

BROOKSIDE CHATTER

Brookside Buzz

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Issue: April 24, 2023

Editor: Sherry Turk



Chelsey Zehr on Monday, April 24th, Nancy Evans on Thursday, April 27th and Lucille Sauter on Wednesday, April 28th (100)



No Anniversaries this week!

What's New This Week

Monday, April 24th

10:00 am...Tops Grocery Shopping & Banking

Tuesday, April 25th

9:45 am... Walmart Shopping

4:30 pm...Resident Supper

7:00 pm...Game Night

Wednesday, April 26th

8:00 am - 3:00 pm...Test Your Lifenet System

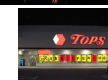
1:45 pm...Ladies Bible Study

2:00 pm...Nolt's, ride along or bring list to office

6:00 pm...Turning Point Chorus (Barbershop Group)

Thursday, April 27th

9:45 am...Tops Grocery Shopping and Banking



You cannot do kindness too soon, for you never know how soon it will be too late.

A little kindness from person to person is better than a vast love for all humankind.

A person's reason for doing someone a good turn matters as much as the good turn itself. - Unknown -

On call this week – Rob Harper

If you are in need of assistance from **5:15 pm to 7 am** call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

April 24th, is "National Teach Children to Save Day." A great thing to teach anyone. Also it is "Plumber's Day." Where would we be without plumbers?

April 25th, is the birth anniversary of Ella Fitzgerald. She was a great jazz singer. She passed in 1996 at age 79. Also it is "Independent Bookstore Day." We have lost a lot of our small bookstores. Thank goodness there are still a few around.

April 26th, is "National Pretzel Day." Pretzels are loved by lots of people. I know I love them with dip.

April 27th, is "National Little Pampered Dog Day." We have a few little dogs here at Brookside. So all you owners pamper them a little more today. Also, it is "Write an Old Friend Day." We all enjoy getting mail, if you haven't written anyone in a while, today is the day to do it.

April 29th, is the 78th, Anniversary of the introduction of the "Peace Rose." It was introduced by the Pacific Rose Society at Pasadena within days of the end of World War II in Europe.

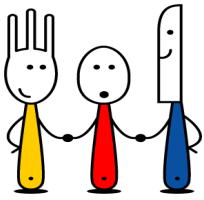
April 30th, is the Anniversary of the debut of "Bugs Bunny." He first came out in 1938. That makes him 85 years old.

Have a **Safe** & Happy Week!



Brookside Senior Living Community Activities Calendar For the Week of April 24, 2023

MONDAY April 24th	9:00 AM...Exercise Class (Stronger Seniors, Class Exercises) 10:00 AM...Exercise Class (Strength Improvement w/Betty Switks) 10:00 AM...Tops Grocery Shopping & Banking 2:00 PM...Bingo	 
TUESDAY April 25th	9:00 AM...Exercise Class (Stronger Seniors Chair Exercises, w/Anne Pringle Burnell) 9:45 AM...Walmart Shopping 2:00 PM...Kinney's, ride along or bring list to the office 4:30 PM...Resident Supper 6:00 PM...Game Night	
WEDNESDAY April 26th	8:00 AM - 3:00 PM...Test Your Lifenet System 9:00 AM...Exercise Class (Stronger Seniors Chair Exercises) 10:00 AM...Exercise Class (Easy Does it w/Craig Maracci) 1:00 PM...Pinochle 1:45 PM...Ladies Bible Study 2:00 PM...Nolt's, ride along or bring list to the office 6:00 PM...Turning Point Chorus (Barbershop Group) to Entertain 7:00 PM...Euchre	
THURSDAY April 27th	Beauty Salon <u>Open</u>...call 315-523-5048 for an appointment 9 - 11:00 AM...Knitting (In the Library) 9:45 AM...Tops Grocery Shopping and Banking 10:30 AM...Rosary in the 200 Wing Lounge 7:00 PM...Dominoes	
FRIDAY April 28th	Beauty Salon <u>Open</u>...call 315-523-5048 for an appointment 9:00 AM...Exercise Class (Stronger Seniors) 10:00 AM...Exercise Class (Stronger Seniors, Stretch DVD w/Anne Pringle Burnell)	
SATURDAY April 29th	3:00 PM...Social Hour	
SUNDAY April 30th	10:15 AM...Deacon Ken Seymour's Catholic Communion in the parlor 11:00 AM...Rev. Evan Zehr's Service, in the activity room 7:00 PM...Golf	



Brookside Dinner Menu

For the Week of April 24, 2023

Alternate choice for the week is: Tomato Soup w/Tuna Sandwich. Dressing selections are on the tables.

MONDAY- 4/24	TUESDAY- 4/25	WEDNESDAY- 4/26	THURSDAY- 4/27
Chicken & Stuffing Bake or Maple Sugar Roast Pork w/Baked Potato Mandarin Orange Toss Salad or Applesauce or Cottage Cheese Stewed Tomatoes Peas Coffee Cake or Pineapple	Macaroni & Cheese or Cheeseburger Patty Melt on a Kaiser Roll Marinated Tomatoes or Applesauce or Cottage Cheese Side of Mac & Cheese Country Blend Veggies Ice Cream Bar or Mandarin Oranges	Meatloaf w/Buttered Noodles or Chicken Parmesan over Pasta Layered Lettuce Salad or Applesauce or Cottage Cheese Catalina Island Blend Veggies Gingerbread or Mixed Berries	Philly Steak on Garlic Bread or Chef Salad w/Ham Fresh Fruit Salad or Applesauce or Cottage Cheese Corn Curried Cauliflower Eclair Cake or Tropical fruit
FRIDAY- 4/28	SATURDAY- 4/29	SUNDAY- 4/30	<i>Enjoy Your Meals!</i>
Turkey, Bacon & Swiss Cheese Sliders or Battered Haddock w/Tartar Sauce Coleslaw or Applesauce or Cottage Cheese Potato Wedges Carrots Wax Beans Cookies or Mangos	Spanish Rice or Sausage Patty w/ Onions & Peppers on Bun or No Bun w/ Potato Salad Caesar Salad or Applesauce or Cottage Cheese Baked Beans Brussel Sprouts Chocolate Pudding or Pears	Mandarin Pork Steaks or Chicken Cordon Bleu w/ Cheese Sauce Tossed Salad or Applesauce or Cottage Cheese Baked Potato w/Sour Cream French Style Green Beans Squash Apple Crisp or Grapes	<i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i> <i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired. Bread is on the tables.</i>

Residents' Corner

For any resident who would like a garden space, please let the office know by **Monday, May 1st**. This is so the maintenance men can get the spaces measured out. Also so everyone who wants a space can get one. Thank you.

If you have any Lowville library books, please return to our library. The Lowville library will be coming in to pick them up and bring new ones in.

Monday, April 24th, at 10:00 am, we will be going to Tops for grocery shopping & banking. Ride along or bring list to the office. **At 2:00 pm**, Bingo will be played in the activity room. **At 6:30 pm**, join "Down Home" in the activity room for some good entertainment.

Tuesday, April 25th, at 9:45 am we will go to Walmart shopping, ride along or bring list to the office. **At 2:00 pm**, we will go to Kinney's. Ride along or bring list to the office. **At 4:30 pm**, we will have our resident supper. We will be serving chicken & biscuits, w/strawberry cake for dessert. Please sign up, by Monday, April 24th, so the kitchen knows how much to prepare. Thank you.

Wednesday, April 26th, from 8:00 am – 3:00 pm, be sure to test your Lifenet System. **At 1:45 pm**, Ladies Bible Study will be held in the parlor. **At 2:00 pm**, we will go to Nolt's, ride along or bring list to office. **At 6:00 pm**, "Turning Point Chorus (Barbershop Group)" will be here to entertain in the activity room.

Thursday April 27th, at 9:45 am, we will go to Tops for grocery shopping & banking. Ride along or bring list to the office.

Plan Ahead, Mark Your Calendar... Tuesday, April 25th, Resident Supper

Wednesday, April 26th, "Turning Point Chorus" (Barbershop group) to entertain

Tuesday, May 2nd, Monthly Resident Coffee Hour

Tuesday, May 9th, Resident Council Meeting

Thursday, May 11th, Watertown Hearing

Friday, May 12th, Mother/Daughter Tea

Monday, May 15th, "Down Home" to Entertain

Tuesday, May 16th, Heaven's Bound Glory to Entertain

Angels in the Intersection...

I am convinced that these heavenly beings exist and that they provide unseen aid on our behalf.

- Billy Graham -

I attended a small church about 60 miles from my house. During the hour-long drive, I have time to disconnect from my daily routine as a round-the-clock caregiver for my aging mom and prepare to spend time in the presence of the Lord. On the way home, I often reflect on the wonderful sermons and teachings each service brings, and offer prayers, thanks and praise. It's my chance to have quiet time with God. Almost the entire trip is through the countryside, so it's a scenic drive in the daylight hours but pretty dark and lonely at night. At the midpoint, there's an interstate exit with the usual gas stations and fast food spots that light up the horizon.

One night, after a particularly emotional week...feeling isolated as a caregiver, and questioning my value not only to my mother, but also to the world at large...the angels were gathering, on high alert. As I drove toward the brightly lit intersection, the unthinkable happened. Suddenly, with no warning at all, a white airport van made a left turn directly in front of my car. It was impossible that the driver didn't see me. In those critical seconds before impact, as time seemed to unfold in slow motion, I could see the faces of the people riding in the van. They seemed to be just as shocked as I was. I had pressed the brake to the floor and was sliding into the van. Based on the trajectory, I knew that in seconds my car would be embedded in the center of the van. I thought about dying. I felt acceptance. I wondered who would take care of my mother. Myriad thoughts raced through my mind. I closed my eyes and braced for the impact...waiting for the sound of metal and glass. The only words I had time to utter were "Lord Jesus." But there was silence. I opened my eyes just in time to see the white van go past while my car continued forward. It was as if unseen hands had literally pushed the van through the intersection and out of my way in the nick of time. Before I knew it, I was through the intersection and continuing my moonlit journey down the back roads. Then it hit me. I had a couple of close calls before, and they left me shaking with fear. Once or twice I had to pull off the road to regain my composure. But this time, there was no such residual panic. My pulse wasn't racing, my heart wasn't pounding. I was at perfect peace. I was smiling. I was drifting along as if nothing had happened. It took me as much by surprise as the sight of the van passing in front of me.

Only divine intervention could explain the fact that I made it home that night. That's when I knew that I was valuable, not only to my mother, but to God. That's when I knew that no matter how insignificant I thought I was to others, my life still had meaning and purpose. I'm pretty sure the rest of the way home...grateful for God's protection, and blessed by a sense of renewed hope, the opportunity to share the story with the ones I love, and the chance to make a difference in the lives of others. - Jan Walker -