

BROOKSIDE CHATTER

Brookside Buzz

5701 Brookside Circle, Lowville, New York, 13367

Office Telephone: 315-376-4333

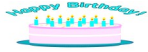
Website: www.brooksideseniorliving.org

Email: brooksideseniorliving.org

Issue April 14th, 2025 Editor: Karla Searl



Shirley Davis and Joe Perry on April 17th, Paige Feisthamel on April 18th and John Nortz on April 19th



Monday, April 14th

10:00am... Tops Grocery Shopping and Banking

1:30 pm... Walk with Ease Class

2:00 pm...Bingo w/ Bill

Tuesday, April 15th

9:35 am... Walmart Shopping

2:00 pm...Shopping at Nolt's

4:30 pm...Covered Dish Supper

7:00 pm...Golf

Wednesday, April 16th

9:00 am... Exercise Class (Stronger Seniors Chair Exercises)

10:00 am... Exercise Class (Easy Does it w/ Craig Maracci)

11:30am-2:30 pm...Meat Processing Mobile Canning Event

1:30 pm...Walk with Ease Class

7:00 pm...Euchre

Thursday, April 17th

9:35 am... Tops Shopping and Banking

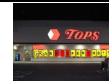
Friday, April 18th

9:00 am...Exercise Class (Stronger Seniors)

10:00 am... Exercise Class

1:30 pm... Walk with Ease Class

7:00 pm...Euchre



“ He is not here; he has risen, just as he said.”

- Matthew 28:6

On call this week – Rob Harper If you are in need of assistance from **5:15 pm to 7 am** call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

Monday, April 14th, Holy Monday! This is the beginning of Holy Week. It commemorates the day before Jesus was betrayed by Judas. **Tuesday**, April 15th, is Tax Day! This day may not spark joy in your heart unless you are expecting a hearty refund. Income tax has been around since Abraham Lincoln signed it into law in 1861.

Wednesday, April 16th, is National Orchid Day! Orchids are one of the oldest and largest families of plants. They are colorful, abundant, beautiful, fragrant and can live over 100 years.

Thursday, April 17th, is Holy Thursday. This day is specially dedicated to the spiritual significance of the Last Supper that Jesus shared with his disciples.

Friday, April 18th, is Good Friday! Today we observe the Crucifixion of Jesus and his death at Calvary with prayers and devotion.

Saturday, April 19th, is National Garlic Day! Whether you sauté it in butter, roast it or slice it raw, garlic is a multifaceted plant. It can lower blood pressure, improve circulation, reduce cholesterol and cure a toothache.

Sunday, April 20th, is Easter Sunday! Celebrate the Resurrection of Jesus from the dead and his victory over death. Spend time in prayer and/or with family. Welcome spring into the new year.






Brookside Senior Living Community Activities Calendar For the Week of April 14th, 2025

MONDAY April 14th	9:00 AM...Exercise Class (Stronger Seniors, Class Exercises) 10:00 AM...Exercise Class (Strength Improvement w/Betty Switks) 10:00 AM...Tops Grocery Shopping and Banking 1:30 PM... Walk w/ Ease Calss 2:00 PM... Bingo w/ Bill!!! 7:00 PM... Dominoes	  
TUESDAY April 15th	9:00 AM...Exercise Class (Stronger Seniors Chair Exercises, w/Anne Pringle Burnell) 9:35 AM...Walmart Shopping 2:00 PM... Shopping at Nolt's 4:30 PM...Covered Dish Supper 7:00 PM...Golf	 
WEDNESDAY April 16th	9:00 AM...Exercise Class (Stronger Seniors Chair Exercise) 10:00 AM.. Exercise Class (Easy Does it w/ Craig Maracci) 11:30 AM-2:30 PM...Ride to Mobile Meat Canning Event 1:00 PM.. Pinochle 1:30 PM... Walk w/ Ease Class 7:00 PM...Euchre	  
THURSDAY April 17th	Beauty Salon...Call 315-523-5048 for an appointment 9:35 PM... Tops Shopping and Banking 10:30 PM...Rosary 7:00PM....Dominoes	  
FRIDAY April 18th	Beauty Salon...Call 315-523-5048 for an appointment 9:00 AM...Exercise Class (Stronger Seniors) 10:00 AM...Exercise Class (Stronger Seniors, Stretch DVD w/Anne Pringle Burnell) 1:30 PM... Walk w/ Ease Class 7:00 PM.. Euchre	 
SATURDAY April 19th	3:00 PM...Social Hour	
SUNDAY April 20th	11:00 AM...Rev. Evan Zehr's Service in the activity room. 2:00 pm...Tom Yousey will conduct the Catholic Service	

Brookside Dinner Menu

For the Week of April 14th, 2025

Alternate choice for this week is: Chef Salad w/ Bacon.

MONDAY– 4/14	TUESDAY– 4/15	WEDNESDAY– 4/16	THURSDAY– 4/17
<p>Jerked Pork Steaks Or Chicken Patty(w/ Lettuce & Tomato) on a Bun</p> <p>Garden Salad Applesauce Or Cottage Cheese</p> <p>Stir Fry Veggies Salt Potatoes</p> <p>Chocolate Cake w/ Blackberry Frosting Or Pears</p>	<p>Goulash Or Breakfast Sliders w/ Hashbrowns</p> <p>Apple Salad Applesauce Or Cottage Cheese</p> <p>Corn Green Beans</p> <p>Ice Cream Sundae Or Mandarin Oranges</p>	<p>Crazy Good Casserole w/ Kielbasa & Bacon Or Lemon Pepper Fish w/ Tartar Sauce</p> <p>Pistachio Salad Applesauce Cottage Cheese</p> <p>Brussel Sprouts Beets Parsley Potatoes</p> <p>Coffee Cake Or Apricots</p>	<p>BBQ Hot Dog on a Roll Or Cold Plate w/ Turkey, Fruit Cup, Sliced Tomato & Muffin</p> <p>Macaroni Salad Applesauce or Cottage Cheese</p> <p>Mixed Veggies Baked Beans</p> <p>Watermelon Or Citrus Fruit</p>
FRIDAY– 4/18	SATURDAY– 4/19	SUNDAY– 4/20	Enjoy Your Meals!
<p>Clam Chowder w/ Red Lobster Biscuit Or Cheddar Ranch Beef Bake</p> <p>Coleslaw Applesauce Or Cottage Cheese</p> <p>French Fries Wax Beans</p> <p>Rice Pudding Or Blueberries</p>	<p>Shake & Bake Pork Chops Or Chicken Cordon Bleu</p> <p>Cottage Cheese w/ Peaches Applesauce or Cottage Cheese</p> <p>Baked Potato w/ Sour Cream Peas Carrots</p> <p>Peach Cobbler Or Pineapple</p>	<p>Country Fried Steak Or Ham Loaf</p> <p>Tossed Salad Applesauce Or Cottage Cheese</p> <p>Mashed Potatoes w/ Gravy Buttered Spinach Cauliflower</p> <p>Pecan Pie Or Grapes</p>	<p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired. Bread is on the table at your request.</i></p> 

Residents' Corner

Walk w/ Ease Class– Starting on April 7th, the Walk w/ Ease class hosted by The Office of the Aging will begin again at Brookside. It will be on Monday, Wednesday and Friday at 1:30pm. If you would like to participate, please call the Office of The Aging. The number is 315-376-5313.

Resident Supper– Our Resident Supper will be on Thursday, April 24th @ 4:30 pm. We will serve Chicken Cordon Bleu Casserole.

Ice Cream!!!– Brookside Senior Living Community has ice cream for sale! We will have various flavors available for individual purchase. Ask the kitchen for available flavors. We will carry pints and novelty ice cream. The cost is, \$2.00 per novelty ice cream and \$3.00 per pint.

Covered Dish Supper– Brookside residents will be having a Covered Dish Supper on Tuesday, April 15th at 4:30 pm. Please bring your own silverware. The sign up sheet is on the board next to the main office.

Mennonite Central Committee Mobile Meat Canner– The canner is coming to Maple Ridge Center on April 15th and 16th. Last year they processed 12,000 cans to be sent out for food relief. They need volunteers and contributions. Brookside has a sign-up sheet on the board next to the main office. We will shuttle anyone that signs up over to Maple Ridge on Wednesday, April 16th from 11:30am-1:30 pm. Lunch will be provided at Maple Ridge. They also have people tying quilts for donation as well. Come join the efforts to make the world a better place! If you have further questions, you can call (315)-376-4963. All checks for financial donation should be made out to Meat Canner of Lewis County.

Plan Ahead, Mark Your Calendar... Tuesday, April 15th...Covered Dish Supper
Wednesday, April 16th...Maple Ridge Meat Processing Event

Welcome to Allen's Alley

How about a game of Euchre

Our parents raised my wife and me to be card players. We spent many hours enjoying the company of others. We love to trump over our opponent's trick when possible. My parents taught us bridge and cribbage among several games. My father's words are still ringing in my ears. "Enjoy playing and never play with your wife or partner." It was his way of saying, "never criticize your partner...especially your wife." It was good advice.

Euchre was mentioned in a story published by Joe Cowell in the mid- 19th century. He found the game being played on a steamship trip from Louisville to New Orleans in 1829. It was called "uker." Researchers have found that "uker", was closely related to the French game "escarte." Euchre may sometimes be referred to as "knock euchre." to distinguish it from "bid euchre."

Australia, Canada and New Zealand all have large followings of the game. I've always contended that playing euchre is probably the national sport of Croghan. I find it interesting that euchre is so popular in our area, and it appears to have come to us via Alsace Lorraine, a region that produced a large number of immigrants who eventually settled here (including both of our ancestors).

For Euchre beginners and novices, here are the commandments of euchre.

- 1.) Thou shalt not pass a biddable hand.
- 2.) Thou shalt not trumpeth thy partner's ace.
- 3.) Thou shall count on thy partner for at least one trick.
- 4.) When one hath ordered trump, leadeth with thy right bower to smite thy foes.
- 5.) Ordeth not the right bower into thy partner's hand unless thou cants go it alone.
- 6.) Goeth alone whenever thou can, unless thy team hath eight or nine points.
- 7.) Tho shall not complaineth about the cards the euchre gods have bestowed upon you.

My wife and I courted, prior to our marriage, around my future in-laws' dining room table with her family until the "wee" hours.

If you also play pinochle, you have the proper credentials to count yourself among the natives of Lewis County.