

# BROOKSIDE CHATTER

**Brookside Buzz**

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**Editor: Sherry Turk**



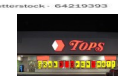
Millie Laurence & Barb Dunn on Wednesday, March 8th, Wendy Laribee & Ilga Varik on Saturday, March 11th and Sharon Thayer on Sunday, March 12th

No Anniversaries this week!

## What's New This Week

### Monday, March 6th

10:00 am...Tops Grocery Shopping & Banking



### Tuesday, March 7th

8:30 am...Resident Coffee Hour

9:45 am... Walmart Shopping

4:35 pm...Leave for LACS Play "Mary Poppins"

7:00 pm...Golf

### Thursday, March 9th

9 - 11 am...Knitting (in the parlor)

9:45 am...Tops Grocery Shopping and Banking

**No** Watertown Hearing

### Friday, March 10th

2:00 pm...Don & Brian Siegrist to Entertain

Set Your Clocks Ahead 1 hour before bed on Saturday Night.

Being happy doesn't mean that everything is perfect. It means that you've decided to look beyond the imperfections. - G. Way -

Today is a brand new day; a day to heal, a day to love, a day to forgive, a day to encourage, a day to start afresh.- C. Naorji -

### **On call this week – Rob Harper**

If you are in need of assistance from **5:15 pm to 7 am** call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

## **ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.**

### **MISSION STATEMENT**

*Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.*

March 6th, is "World Prayer Day." We at Brookside don't need a special day to do this, we pray every day. The Motto of this day, is "Informed Prayer and Prayerful Action." Also it is "Dress in Blue Day." The goal of this day is to promote awareness about colon cancer and encourage people to get screened.

March 7th, is "Monopoly's Birthday." it came out in 1933.

March 8th, is "International Working Women's Day." This day honors all women around the world, especially working women. Also, it is "Plant a Flower Day." We can't do that this early in northern NY. We still can plant a seed to get it started for planting later.

March 9th, is "National Pack Your Lunch Day." We have that choice on the menu, try it.

March 10th, is "Mario Day." This day was created and celebrates people named Mario because of the abbreviation of the month and date resulting as Mar10.

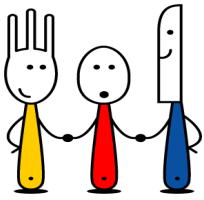
March 12th, is the start of "Daylight Savings Time." Be sure to set your clocks 1 hour before going to bed on Saturday night.

Have a **Safe** & Happy Week!



## Brookside Senior Living Community Activities Calendar For the Week of March 6, 2023

<b>MONDAY</b> <b>March 6th</b>	9:00 AM...Exercise Class (Stronger Seniors, Class Exercises) 10:00 AM...Exercise Class (Strength Improvement w/Betty Switks) 10:00 AM...Tops Grocery Shopping & Banking 2:00 PM...Bingo	 
<b>TUESDAY</b> <b>March 7th</b>	8:30 AM...Resident Coffee Hour 9:00 AM...Exercise Class (Stronger Seniors Chair Exercises, w/Anne Pringle Burnell) 9:45 AM...Walmart 1:00 PM...Pitch 2:00 PM...Kinney's, ride along or bring list to office 4:35 PM...Leave for LACS Play "Mary Poppins" 7:00 PM...Golf	   
<b>WEDNESDAY</b> <b>March 8th</b>	9:00 AM...Exercise Class (Stronger Seniors Chair Exercises) 10:00 AM...Exercise Class (Easy Does it w/Craig Maracci) 1:00 PM...Pinochle 1:45 PM...Ladies Bible Study 7:00 PM...Euchre	  
<b>THURSDAY</b> <b>March 9th</b>	<b>Beauty Salon Open...call 315-523-5048 for an appointment</b> 9:00 AM...NO Knitting (in the parlor) 9:45 AM...Tops Grocery Shopping and Banking 10:30 AM...Rosary in the 200 Wing Lounge <b>No</b> Watertown Hearing 7:00 PM...Dominoes	  
<b>FRIDAY</b> <b>March 10th</b>	<b>Beauty Salon Open...call 315-523-5048 for an appointment</b> 9:00 AM...Exercise Class (Stronger Seniors) 10:00 AM...Exercise Class (Stronger Seniors, Stretch DVD w/Anne Pringle Burnell) 2:00 PM...Don & Brian Siegrist to Entertain	 
<b>SATURDAY</b> <b>March 11th</b>	3:00 PM...Social Hour <b>Daylight Savings Time Begins...Be sure to set your clocks ahead before bed Tonight. Yeah...More daylight!</b>	 
<b>SUNDAY</b> <b>March 12th</b>	10:15 AM...Deacon Ken Seymour's Catholic Communion in the parlor 11:00 AM...Rev. Evan Zehr's Service, in the activity room 7:00 PM...Golf	



# Brookside Dinner Menu

For the Week of March 6, 2023

Alternate choice for the week is: Tomato Soup w/Tuna Sandwich.. Dressing selections are on the tables.

MONDAY- 2/27	TUESDAY- 2/28	WEDNESDAY- 3/1	THURSDAY- 3/2
Pineapple BBQ Meatballs or Chicken Roasted Veggies  Mixed Veggie Salad or Applesauce or Cottage Cheese  Buttered Noodles Mixed Veggies  Butterfinger Cake or Grapes	Pizza Casserole or Crab Patty w/Rice Pilaf  Tossed Salad or Applesauce or Cottage Cheese  Butternut Squash Broccoli  Blackberry Cobbler or Pineapple	Buffalo Chicken Tossed Salad or Hot Roast Beef Sandwich  Broccoli & Cauliflower Salad or Applesauce or Cottage Cheese  Green Beans Stewed Tomatoes  Blueberry Yogurt w/ Granola or Mixed Fruit	Jerked Pork w/Baked Potato or Brown Bag Lunch  Raspberry Fluff Salad or Applesauce or Cottage Cheese  Veggie Blend Peas  Ice Cream Sandwich or Tropical Fruit
FRIDAY- 3/3	SATURDAY- 3/4	SUNDAY- 3/5	<i>Enjoy Your Meals!</i>
Fish Sandwich w/Potato Wedges or Beef Stew  Coleslaw or Applesauce or Cottage Cheese  Spinach Puff Corn  No Bake Snicker Cheesecake or Apricots	Smoked Provolone Turkey Sliders or Shake & Bake Pork Chops  Cottage Cheese w/ Peaches or Applesauce or Cottage Cheese  Macaroni Salad Roasted Brussel Sprouts Buttered Beets  Strawberry Bundt Cake or Mandarin Oranges	Meatloaf or Ham w/Raisin Sauce  Tossed Salad or Applesauce or Cottage Cheese  Mashed Potatoes w/Gravy Ratatouille Green Beans w/Almonds  Pumpkin Pie or Peaches	<i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i>  <i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired. Bread is on the tables.</i>

## Residents' Corner

Congregate residents: When using the washers & dryers, **do not wash or dry only a few items**, please make sure you have a full load, it is more energy efficient and everyone will have the chance to use the washers & dryers. Thank you.

Patio Homes, now that Winter is upon us, please pick up your front door mats, so they do not get tangled and eaten up in the snowblowers. Also, please close your garage door when you go out. This is so your water pipes will not freeze. Thank you for your cooperation.

**Monday, March 6th, at 10:00 am**, we will be going to Tops for grocery shopping & banking. Ride along or bring list to the office. **At 2:00 pm**, Bingo will be played in the activity room.

**Tuesday, March 7th, at 8:30 am**, we will be having the monthly coffee hour. We will be serving breakfast pizza. Be sure to sign up, by Monday, March 6th. At **9:45 am** we will go to Walmart shopping, ride along or bring list to the office. **At 2:00 pm**, we will go to Kinney's. Ride along or bring list to the office. **At 4:35 pm**, we will leave for the play at LACS.

**Thursday, March 9th, from 9-11 am**, Knitting will be held in the parlor. **At 9:45 am** we will go to Tops for grocery shopping & banking. Ride along or bring list to the office. There will be **No** Watertown hearing today.

**Friday, March 10th, at 2:00 pm**, Don & Brian Siegrist will be here to entertain. They will be playing Gospel music.

**Sunday, March 12th, Daylight Savings Time Begins**. Be sure to set your clocks ahead 1 hour before going to bed on Saturday. Yeah, Longer Days!

**Plan Ahead, Mark Your Calendar...** **Tuesday, March 14th**, Resident Council Meeting  
**Friday, March 17th**, Resident Council Pot Luck Supper  
**Monday, March 20th**, "Down Home" to Entertain  
**Friday, March 24th**, "Bailey-Wix" to Entertain  
**Tuesday, March 28th**, Resident Supper  
**Friday, March 31st**, Monthly Birthday Party  
**Tuesday, April 4th**, Resident Monthly Coffee Hour  
**Tuesday, April 11th**, Resident Council Meeting  
**Thursday, April 13th**, Watertown Hearing  
**Monday, April 17th**, "Down Home" to Entertain

### The Real Heaven...

A man and his dog were walking down a road. The man was enjoying the scenery, but suddenly he remembered a large truck racing at him down the road, and suddenly he realized to his shock that he and his dog were dead. After recovering his wits, he decided to keep walking with his dog, wondering where the road would lead.

After a while they came to a tall stone wall at the top of a hill. It looked like the finest marble, with a high arch and a magnificent gate that glowed in the sunlight like the finest gold. They approached the gate, and the man spotted a small table to one side of the entrance. "Excuse me sir," he said to the man sitting at the table. "We're very thirsty. Do you have any water?" "Right inside," the man said. "But you'll have to leave your dog behind." "What?" "This is heaven, but we don't allow any pets through the gate. I'm sorry." The man thought for a moment, then turned and headed back down the hill with his dog. They kept walking down the road. He was getting more and more thirsty as they walked. Hours passed. Eventually came to a dirt path that led to a wooden fence with a gate hanging open.

Leaning against the fence was an old man reading a book. "Excuse me," said the man. "Do you have any water?" "Of course," said the other man. "There's a pump right inside the gate. Drink as much as you'd like. "Can my dog come too?" "Certainly, there's a bowl next to the pump just for him." They walked through the gate. The man pumped some water for his dog and then took a long drink for himself. He turned back. "Where am I?" "This is Heaven," the old man said with a smile. Confused, the man said, "I thought that place down the road with the big gate was Heaven." "Well, its like this," the old man said, patting the dog. "That other place? We let them screen out people who would leave their best friend behind just for a drink of water."

Which place would you enter? The first or the second?