawberry Shortcake or Citrus Salad</p>	<p><i>Bread or rolls are served daily.</i></p> <p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired.</i></p>

Residents' Corner

Dorothy Birchenough was admitted to LCGH on Wednesday, November 11th. Please keep her in your prayers.

Patio Home Residents: If you are picking up a meal or are having a meal picked up at the front entrance, please bring some kind of a bag or tray to pick up your meal. They have banned plastic bags again and we have run out of our supply. We also need our trays for congregate deliveries.

Patio Home Residents: With Winter upon us please pick up your door mats by your front doors. This is so they do not get tangled and chewed up by the snow blowers while the maintenance men are blowing snow. Thank you in advance, for your cooperation.

Due to Thanksgiving, the beauty salon will be closed on Thursday. Terri Stocking (the hairdresser) will be here on Wednesday and Friday in the morning only.

Monday, November 23rd at 9:00 am, Tops shopping, please bring your list and bag to the office. If you have a deposit or check to cash, **please bring to the office by 9:00 am.** This is to avoid several trips. **At 10:00 am,** we go to the bank at the drive thru.

Tuesday, November 24th at 8:00 am, Walmart Shopping, Please bring your list and bag to the office. **At 2:00 pm,** we will go to Kinney's. Please bring your list to the office.

Wednesday, November 25th, at 2:00 pm, Nolt's Shopping. (Bring list & bag to the office)

Thursday, November 26th, Tops and the office will be closed. Shopping will be done on **Friday at 8:00 am.** Please have your list to the office by the end of Wednesday.

Plan Ahead, Mark Your Calendar... **Tuesday, December 8th,** Christmas shopping to Watertown, Cancelled
Wednesday, December 9th, Nolt's
Thursday, December 10th, Watertown Hearing
Wednesday, December 23rd, Nolt's

Happy Thanksgiving....

Turkeys, table spreads, being all together. Happiness and homes to protect us from all the weather. Aunts and Uncles, a reunion in fall. Nieces and Nephews, family members in all! Kind hearted kin coming over for dinner, surely you'll have some fun, but you won't get thinner! Gourds and pumpkins, mouths open wide. Indians and Pilgrims we remember with pride. Very special times there could even be snow. Imagine what it was like at Plymouth long ago. Never forget how the settlers led the way, giving thanks and blessings on this special day. -Author Unknown-

I know this Thanksgiving will be different for everyone. We have to remember we are in God's hands and only he knows what is ahead for us. We must be thankful for Him and all he has given us.

I Wish For You....

Comfort on difficult days. Smiles when sadness intrudes. Rainbows to follow the clouds. Laughter upon your lips. Sunsets to warm your heart. Gentle hugs when spirits sag. Friendships to brighten your being. Beauty for your eyes to see. Confidence for when you doubt. Faith so that you can believe. Courage to know yourself. Patience to accept the truth and thanks for the gratitude. Mostly Love to complete your life. -Author Unknown-

The 7 Ups Of Life...

1. WAKE UP : This is the day the Lord hath made let us rejoice in it.
2. DRESS UP: The best way to dress up is to add a smile. It is inexpensive. I Samuel 16:7
3. SHUT UP: Say nice things to and about everyone. That is why God gave us 2 ears and 1 mouth. Proverbs 13:3
4. STAND UP: For what you believe in. If you don't stand up for something, you will stand for nothing.
5. LOOK UP: Look up to the Lord for help everyday.
6. REACH UP: and trust in the Lord always, with all your understanding. Prov. 3:5 & 6