

BROOKSIDE CHATTER

Brookside Buzz

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Editor: Sherry Turck



Harold Chartrand on Wednesday, July 13th and Sam Villanti on Thursday, July 14th



Carl & Nancy Schubach on Friday, July 15th

What's New This Week

Monday, July 11th

10:00 am...Tops Grocery Shopping and Banking

Tuesday, July 12th

10:00 am...Walmart Shopping

1:30 pm...Resident Council Meeting

Thursday, July 14th

9:00 -11:00 am...Knitting (in the parlor)

10:00 am...Tops Grocery Shopping and Banking

1:30 - 3:30 pm...Watertown Hearing

Sunday, July 17th

11:00 am...Evan Zehr Service (in activity room)

11:00 am...Catholic Communion Service (in parlor)



Happiness is excitement that has found a settling down place. But there is always a little corner that keeps flapping around. -E. L. Konigsburg-

If you look the right way, you can see that the whole world is a garden. -F.H. Burnett-

On call this week – Mervin Roggie

If you are in need of assistance from **5:15 pm to 7 am** call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

July 11th, is “All American Pet Photo Day.” So if you are a pet owner, take a picture of your pet today.

July 12th, is “Different Colored Eyes Day.” This day is to celebrate the various colors of eyes and skin colors throughout the world.

July 13th, is a “Full Moon.” It is the Colonial full moon which goes by the names of summer moon, buck moon, thunder moon hay moon and mead moon. Whatever you want to call it, it sure looks nice to see.

July 14th, is “Macaroni Day.” Summer time is a good time to use a lot of macaroni on salads.

July 15th, is “I Love Horses Day.” Horses are beautiful and wonderful creatures. They were a necessity in the days before the automobile. All farmers had at least one.

July 16th, is “National Corn Fritters Day.” A good item to have for any meal.

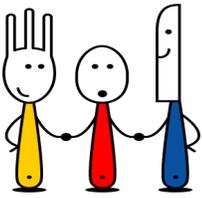
July 17th, is the 67th Anniversary of the opening of Disneyland, in Anaheim, CA. The year was 1955. It is also “World Emoji Day.” Everyone seems to love the little faces that come on the commuter that show different emotions.

Have a **Safe & Happy** Week!



Brookside Senior Living Community Activities Calendar For the Week of July 11, 2022

MONDAY July 11th	9:00 AM...Exercise Class (Stronger Seniors, Class Exercises) 10:00 AM...Exercise Class (Strength Improvement w/Betty Switks) 10:00 AM...Tops Grocery Shopping & Banking 2:00 PM...Bingo	  
TUESDAY July 12th	9:00 AM...Exercise Class (Stronger Seniors Chair Exercises, w/Anne Pringle Burnell) 10:00 AM...Walmart (* note new time) 1:30 PM...Resident Council Meeting 2:00 PM...Pitch (Following the Meeting) 2:00 PM...Kinney's, ride along or bring list to office 2:30 - 4:00 PM...Wellness Clinic in the Beauty Salon 7:00 PM...Golf	    
WEDNESDAY July 13th	9:00 AM...Exercise Class (Stronger Seniors Chair Exercises) 10:00 AM...Exercise Class (Easy Does it w/Craig Maracci) 1:00 PM...Pinochle 7:00 PM...Euchre	 
THURSDAY July 14th	Beauty Salon Open...call 315-523-5048 for appointment 9– 11:00 AM...Knitting (In the Parlor) 9:45 AM...Breathing Exercises w/Bob Niblett 10:00 AM...Tops Grocery Shopping and Banking (* note new time) 10:30 AM... Rosary in the 200 Wing Lounge 1:30 - 3:30 PM...Watertown Hearing 7:00 PM...Dominoes	   
FRIDAY July 15th	Beauty Salon Open...call 315-523-5048 for appointment 9:00 AM...Exercise Class (Stronger Seniors) 10:00 AM...Exercise Class (Stronger Seniors, Stretch DVD w/Anne Pringle Burnell)	
SATURDAY July 16th	3:00 PM...Social Hour	
SUNDAY July 17th	11:00 AM...Rev. Evan Zehr's Service, in the activity room 11:00 AM...Deacon Ken Seymour's Catholic Communion in the parlor 7:00 PM...Golf	



Brookside Dinner Menu

For the Week of July 11, 2022

Alternate choice for the week is: Alt. –Veggie Soup w/Tuna Sandwich Dressing selections are on the tables.

MONDAY– 7/11	TUESDAY– 7/12	WEDNESDAY– 7/13	THURSDAY– 7/14
<p>Tuna Noodle Casserole or Marinated Pork</p> <p>Orange Pineapple Fruit Salad or Applesauce or Cottage Cheese</p> <p>Stir Fry Veggies Green Beans</p> <p>Ice Cream (Cook's Choice) or Pineapple</p>	<p>Scalloped Potatoes w/ Ham or Crab Patties w/Sweet Potato Fries</p> <p>Spinach Strawberry Salad or Applesauce or Cottage Cheese</p> <p>Beets Peas</p> <p>Raspberry Bars or Mangos</p>	<p>Steak & Cheese Garlic Toast or Chicken Riggies</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Baked Beans Corn</p> <p>PB Cookie or Watermelon w/Cantaloupe</p>	<p>Turkey & Cheese Wrap or Tuna Noodle Casserole</p> <p>Raspberry Delight Salad or Applesauce or Cottage Cheese</p> <p>Mixed Veggies Baby Lima Beans</p> <p>Tapioca Pudding or Mandarin Oranges</p>
FRIDAY– 7/15	SATURDAY– 7/16	SUNDAY– 7/17	<i>Enjoy Your Meals!</i>
<p>Fish Sandwich on Bun or No Bun or Beerocks w/SC or Salsa</p> <p>Coleslaw or Applesauce or Cottage Cheese</p> <p>Baked Sweet Potato Cauliflower Zucchini</p> <p>Blueberry Yogurt or Peaches</p>	<p>Goulash or Oven Baked Chicken</p> <p>Cottage Cheese w/ Peaches or Applesauce or Cottage Cheese</p> <p>Broccoli Wax Beans</p> <p>Cherry Crisp or Mixed Fruit</p>	<p>Roast Pork Loin or Roast Beef w/Horseradish Sauce</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Mashed Potatoes w/Gravy Squash Mixed Veggies</p> <p>Lemon Cream Pie or Pears</p>	<p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired. Bread is on the tables.</i></p>

Residents' Corner

Carpy is now in Liverpool, at the Rehab facility. If you'd like to send him a card. His address is : Carlton Carpenter, Elderwood at Liverpool, Room-125, 4800 Bear Road, Liverpool, NY 13088. His phone # is 315-457-9946. Room ext. 7901. Please keep him in your prayers.

Please note shopping time changes. Tops will be at 10:00 am, on Monday & Thursday. Banking will be done after shopping on both days. Walmart will be at 10:00 am on Tuesday. Kinney's & Nolt's remain the same. Ride along to any of them or bring list to the office.

Congregate Residents: Please remember to clean out the lint traps in the dryers when you are finished with them. Please don't leave it for the next person. Garbage pick up is on Monday, Wednesday and Friday at 9:30 am. Please do not put any garbage out on any other day. If there is a day change, a memo will be sent out.

The Village Band has resumed their concerts in the village. They are held on Wednesday's at 7:00 pm, at the Veteran's Memorial Park. The dates are July 13th, 27th and August 3rd.

Monday, July 11th, at 10:00 am. we will go to Tops shopping, then do the banking.

Tuesday, July 12th, at 10:00 am, we will go to Walmart, ride along or bring list to the office. **At 1:30 pm**, bring your questions to the resident council meeting. **At 2:00 pm**, we will go to Kinney's, ride along or bring list to the office.

Thursday, July 14th, from 9:00 - 11:00 am, knitting will be held in the parlor. **At 10:00 am**, we will go to Tops Shopping, then do the banking. **From 1:30 - 3:30 pm**, Watertown Hearing will be here in the parlor.

Plan Ahead, Mark Your Calendar... **Tuesday, July 19th**, Lewis County Fair Parade (please sign up)

Friday, July 29th, Monthly Birthday Party

Tuesday, August 2nd, Resident Coffee Hour

Tuesday, August 9th, Resident Council Meeting

Friday, August 19th, Picnic at Whitaker

Wednesday, August 31st, Monthly Birthday Party

The Real Treasure...

A father in a small village worried about his son. The boy was lazy and unwilling to think about the future. One day he said to his son, "My boy, you are no longer a child. It's time for you to find the purpose of your life." He handed his son a map. "This shows where a treasure is hidden. Go and find it." The next day, excited, the young man set out to find the treasure. He had to travel far, through forests and mountains. Days turned into weeks and weeks turned into months.

Along the way, he met many people. Some offered food and shelter, but others tried to rob him. The seasons changed. When the weather was unpleasant, he stopped for a few days and continued his journey when the weather improved. Finally, after almost a year, he reached his destination. The map showed the treasure buried under a tree below a steep cliff. Climbing down, he began to dig. He dug and dug, but found nothing. He spent two days digging for the treasure. By the third day, exhausted and disappointed, he decided to return home. On his way back, he stopped to enjoy the flowers in springtime, watched the sun set, and enjoyed many pleasant summer evenings. He also met the people who had helped him earlier. This time he stayed a few days to help them, repaying them for their earlier aid and making new friends.

When he reached his home after almost two years, he embraced his father. Then he admitted that he had not found the treasure. "How was your journey?" the father asked. "I was worried someone else would find the treasure before I could reach the cliff." The young man paused. "But I did enjoy the journey back home. I made many friends and witnessed beautiful things every day. It helped me forget the pain of not finding the treasure."

The father said, "Exactly my son,. It's good to have a goal. But if you're too focused on the goal, you will miss out on the real treasures of life. Remember that life has no goal, except to experience it and grow with it every single day."