

BROOKSIDE CHATTER

Brookside Buzz

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There are no birthdays this week!



Neil & Judy Keib on Saturday, October 2nd

What's New This Week

Monday, September 27th

9:00 am...Tops Grocery Shopping

10:00 am...Bank



Tuesday, September 28th

8:00 am...Walmart Shopping (must wear mask in van)

5:00 pm...Resident Supper

7:00 pm...Game Night



Wednesday, September 29th

8:00 am - 3:00 pm...Test Your Lifenet System

2:00 pm...Nolt's

2:00 pm...Monthly Birthday Party



Thursday, September 30th

7:00 am...Tops Shopping for Seniors



Sunday, October 3rd

11:00 am...Evan Zehr Service (in activity room)

11:00 am...Catholic Communion Service (in parlor)



GOD who foresaw your tribulation has specially armed you to go through it, not without **pain**, but without **Stain**. -C. S. Lewis-

On call this week – Jake Krop

If you are in need of assistance from 7 pm to 7 am call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

With the changes from CDC, we will be starting up some of our activities again. Not all things will resume. Watch your Chatter activity page. Masks are to be worn indoors at all times. Doors are all unlocked during the day. Visitors & caregivers will continue to sign in wear a mask and take their temperature. Any questions, contact the office to talk to Jenn or Janine.

September 27th, is "World Tourism Day." If it weren't for the virus, there probably would be more traveling.

September 29th, is "National Fishing & Hunting Day." I know we have a lot of fishermen and hunters here at Brookside. Also it is Gold Star Mother's and Family's Day. This day honors mothers and families of soldiers killed in wars.

September 30th, is Frisbee Day. It first came about in 1958. A favorite toy of a lot of people. Kids and adults both enjoy it.

October 2nd, is "Guardian Angel Day." We all have our guardian angels around us to keep us safe. Also it is "Walk to School Day." Years ago, we didn't have any buses and had to walk to school. Most students don't have that option today.

October 3rd, is "Butterfly and Hummingbird Day." Some beautiful creatures that we all admire.

Have a Great & **Safe** Week!



Brookside Senior Living Community Activities Calendar For the Week of September 27, 2021

<p>MONDAY September 27th</p>	<p>9:00 AM...Tops Grocery Shopping (wear mask) 9:45 AM...Exercise Class (wear mask) 2:00 PM...Bingo (wear mask) 3:00 PM...Bring Walmart list and bag to the office by 3:00 pm for shopping tomorrow morning 7:00 PM...Euchre (wear mask)</p>	  
<p>TUESDAY September 28th</p>	<p>8:00 AM...Walmart (wear mask) 9:30 AM...Knitting (in the Library) 9:45 AM...Exercise Class (New DVD, Grow Young Fitness) (wear mask) 1:00 PM...Pitch (wear mask) 2:00 PM...Kinney's, ride along or bring list (wear mask, in van) 2:30 - 4:00 PM...Wellness Clinic 5:00 PM...Resident Supper 7:00 PM...Game Night (wear mask)</p>	   
<p>WEDNESDAY September 29th</p>	<p>8:00 AM - 3:00 PM...Test Your Lifenet System 9:45 AM...Exercise Class (wear mask) Bring Tops Grocery list and bag to the office before 10:00 AM. 1:00 PM...Pinochle (wear mask) 2:00 PM...Nolt's 2:00 PM...Monthly Birthday Party (wear mask)</p>	  
<p>THURSDAY September 30th</p>	<p>Beauty Salon Open...call 315-523-5048 for appointment 7:00 AM...Tops Senior Shopping (wear mask) 9:00 - 11:00 AM...Knitting (in the parlor) 9:45 AM...Breathing Exercises w/B. Niblett (wear mask) 10:30 AM...Rosary in the 200 Wing Lounge (wear mask) 7:00 PM...Dominoes (wear mask)</p>	  
<p>FRIDAY October 1st</p>	<p>Beauty Salon Open...call 315-523-5048 for appointment 9:45 AM...Exercise Class (wear mask)</p>	
<p>SATURDAY October 2nd</p>	<p>3:00 PM...Social Hour (wear mask)</p>	
<p>SUNDAY October 3rd</p>	<p>11:00 AM...Rev. Evan Zehr Service, in the activity room (wear mask) 11:00 AM...Catholic Communion with Deacon Ken Seymour in the parlor (wear mask) 7:00 PM...Golf (wear mask)</p>	



Brookside Dinner Menu

For the Week of September 27, 2021

Alternate choices for the week are: Alt.1 Tuna Sandwich w/Chips or Alt. 2 French Toast Sticks w/ Sausage. Salad Dressing selections are on the tables.

MONDAY- 9/27	TUESDAY- 9/28	WEDNESDAY- 9/29	THURSDAY- 9/30
<p>Chipped Beef on Toast or Honey Glazed Chicken</p> <p>Strawberry Fluff Salad or Applesauce or Cottage Cheese</p> <p>Party Potatoes Summer Blend</p> <p>White Texas Sheet Cake w/Fudge Frosting or Peaches</p>	<p>Baked Ziti w/Squash & Mushrooms or Hot Dog w/Sauerkraut on Roll or No Roll</p> <p>Mixed Veggie Salad or Applesauce or Cottage Cheese</p> <p>Corn Spinach</p> <p>Coconut/Pumpkin Pie or Fresh Fruit</p>	<p>Seafood Platter or Macaroni & Cheese</p> <p>Cucumber Salad or Applesauce or Cottage Cheese</p> <p>Side of Mac & Cheese Wax Beans Peas</p> <p>Orange Whip or Grapefruit</p>	<p>Roast Beef w/ Horseradish Sauce or Chicken Alfredo</p> <p>Broccoli & Tomato Salad or Applesauce or Cottage Cheese</p> <p>Mashed Potatoes w/ Gravy Mixed Veggies Green Beans</p> <p>Ice Cream Bar or Pineapple</p>
FRIDAY- 10/01	SATURDAY- 10/02	SUNDAY- 10/03	<i>Enjoy Your Meals!</i>
<p>Battered Fish w/Tartar Sauce or Open Faced Reuben</p> <p>Coleslaw or Applesauce or Cottage Cheese</p> <p>French Fries Buttered Beets Stewed Tomatoes</p> <p>Banana Pudding or Mixed Fruit</p>	<p>Salmon w/Baked Potato or Chicken & Rice Soup w/ Egg Salad sandwich</p> <p>Applesauce w/ Cinnamon or Applesauce or Cottage Cheese</p> <p>Baked Potato w/SC Sonoma Wine Country Veggies</p> <p>Apple Spice Cake or Pears</p>	<p>Baked Ham w/Pineapple Sauce or Shepard's Pie</p> <p>Tossed Salad or Applesauce or Cottage Cheese</p> <p>Baked Sweet Potato Carrots Broccoli</p> <p>Strawberry Shortcake or Mandarin Oranges</p>	<p><i>Bread or rolls are served daily.</i></p> <p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired.</i></p>

Residents' Corner

If you **do not** get your Watertown Daily Times or Journal in your mail, you will have to call the Times office and let them know. The number is **315-782-1012**. They cannot give any information to Brookside, as we are not on your account.

Monday, September 27th, at 9:00 am, Tops grocery shopping. After shopping, at 10:00 am, I will go to the bank. Bring Walmart list to office **before 3:00 pm**, for Tuesday's pick up. At 2:00 pm, we will be playing Bingo in the activity room.

Tuesday, September 28th, at 8:00 am, Walmart shopping, ride along, or bring list and bag to the office. **At 2:00 pm**, we will go to Kinney's, ride along or bring your list and bag to the office. (must wear mask in van) **From 2:30 pm - 4:00 pm**, the wellness clinic will be in the beauty salon. **At 5:00 pm**, we will have our monthly supper. We will be serving Chili, w/bread and cookie for dessert. There is a sign up sheet on the bulletin board, please sign up.

Wednesday, September 29th, from 8 am - 3 pm be sure to test your Lifenet system. **At 2:00 pm**, we will go to Nolt's. Ride along or bring list to the office. (must wear mask) **Also at 2:00 pm**, we will be having our monthly birthday party in the activity room. Join us for a fun game and some refreshments.

Thursday, September 30th at 7:00 am, Tops Shopping for Seniors Only. **Please have your list and bag to the office by 10:00 am on Wednesday.** **At 9:00 am**, if you'd like to help tie Quilts, join the ladies in the activity room. (must wear mask) **At 9:45 am**, Bob Niblett will be here to do his breathing exercise class. **Must wear mask**,

Plan Ahead, Mark Your Calendar... **Tuesday, October 5th**, Resident Coffee Hour
Wednesday, October 6th, Leaf Peeping Tour
Thursday, October 14th, Flu Clinic
Thursday, October 14th, Watertown Hearing
Wednesday, October 20th, Trip to Burrville Cider Mill
Tuesday, October 26th, Resident Supper
Friday, October 29th, Monthly Birthday/Halloween Party

Never Be Sorry...

You'll never be sorry for thinking before acting, for hearing before judging, for forgiving your enemies. For being candid and frank, for helping a fallen brother, for being honest in business. For being loyal to your church. For standing by your principals, for stopping your ears to gossip. For bridling a slanderous tongue, for harboring only pure thoughts. For sympathizing with the afflicted. **For being courteous and kind to all.**

The Million Dollar Sermon...

Great music and great literature live on, but whoever remembers a great sermon? Like yesterdays newspaper, by next Sunday the words generally are long forgotten. Yet one sermon lived on more than sixty years and is known as "The Million-Dollar Sermon." Dr. Frank W. Gunsaulus, a husky six footer with a booming voice, was barely 3 years at Plymouth Congregational Church on Chicago's South Side when he delivered his most memorable sermon. It came on a Sunday in early 1891, it's title, "What I'd do if I had a million dollars." If he had a million, Dr. Gunsaulus said, he would use it to build a school where poor youths could get a technical education, and he proceeded to elaborate eloquently on the theme. After services, he stood, as usual, greeting parishioners. Up stepped a balding man with heavy sideburns. He was Philip D. Armour, the meat packer. Everybody in Chicago knew Armour's reputation as a man who drove a hard bargain. The famous packer took the young minister by the arm and asked, "Do you really believe those ideas you just expressed?" "I certainly do," Dr Gunsaulus answered. "You'd carry them out if you had the means?" "Most assuredly." "Well then," said Armour, "If you'll give me 5 years of your time, I'll give you your million." And he did. Armour had given closer to 3 times that much money toward the school. Appropriately named Armour Institute of Technology. Dr. Gaunsalus made good on his part of the bargain, too. He became Armour Institute's first president when it opened 2 years after the sermon. He held the presidency until his death in 1921, shepherding the school through its early growing pains while still keeping up his preaching and writing. When, 48 years after its founding, Armour Tech was merged with Lewis Tech into what is now called Illinois of Technology (IIT), the school that a sermon built had amassed an enviable record. Some of the country's top engineers and architects are among its graduates. And its affiliate, the Armour Research Laboratories (renamed IITRI in 1963), has tested, perfected, and developed hundreds of products and processes for industry. So listen to those weekly sermons you may be surprised.