

BROOKSIDE CHATTER

Brookside Buzz

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Issue: May 1, 2023 **Editor: Sherry Turck**



Joyce Moser on Tuesday, May 2nd and Doris Bingle on Thursday, May 4th



No Anniversaries this week!

What's New This Week

Monday, May 1st

10:00 am...Tops Grocery Shopping & Banking

Tuesday, May 2nd

8:30 am...Monthly Resident Coffee Hour

9:45 am... Walmart Shopping

7:00 pm...Golf

Wednesday, May 3rd

1:45 pm...Ladies Bible Study

Thursday, May 4th

9:45 am...Tops Grocery Shopping and Banking

Beauty Salon will be closed Thursday & Friday, May 4th & 5th



Sometimes you will never know the value of a moment, until it becomes a memory.

You don't always need a plan. Sometimes you just need to breathe, trust, let go and see what happens. -M. Hale-

It is always the simple that produces the marvelous. -A. Barr-

On call this week – Mervin Roggie

If you are in need of assistance from **5:15 pm to 7 am** call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC. **MISSION STATEMENT**

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

May 2nd, is "National Fitness Day." Any day is a good day for fitness. Just going for a walk will help. Also it is "National Auctioneers Day." A good auction is hard to find these days.

May 3rd is, "World Laughter Day." This is a good day to have. Laughter is good for the soul and helps to keep you feeling young.

May 4th, is "International Firefighters Day." We should all be grateful for our firefighters. They all help us in so many ways. If you see one, be sure to thank them. It is also "National Weather Observers Day." We are all mostly amateurs at this but it is enjoyable to watch.

May 5th, is "Cinco de Mayo Day." A fun day to have. Also it is "World Asthma Day." Thank goodness for inhalers, they are a really big help. There is an awful lot of asthma around.

May 6th, is "the 16th Annual Golf Day." All you golfers, this is your day. Go out and play some golf. Also it is "National Nurses Day." We are all thankful for our nurses.

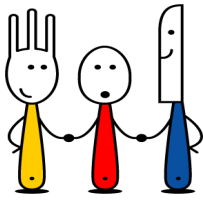
May 7th, is "National Day of Prayer." We at Brookside pray every day, we don't need a special day for it. We need more people praying.

Have a **Safe** & Happy Week!



Brookside Senior Living Community Activities Calendar For the Week of May 1, 2023

MONDAY May 1st	9:00 AM...Exercise Class (Stronger Seniors, Class Exercises) 10:00 AM...Exercise Class (Strength Improvement w/Betty Switks) 10:00 AM...Tops Grocery Shopping & Banking 2:00 PM...Bingo	  
TUESDAY May 2nd	8:30 AM...Monthly Resident Coffee Hour 9:00 AM...Exercise Class (Stronger Seniors Chair Exercises, w/Anne Pringle Burnell) 9:45 AM...Walmart Shopping 2:00 PM...Kinney's, ride along or bring list to the office 6:00 PM...Golf	   
WEDNESDAY May 3rd	9:00 AM...Exercise Class (Stronger Seniors Chair Exercises) 10:00 AM...Exercise Class (Easy Does it w/Craig Maracci) 1:00 PM...Pinochle 1:45 PM...Ladies Bible Study 7:00 PM...Euchre	  
THURSDAY May 4th	Beauty Salon <u>Closed</u>...call 315-523-5048 for an appointment 9 - 11:00 AM...Knitting (in the parlor) 9:45 AM...Tops Grocery Shopping and Banking 10:30 AM...Rosary in the 200 Wing Lounge 7:00 PM...Dominoes	  
FRIDAY May 5th	Beauty Salon <u>Closed</u>...call 315-523-5048 for an appointment 9:00 AM...Exercise Class (Stronger Seniors) 10:00 AM...Exercise Class (Stronger Seniors, Stretch DVD w/Anne Pringle Burnell)	
SATURDAY May 6th	3:00 PM...Social Hour	
SUNDAY May 7th	10:15 AM...Deacon Ken Seymour's Catholic Communion in the parlor 11:00 AM...Rev. Evan Zehr's Service, in the activity room 7:00 PM...Golf	



Brookside Dinner Menu

For the Week of May 1, 2023

Alternate choice for the week is: Beef & Veggie Soup w/Egg Salad Sandwich Dressing selections are on the tables.

MONDAY- 5/1	TUESDAY- 5/2	WEDNESDAY- 5/3	THURSDAY- 5/4
<p>Marinated Chicken w/ Baked Sweet Potato or Western Wagon Wheel Casserole (Hamburger, stewed Tomatoes, corn, BBQ Sauce & Wagon Wheel Pasta)</p> <p>Cottage Cheese w/ Peaches or Applesauce or Cottage Cheese</p> <p>Country Blend Veggies</p> <p>Coconut Lush or Mandarin Oranges</p>	<p>Turkey & Cheese Wrap w/Chips or Crustless Quiche (Bacon, Cheese, Mushrooms, Onions & Peppers) w/Hash Browns</p> <p>Mandarin Orange Salad or Applesauce or Cottage Cheese</p> <p>Brussel Sprouts</p> <p>White Cake w/PB Frosting or Pineapple</p>	<p>Swanson Chicken & Noodle Casserole or Kielbasa w/Sauerkraut</p> <p>Applesauce w/Cinnamon or Applesauce or Cottage Cheese</p> <p>Mixed Veggies Asparagus</p> <p>Ice Cream Cookie Sandwich or Fresh Fruit</p>	<p>Ham & Cabbage Stew w/Red Lobster Biscuit or Cinnamon Apple Pork Chop w/Rice Pilaf</p> <p>Cucumber Salad or Applesauce or Cottage Cheese</p> <p>Baked Potato w/Sour Cream Green Beans Harvard Beets</p> <p>Cinnamon Roll Poke Cake or Grapefruit</p>
FRIDAY- 5/5	SATURDAY- 5/6	SUNDAY- 5/7	Enjoy Your Meals!
<p>Parmesan Crusted Haddock or BBQ Ribs</p> <p>Coleslaw or Applesauce or Cottage Cheese</p> <p>French Fries Bush's Beans Peas</p> <p>Jell-O or Apricots</p>	<p>Stuffed Shells w/ Meatballs or Pulled Pork on Bun or No Bun</p> <p>Fruit Salad or Applesauce or Cottage Cheese</p> <p>Buttered Noodles Corn French Style Green Beans</p> <p>Vanilla Pudding w/ Butterscotch Bits or Peaches</p>	<p>Stuffed Sole or Roast Beef w/Horseradish Sauce</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Mashed Potatoes w/Gravy Fresh Broccoli Squash</p> <p>Cherry Pie or Fresh Fruit</p>	<p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired. Bread is on the tables.</i></p>

Residents' Corner

Our condolences go out to Lewis Schweitzer's family on his recent passing on Sunday, April 23rd. Please keep Audrey, his sister Marie Savko and the rest of the family in your prayers.

For any resident who would like a garden space, please let the office know by **Monday, May 1st**. This is so the maintenance men can get the spaces measured out. Also so everyone who wants a space can get one. Thank you.

Mother/Daughter Tea invitations have been sent out. Responses are to be in by Monday, May 8th. Please remind your guest that has been invited to RSVP. This is so the kitchen knows how much to prepare.

If you have any Lowville library books, please return to our library. The Lowville library will be coming in to pick them up and bring new ones in.

Monday, May 1st, at 10:00 am, we will be going to Tops for grocery shopping & banking. Ride along or bring list to the office. **At 2:00 pm**, Bingo will be played in the activity room.

Tuesday, May 2nd, at 8:30 am we will have our monthly resident coffee hour. We will be serving Bagels w/ assorted cream cheeses. Please sign up, by Monday, May 1st, so the kitchen knows how much to prepare. Thank you. **At 9:45 am**, we will go to Walmart shopping, ride along or bring list to the office. **At 2:00 pm**, we will go to Kinney's, ride along or bring list to the office.

Wednesday, May 3rd, at 1:45 pm, Ladies Bible Study will be held in the parlor. **At 2:00 pm**, we will go to Nolt's, ride along or bring list to office.

Thursday May 4th, from 9-11:00 am, Knitting will be held in the parlor. **At 9:45 am**, we will go to Tops for grocery shopping & banking. Ride along or bring list to the office. The Beauty Salon will be closed on Thursday & Friday, May 4th & 5th.

Plan Ahead, Mark Your Calendar... Tuesday, April 25th, Resident Supper
Wednesday, April 26th, "Turning Point Chorus" (Barbershop group) to entertain
Tuesday, May 2nd, Monthly Resident Coffee Hour
Tuesday, May 9th, Resident Council Meeting
Thursday, May 11th, Watertown Hearing
Friday, May 12th, Mother/Daughter Tea
Monday, May 15th, "Down Home" to Entertain
Tuesday, May 16th, Heaven's Bound Glory to Entertain
Friday, May 19th, Don Henry's "Old Men & a She" to Entertain
Friday, May 26th, Monthly Birthday Party
Tuesday, May 30th, Resident Supper

A Broken Item...

One of my favorite necklaces is shaped like a butterfly, its wings filed with glittering beads that resemble genuine peridots. While I paced and prayed one morning, I glanced down and noticed the metal frame of the necklace had broken in two places. Darn it.

I thought I'd ask my husband to fix it with special glue he uses to repair everything from ceramics to shoes. But when I looked closer, I realized the cracked places were visible only from my perspective. Sometimes I feel too broken for Jesus to use me and my life. I look at others with their seemingly perfect, powerful ministries and think I'll never have it all together like they do. But that's when Jesus whispers to my heart, "No one sees your broken places but Me, dear lamb. You are valuable and precious, even though you're not perfect."

All of the disciples, Jesus's twelve closest friends, had glaring faults. Yet He used them to turn the world upside down. Not because they were perfect, but because He empowered them despite their brokenness.

Jesus doesn't expect me to be perfect either. He loves me with my imperfections and brokenness. As I examined the crack in my necklace, I decided not to have my husband repair it. I wanted to wear it just as it was. It sparkled with beauty despite its flaws. I sparkled too. - J. Levellie-

A Faith Step....Find a broken item in your house. Ask Jesus to show you a use for it, just as it is. Find and see the beauty in it, as it is.