

BROOKSIDE CHATTER

Brookside Buzz

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No Birthdays this week!



No Anniversaries this week!

What's New This Week

Monday, May 3rd

9:00 am...Tops Grocery Shopping (4 may go)

10:00 am... Bank, Drive Thru (bring to office by 9:00 am)

Tuesday, May 4th

8:00 am...Walmart Shopping (4 may go)

2:00 pm...Kinney's (4 may go)

7:00 pm...Game Night (masks, unless vaccinated)

Thursday, May 6th

7:00 am...Tops Shopping for Seniors

Sunday, May 9th "Mother's Day"

11:00 am...Evan Zehr Service (activity) (masks must be worn)

11:00 am...Catholic Communion (parlor) (masks must be worn)



We either make ourselves happy or miserable. The amount of work is the same. -C.C.

Joy does not simply happen to us. We have to choose joy, and keep choosing it. -H.N.-

Do not be afraid, our fate cannot be taken from us, it is a gift. -D. Alighieri-

On call this week – Jake Krop

If you are in need of assistance from 7 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

With the changes of cases, we will be starting up some of our activities again. Not all things will resume. Watch your Chatter activity page. Doors will still be locked, but visitors will be allowed in with stipulations and must follow guidelines. Caregivers will continue as before. Any questions, contact the office to talk to Jenn or Janine.

May 3rd, is "World Laughter Day." We all need a little more laughter in our lives. Go ahead and have a good laugh.

May 4th, is "International Firefighter's Day." Where would we be without our firefighters? We really owe them a lot. Thank them and pray for them. Thank Jenn too, she's also a firefighter.

May 6th, is "National Nurse's Day." Also it is the 14th "Annual National Golf Day." So if we get a good weather day, go ahead and go out and enjoy a game of golf.

May 7th, is "National Day of Prayer." We don't need a special day for prayer, we do it every day.

May 8th, is "Let's go fishing day." if you get the chance just go and enjoy yourself, and hopefully catch some fish.

May 9th, is "Mother's Day." I hope all you ladies at Brookside have an enjoyable day. Enjoy yourselves with your family.

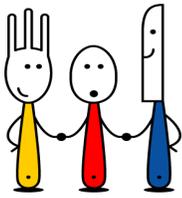
Have a Great & **Safe** Week!

Key Activities



Brookside Senior Living Community Activities Calendar For the Week of May 3, 2021

<p>MONDAY May 3rd</p>	<p>9:00 AM...Tops Grocery Shopping (4 may go, mask must be worn properly) 9:45 AM...Exercise Class (under 10, wear mask, unless fully vaccinated) 10:00 AM...Bank, Drive Thru (bring to office by 9:00 am) 2:00 PM...Bingo (under 10, wear mask, unless fully vaccinated) 3:00 PM...Bring Walmart list and bag to the office by 3:00 pm for shopping tomorrow morning 7:00 PM...Euchre (under 10, wear mask, unless fully vaccinated)</p>	  
<p>TUESDAY May 4th</p>	<p>8:00 AM...Walmart (4 may go, mask must be worn properly) 1:00 PM...Pitch (under 10, wear mask, unless fully vaccinated) 2:00 PM...Kinney's (4 may go, mask must be worn properly) 2:30 - 4:00 PM...Wellness Clinic 7:00 PM...Golf (under 10, wear mask, unless fully vaccinated)</p>	  
<p>WEDNESDAY May 5th</p>	<p>9:45 AM...Exercise Class (under 10, wear mask, unless fully vaccinated) Bring Tops Grocery List and bag to the office before 10:00 AM. 1:00 PM...Pinochle (under 10, wear mask, unless fully vaccinated)</p>	 
<p>THURSDAY May 6th</p>	<p>Beauty Salon OPEN...8 am - 12 noon, call 315-523-5048 for an appointment 7:00 AM...Tops Shopping for Seniors Only 9:45 AM...Breathing Exercises w/B. Niblett (wear mask, unless fully vaccinated) 10:30 AM...Rosary in the 200 Wing Lounge (wear mask, unless fully vaccinated) 7:00 PM...Dominoes (under 10, wear masks, unless fully vaccinated)</p>	 
<p>FRIDAY May 7th</p>	<p>Beauty Salon OPEN...8 am - 12 noon, call 315-523-5048 for an appointment 9:45 AM...Exercise Class (under 10, wear mask, unless fully vaccinated)</p>	
<p>SATURDAY May 8th</p>	<p>3:00 PM...Social Hour Cancelled</p>	
<p>SUNDAY May 9th</p>	<p>11:00 AM...Evan Zehr Service. In the activity room (must wear mask) 11:00 AM...Catholic Communion with Deacon Ken Seymour in the parlor. (must wear Mask) 7:00 PM...Golf (under 10, wear mask, unless fully vaccinated) Happy Mother's Day!</p>	 



Brookside Dinner Menu

For the Week of May 3, 2021

Alternate choices for the week are: Alt.1 Hot Dog w/Chips or Alt. 2 Scrambled Eggs w/Toast. Salad Dressing Selections are on the tables.

MONDAY- 5/03	TUESDAY- 5/04	WEDNESDAY- 5/05	THURSDAY- 5/06
<p>Marinated Chicken w/ Baked Sweet Potato or Western Wagon Wheel Casserole (hamburger, stewed tomatoes, corn, BBQ sauce, & wagon wheel pasta)</p> <p>Cottage Cheese w/ Peaches or Applesauce or Cottage Cheese</p> <p>Wax Beans Carrots</p> <p>Maple Walnut Ice Cream or Fresh Fruit</p>	<p>Turkey Sub or Crustless Quiche (Bacon, Cheese, Mushrooms, Onions & Peppers)</p> <p>Mandarin Orange Salad or Applesauce or Cottage Cheese</p> <p>French Fries Brussel Sprouts</p> <p>White Cake w/PB Frosting or Pineapple</p>	<p>Swanson Chicken & Noodle Casserole or Taco Salad Bowl w/Salsa & Sour Cream</p> <p>Applesauce w/Cinnamon or Applesauce or Cottage Cheese</p> <p>Mixed Veggies Asparagus</p> <p>Cinnamon Roll Cheesecake or Fresh Fruit</p>	<p>Anti-Pasto Salad (Pepperoni, Salami,& Cheese or Cinnamon/Apple Pork Chops</p> <p>Cucumber Salad or Applesauce or Cottage Cheese</p> <p>Green Beans Harvard Beets</p> <p>Glorious Dessert or Grapefruit</p>
FRIDAY- 5/07	SATURDAY- 5/08	SUNDAY- 5/09	<i>Enjoy Your Meals!</i>
<p>Salmon w/Dill Butter or BBQ Ribs</p> <p>Coleslaw or Applesauce or Cottage Cheese</p> <p>Baked Potato Peas Bush's Beans Corn Bread</p> <p>Cookie Surprise or Apricots</p>	<p>Turkey, Bacon Ranch Chef Salad or Chicken Parmesan w/ Pasta Garlic Bread</p> <p>Sweet & Sour Pasta Salad or Applesauce or Cottage Cheese</p> <p>Corn French Style Green Beans</p> <p>Vanilla Pudding w/ Butterfinger Bits or Peaches</p>	<p>Baked Ham or Roast Beef w/Horseradish Sauce</p> <p>Fruit Salad (w/o Whip) or Applesauce or Cottage Cheese</p> <p>Mashed Potatoes w/Gravy Fresh Broccoli Squash</p> <p>Key Lime Pie or Fresh Fruit</p> <p>Happy Mother's Day!</p>	<p><i>Bread or rolls are served daily.</i></p> <p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired.</i></p>

Residents' Corner

Dot Armstrong has left us at Brookside, and has moved to an assisted living facility, closer to her daughter. Her address is: Atria Guilderland, Dorothy Armstrong
300 Mill Rose Court, A-115
Slingerlands, NY 12159

If you'd like to write to her, or send her a card. We wish Dot the best, on this next part of her journey.

Monday, May 3rd, at 9:00 am, Tops shopping, (4 may go) ride along or please bring your list and bag to the office before 9:00 am. At 10:00 am, if you have a deposit or check to cash, please bring to the office before 9:00, as I will be going to the bank after shopping. This will avoid several trips.

Tuesday, May 4th, at 8:00 am, Walmart Shopping, ride along, or bring your list and bag to the office. At 2:00 pm, I will go to Kinney's, ride along or bring your list and bag to the office.

Thursday, May 6th at 7:00 am, Tops Shopping for Seniors Only. Please have your list and bag to the office by 10:00 am on Wednesday. At 9:45 am, Bob Niblett will be here to do his breathing exercise class. You must wear a mask, unless you are fully vaccinated.

Plan Ahead, Mark Your Calendar... **Wednesday, May 12th...Nolt's**
Wednesday, May 26th...Nolt's

What is a Mother...

It takes a **Mother's Love** to make a house a home. A place to be remembered, no matter where we roam. It takes a **Mother's Patience**, to bring us up right. And her **Courage and her Cheerfulness** to make a dark day bright. It takes a **Mother's Thoughtfulness** to mend the hearts deep "hurts" and her **Skill and her Endurance** to mend little socks and shirts. It takes a **Mother's Kindness** to forgive us when we err. To sympathize in trouble and bow her head in prayer. It takes a **Mother's Wisdom** to recognize our needs and to give us reassurance by her loving words and deeds. It takes a **Mother's Endless Faith**, her **Confidence, Trust and Prayer** to guide us through the pitfalls of selfishness and love. And that is why in all this world there could not be another who could fulfill God's purpose as completely as a **MOTHER!**

-Helen Steiner Rice-

A Letter to My Mother... by Ariel Berg

I think my mother is the best mother in the world. She may not have made the decisions I would have made if I had been in her place, but I want to be just like her when I am older.

She listens, comforts, calms, gives me strength, and does wonderful things I could not live without. But most of all, she lets me be my own person.

I know mothers who pressure their children to behave, think and act a certain way, but my mother is different. Even though she might disagree with my opinions or ideas, she lets me decide my own path.

My mother has her faults, but they only add to her being human and make her far better than someone who is "perfect." In my eyes, she is the best, and that's all that matters. May all children feel the same about their mothers.

Happy Mother's Day to all the ladies at Brookside!