

BROOKSIDE CHATTER

Brookside Buzz

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Mary Kubibski & Ruby Martin on Monday, February 27th, Rachael Widrick on Wednesday, March 1st, Linda Murdock & Johanna Villanti on Friday, March 3rd, Glorian Mashaw, on Saturday, March 4th and George Larabee & Betty Yousey on Sunday, March 5th

What's New This Week

Monday, February 27th

10:00 am...Tops Grocery Shopping & Banking



Tuesday, February 28th

9:45 am... Walmart Shopping

4:30 pm...Resident Supper

7:00 pm...Game Night



Wednesday, March 1st

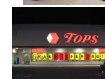
2:00 am...Nolt's

3:30 pm...Peg Nuspliger & Group to Entertain



Thursday, March 2nd

9:45 am...Tops Grocery Shopping and Banking



If a fellow isn't thankful for what he's got, he isn't likely to be thankful for what he's going to get. - F. Clark -

Some people are always grumbling because roses have thorns, I am thankful that thorns have roses. - A. Karr -

When a person doesn't have gratitude, something is missing in his or her humanity. - E. Wiesel -

On call this week – Quintin Roggie

If you are in need of assistance from **5:15 pm to 7 am** call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

February 27th, is "Digital Learning Day." Digital learning is anything you do on the computer, cell phone, i-pad or anything that connects to the internet. We can all learn a little more.

March 1st, is "National Pig Day." This day celebrates the pig as one of the most useful and intelligent domestic animals.

March 2nd, is the 58th Anniversary of the Film Premiere of "The Sound of Music." The year was 1965.

March 3rd, is "Peace Corps Day." This day commemorates the founding of the Peace Corps by President John F. Kennedy on March 3, 1961.

March 4th, the joke of the day is, What day of the year is a command? March Fourth. Also it is "National Grammar Day." The motto of this day, is to "March Forth on March 4, to speak well, write well, and help others do the same."

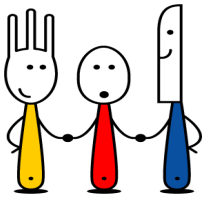
March 5th, is the "10th Annual Poutine Day." This day is a day to enjoy the French-Canadian dish Poutine. Poutine is French fries topped with cheese curds and light brown gravy. It has become a favorite for people in the U.S. also.

Have a **Safe & Happy** Week!



Brookside Senior Living Community Activities Calendar For the Week of February 27, 2023

MONDAY February 27th	9:00 AM...Exercise Class (Stronger Seniors, Class Exercises) 10:00 AM...Exercise Class (Strength Improvement w/Betty Switks) 10:00 AM...Tops Grocery Shopping 2:00 PM...Bingo	  
TUESDAY February 28th	9:00 AM...Exercise Class (Stronger Seniors Chair Exercises, w/Anne Pringle Burnell) 9:45 AM...Walmart 1:00 PM...Pitch 2:00 PM...Kinney's, ride along or bring list to office 4:30 PM...Resident Supper 7:00 PM...Game Night	   
WEDNESDAY March 1st	9:00 AM...Exercise Class (Stronger Seniors Chair Exercises) 10:00 AM...Exercise Class (Easy Does it w/Craig Maracci) 1:00 PM...Pinochle 1:45 PM...Ladies Bible Study 2:00 PM...Nolt's 3:30 PM...Peg Nuspliger & Group to Entertain 7:00 PM...Euchre	    
THURSDAY March 2nd	Beauty Salon <u>Open</u>...call 315-523-5048 for an appointment 9:45 AM...Tops Grocery Shopping and Banking 10:30 AM...Rosary in the 200 Wing Lounge 7:00 PM...Dominoes	 
FRIDAY March 3rd	Beauty Salon <u>Open</u>...call 315-523-5048 for an appointment 9:00 AM...Exercise Class (Stronger Seniors) 10:00 AM...Exercise Class (Stronger Seniors, Stretch DVD w/Anne Pringle Burnell)	
SATURDAY March 4th	3:00 PM...Social Hour	
SUNDAY March 5th	10:15 AM...Deacon Ken Seymour's Catholic Communion in the parlor 11:00 AM...Rev. Evan Zehr's Service, in the activity room 7:00 PM...Golf	



Brookside Dinner Menu

For the Week of February 27, 2023

Alternate choice for the week is: Chicken Noodle Soup w/ Bologna Sandwich. Dressing selections are on the tables.

MONDAY- 2/27	TUESDAY- 2/28	WEDNESDAY- 3/1	THURSDAY- 3/2
<p>Philly Cheesesteak Sloppy Joe on Bun or No Bun or Chicken/Bacon Ranch Casserole</p> <p>Tomato/Cucumber Salad or Applesauce or Cottage Cheese</p> <p>Peas Carrots</p> <p>Chocolate Lush or Mangos</p>	<p>Scalloped Potatoes & Ham or Pepperoni Pizza</p> <p>Mandarin Orange Jell-O Salad or Applesauce or Cottage Cheese</p> <p>Wax Beans Corn Casserole</p> <p>Ice Cream Bar or Grapefruit</p>	<p>Cowboy Casserole or Breaded Haddock w/Fries & Tartar Sauce</p> <p>Strawberry/Spinach Salad or Applesauce or Cottage Cheese</p> <p>Brussel Sprouts Stewed Tomatoes</p> <p>Dump Cake or Pears</p>	<p>BBQ Ribs w/Baked Potato or Chicken Mozzarella Pasta</p> <p>Coleslaw or Applesauce or Cottage Cheese</p> <p>Mixed Blend</p> <p>Raspberry Bars or Peaches</p>
FRIDAY- 3/3	SATURDAY- 3/4	SUNDAY- 3/5	Enjoy Your Meals!
<p>Pork Chops & Apples or Shrimp Scampi over Rice</p> <p>Italian Cauliflower Salad or Applesauce or Cottage Cheese</p> <p>Rice Corn Buttered Beets</p> <p>Peanut Butter Cookies or Fresh Fruit</p>	<p>Stuffed Sole or Hot Turkey Sandwich</p> <p>Sweet & Sour Pasta Salad or Applesauce or Cottage Cheese</p> <p>Mashed Potatoes Prince Edward Vegetables</p> <p>Bread Pudding or Mandarin Oranges</p>	<p>Beef Pot Roast w/ Horseradish Sauce or Roast Pork Loin</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Parsley Potatoes French Green Beans Winter Squash</p> <p>Apple Pie or Mixed Fruit</p>	<p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired. Bread is on the tables.</i></p>

Residents' Corner

On March 7th, we are invited to LACS for the dress rehearsal of the play they are putting on. It is "Mary Poppins" this year and starts sharply at 5:00 pm, leaving at 4:35 pm. There is a sign up sheet on the bulletin board for you to sign up. If the van fills up, you may drive and follow along. We will pass an envelope for donations.

Congregate residents: When using the dryers, **do not dry only a few items**, please make sure you have a full load, it is more energy efficient and everyone will have the chance to use the dryers. Thank you.

Patio Homes, now that Winter is upon us, please pick up your front door mats, so they do not get tangled and eaten up in the snowblowers. Also, please close your garage door when you go out. This is so your water pipes will not freeze. Thank you for your cooperation.

Monday, February 27th, at 10:00 am, we will be going to Tops for grocery shopping & banking. Ride along or bring list to the office. **At 2:00 pm**, Bingo will be played in the activity room.

Tuesday, February 28th, at 9:45 am we will go to Walmart shopping, ride along or bring list to the office. **At 2:00 pm**, we will go to Kinney's. Ride along or bring list to the office. **At 4:30 pm**, we will have our resident supper. We will be serving Goulash w/bread and brownie for dessert. Please sign up on the sheet on the bulletin board. **You must sign up**, so the kitchen knows how much to prepare for.

Wednesday, March 1st, at 1:45 pm, Ladies Bible Study in the parlor. **At 2:00 pm**, we will go to Nolt's. Ride along or bring list to the office. **At 3:30 pm**, Peg Nuspliger & Group to entertain. **At 7:00 pm**, Euchre will be played in the activity room.

Thursday, March 2nd, at 9:45 am, we will go to Tops for grocery shopping & banking. Ride along or bring list to the office.

Plan Ahead, Mark Your Calendar ... **Tuesday, March 7th**, Monthly Resident Coffee Hour
Tuesday, March 7th, Attend Dress Rehearsal Play at LACS
Thursday, March 9th, **NO** Watertown Hearing
Friday, March 10th, Don & Brian Siegrist to Entertain
Tuesday, March 14th, Resident Council Meeting
Friday, March 17th, Resident Council Pot Luck Supper
Monday, March 20th, "Down Home" to Entertain
Friday, March 24th, "Bailey-Wix" to Entertain
Tuesday, March 28th, Resident Supper

Put CHRIST Back Into CHRISTianity...

Love God. Love your neighbor as yourself. Take up your cross and follow me. Forgive seventy times seven.

Whoever is without sin cast the first stone. Treat others the way you want to be treated. Love your enemies.

Let your light shine. Feed the hungry. Don't return evil for evil. Visit those in prison. Clothe the naked.

House the homeless. Welcome the foreigner. Care for the sick. Love one another as I have loved you.

Make disciples. Take heart, I have overcome the world.

It's not what the world holds for you. It is what you bring to it. - L. M. Montgomery-

Nothing is inferior for being old, and nothing is valuable for being modern. - J. Piper -

Nothing teaches us about the PRECIOUSNESS of the Creator as much as when we learn the EMPTINESS of everything else. - C. Spurgeon -

Our Greatest fear shouldn't be of failure, but of succeeding at something that doesn't really matter. - D. Moody -

A man will do more for his stubbornness than for his religion or his country. -E. W. Howe -