

BROOKSIDE CHATTER

Brookside Buzz

5701 Brookside Circle, Lowville, New York, 13367

Office Telephone: 315-376-4333

Website: www.brooksideseniorliving.org

Email: brookside@nnyemail.com

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Editor: Sherry Turck



Nancy Evans on Tuesday April 27th, Lucille Sauter on Wednesday April 28th and Joyce Moser & Ray Rhubart on Sunday, May 2nd



No Anniversaries this week

What's New This Week

Monday, April 26th

9:00 am...Tops Grocery Shopping (4 may go)

10:00 am... Bank, Drive Thru (bring to office by 9:00 am)

Tuesday, April 27th

8:00 am... Walmart Shopping (4 may go)

2:00 pm...Kinney's (4 may go)

7:00 pm...Game Night (masks, unless vaccinated)

Wednesday, April 28th

8:00 am – 3:00 pm...Test Your Lifenet System

2:00 pm...Nolt's

Thursday, April 29th

7:00 am...Tops Shopping for Seniors

Sunday, May 2nd

11:00 am...Evan Zehr Service (activity) (masks must be worn)

11:00 am...Catholic Communion (parlor) (masks must be worn)

You don't have to be perfect to be wonderful! So often, we hold ourselves to impossibly high standards and compare ourselves to others, deciding that we're somehow falling short. But you're not. What you've got is beyond measure. You're absolutely awesome just the way you are! -Unknown-



On call this week – Mervin Roggie

If you are in need of assistance from 7 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

With the changes of cases, we will be starting up some of our activities again. Not all things will resume. Watch your Chatter activity page. Doors will still be locked, but visitors will be allowed in with stipulations and must follow guidelines. Caregivers will continue as before. Any questions, contact the office to talk to Jenn or Janine.

April 26th, is "Remember Your First Kiss Day." Do you remember your first kiss? It is always so special.

April 27th, is "Write to an Old Friend Day." If you haven't written to an old friend, now would be a good time to go ahead and write, and get reacquainted again.

April 29th, is 76th Anniversary of the introduction of the "Peace" Rose, The Pacific Rose Society at Pasadena, CA publicly introduced this hybrid tea rose within days of the end of World War II in Europe.

April 30th, is "Hairstylist Appreciation Day." If you see Terri Stocking, give her a big thumbs up and thank you for being Brookside's stylist.

May 2nd, is "National Fitness Day." This must mean that any kind of fitness can be done on this day. Taking a walk would be a good one. Walks are one of the best types of exercise.

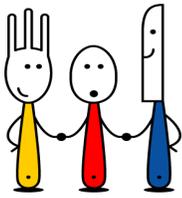
Have a Great & **Safe** Week!

Key Activities



Brookside Senior Living Community Activities Calendar For the Week of April 26, 2021

<p>MONDAY April 26th</p>	<p>9:00 AM...Tops Grocery Shopping (4 may go, mask must be worn properly) 9:45 AM...Exercise Class (under 10, wear mask, unless fully vaccinated) 10:00 AM...Bank, Drive Thru (bring to office by 9:00 am) 2:00 PM...Bingo (under 10, wear mask, unless fully vaccinated) 3:00 PM...Bring Walmart list and bag to the office by 3:00 pm for shopping tomorrow morning 7:00 PM...Euchre (under 10, wear mask, unless fully vaccinated)</p>	  
<p>TUESDAY April 27th</p>	<p>8:00 AM...Walmart (4 may go, mask must be worn properly) 1:00 PM...Pitch (under 10, wear mask, unless fully vaccinated) 2:00 PM...Kinney's (4 may go, mask must be worn properly) 2:30 - 4:00 PM...Wellness Clinic 7:00 PM...Game Night (under 10, wear mask, unless fully vaccinated)</p>	  
<p>WEDNESDAY April 28th</p>	<p>8:00 AM - 3:00 PM...Test Your Lifenet System 9:45 AM...Exercise Class (under 10, wear mask, unless fully vaccinated) Bring Tops Grocery List and bag to the office before 10:00 AM. 1:00 PM...Pinochle (under 10, wear mask, unless fully vaccinated) 2:00 PM...Nolt's ride along (wear mask) or bring list & bag to office</p>	  
<p>THURSDAY April 29th</p>	<p>Beauty Salon OPEN...8 am - 12 noon, call 315-523-5048 for an appointment 7:00 AM...Tops Shopping for Seniors Only 9:45 AM...Breathing Exercises w/B. Niblett (wear mask, unless fully vaccinated) 10:30 AM...Rosary in the 200 Wing Lounge (wear mask, unless fully vaccinated) 7:00 PM...Dominoes (under 10, wear masks, unless fully vaccinated)</p>	 
<p>FRIDAY April 30th</p>	<p>Beauty Salon OPEN...8 am - 12 noon, call 315-523-5048 for an appointment 9:45 AM...Exercise Class (under 10, wear mask, unless fully vaccinated)</p>	
<p>SATURDAY May 1st</p>	<p>3:00 PM...Social Hour Cancelled</p>	
<p>SUNDAY May 2nd</p>	<p>11:00 AM...Evan Zehr Service. In the activity room (must wear mask) 11:00 AM...Catholic Communion with Deacon Ken Seymour in the parlor. (must wear Mask) 7:00 PM...Golf (under 10, wear mask, unless fully vaccinated)</p>	



Brookside Dinner Menu

For the Week of April 26, 2021

Alternate choices for the week are: Alt.1 Grilled Cheese w/Chips or Alt. 2 Fish w/Tartar Sauce.
Salad Dressing Selections are on the tables.

MONDAY- 4/26	TUESDAY- 4/27	WEDNESDAY- 4/28	THURSDAY- 4/29
<p>Open Faced Hot Turkey Sandwich or Maple Sugar Ginger Roast Pork w/Baked Potato</p> <p>Mandarin Orange Toss Salad or Applesauce or Cottage Cheese</p> <p>Peas Wax Beans</p> <p>Coffee Cake or Pineapple</p>	<p>Macaroni & Cheese or Cheeseburger Patty Melt over a Slice of Rye Bread</p> <p>Marinated Tomatoes or Applesauce or Cottage Cheese</p> <p>Side of Mac & Cheese Country Blend Veggies</p> <p>Strawberry Shortcake Fluff Dessert or Mandarin Oranges</p>	<p>Vegetable Soup w/Tuna Sandwich or Baked Lemon Pepper w/ Chicken w/ Seasoned Potato Wedges</p> <p>Layered Lettuce Salad or Applesauce or Cottage Cheese</p> <p>Catalina Island Blend</p> <p>Fruited Jell-O or Mixed Berries</p>	<p>Sloppy Joe on Bun or No Bun or Chef Salad w/Ham</p> <p>Fruit Salad or Applesauce or Cottage Cheese</p> <p>Turnip Green Bean Casserole</p> <p>Chef's Choice Cookie or Tropical Fruit</p>
FRIDAY- 4/30	SATURDAY- 5/01	SUNDAY- 5/02	<i>Enjoy Your Meals!</i>
<p>Pepperoni Pizza or Crappie Fish w/French Fries</p> <p>Coleslaw or Applesauce or Cottage Cheese</p> <p>Carrots Stewed Tomatoes</p> <p>Vanilla Ice Cream w/Maple Syrup Topping or Mangos</p>	<p>Chicken Cordon Bleu w/Cheese Sauce or Sausage Patty w/ Onions & Peppers on Bun or No Bun</p> <p>Caesar Salad or Applesauce or Cottage Cheese</p> <p>Sweet Potato Fries Baked Beans Honey Brussel Sprouts</p> <p>Chocolate Cake w/PB Frosting or Pears</p>	<p>Marinated Steak w/ Mushrooms & Onions or Stuffed Sole</p> <p>Cranberry Salad or Applesauce or Cottage Cheese</p> <p>Baked Potato w/Sour Cream French Style Green Beans Corn Casserole</p> <p>Blueberry Cheesecake or Grapes</p>	<p><i>Bread or rolls are served daily.</i></p> <p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired.</i></p>

Residents' Corner

The Crappie Fish that we are having on Friday April 30th, for dinner, is compliments of Joe Widrick and Ron Roggie. They catch them and donate them to Brookside. If you see Joe or Ron, be sure to thank them. Thanks Joe & Ron.

Congregate residents, just a reminder that since the dining room is open, that the garbage pick up is on Monday, Wednesday and Friday only. Please do not put garbage out on other days. Thank you.

Monday, April 26th, at 9:00 am, Tops shopping, (4 may go) ride along or please bring your list and bag to the office before 9:00 am. At 10:00 am, if you have a deposit or check to cash, please bring to the office before 9:00, as I will be going to the bank after shopping. This will avoid several trips.

Tuesday, April 27th, at 8:00 am, Walmart Shopping, ride along, or bring your list and bag to the office. **At 2:00 pm,** I will go to Kinney's, ride along or bring your list and bag to the office.

Wednesday, April 28th, from 8 am - 3 pm, be sure to test your Lifenet system. **At 2:00 pm,** we will go to Nolt's, you may ride along or bring your list & bag to the office.

Thursday, April 29th at 7:00 am, Tops Shopping for Seniors Only. Please have your list and bag to the office by 10:00 am on Wednesday. **At 9:45 am,** Bob Niblett will be here to do his breathing exercise class. You must wear a mask, unless you are fully vaccinated.

Plan Ahead, Mark Your Calendar... **Wednesday, May 12th...**Nolt's
Wednesday, May 26th...Nolt's

The Weathered Old Barn...

A stranger came by the other day with an offer that set me to thinking. He wanted to buy the old barn that sits out by the highway...I told him right off that he was crazy. He was a city type, you could tell by his clothes, his car, his hands, and the way he talked. He said he was driving by and saw that beautiful barn sitting out in the tall grass and wanted to know if it was for sale. I told him he had a funny idea of beauty.

Sure, it was a handsome building in it's day. But then, there's been a lot of winters pass with their snow and ice and howling wind. The summer sun's beat down on that old barn till all the paint's gone, and the wood has turned silver gray. Now the old building leans a good deal, looking kind of tired. Yet, that fellow called it beautiful.

That set me to thinking. I walked out to the field and just stood there, gazing at that old barn. The stranger said he planned to use the lumber to line the walls of his den in a new country home he's building down the road. He said you couldn't get paint that beautiful. Only years of standing in the weather, bearing the storms and scorching sun, only that can produce beautiful barn wood.

It came to me then. We're a lot like that, you and I. Only it's on the outside that the beauty grows with us. Sure we turn silver gray too...and lean a bit more that we did when we were young and full of pep. But the Good Lord knows what He's doing. And as the years pass He's busy using the hard wealth of our lives, the dry spells and the stormy seasons, to do a job of beautifying our souls that nothing else can produce. And to think how often folks holler because they want life easy!

They took the old barn down today and hauled it away to beautify a rich man's house. And I reckon someday you and I'll be hauled off to Heaven to take on whatever chores the good Lord has for us.

And I suspect we'll be more beautiful then for the seasons we've been through here...and just maybe even add a bit of beauty to our Father's house.

May today there be peace within you. May you trust God that you are exactly where you are meant to be. Remember, everything isn't what it seems....Some see one thing, God sees and plans something different.

-Author Unknown-

I have found that the greatest degree of inner tranquility comes from the development of love and compassion. The more we care for the happiness of others, the greater is our own sense of well-being.

-Tenzin Gyatso-