

# BROOKSIDE CHATTER

**Brookside Buzz**

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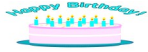
Website: [www.brooksideseiorliving.org](http://www.brooksideseiorliving.org)

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**Issue April 7th, 2025 Editor: Karla Searl**



Ron Roggie April 8th, Ramon Myers on April 11th, and Mervin Roggie on April 12th



Phil and Lois Beyer on April 8th

## **Monday, April 7th**

10:00am... Tops Grocery Shopping and Banking

1:30 pm... Walk with Ease Class

2:00 pm...Bingo

## **Tuesday, April 8th**

9:35 am... Walmart Shopping

1:30 pm...Resident Council Meeting

2:00 pm...Shopping at Nolt's

7:00 pm...Golf

## **Wednesday, April 9th**

9:00 am... Exercise Class ( Stronger Seniors Chair Exercises)

9:45 am...Ride to Crumbs Bakery

10:00 am... Exercise Class ( Easy Does it w/ Craig Maracci)

1:30 pm...Walk with Ease Class

7:00 pm...Euchre

## **Thursday, April 10th**

9:35 am... Tops Shopping and Banking

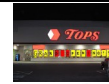
10:30 am...Rosary

2:30 pm...Baily Wix Music Concert

## **Friday, April 11th**

9:00 am...Exercise Class ( Stronger Seniors)

10:00 am... Exercise Class



Every step Jesus took toward Jerusalem was a step toward love incarnate.

**On call this week – Mervin Roggie** If you are in need of assistance from **5:15 pm to 7 am** call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

## **ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.**

### **MISSION STATEMENT**

*Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.*

**Monday**, April 7th, International Beaver Day! Beavers are unique and an important keystone species because they have a great impact on our ecosystem.

**Tuesday**, April 8th, is National Zoo Lovers, Day! Modern Zoos play a big part in animal welfare. They serve as conservation sites for endangered animals. They also provide education, research and entertainment.

**Wednesday**, April 9th, is National Safety Pin Day! This clever and useful invention was invented by Walter Hunt from Martinsburg N.Y. in 1849.

**Thursday**, April 10th, is Golfers. Day! The origin of the word golf came from the Dutch word “kolf”, which means stick or club.

**Friday**, April 11th, is Barbershop Quartet Day! This type of music was first documented in the late 1800's. Men waiting in line to get their hair cut would sing and harmonize with the barbers and other customers to pass the time.

**Saturday**, April 12th, is National Grilled Cheese Day! You can't go wrong with crispy bread and melted cheese. It goes perfectly with any kind of soup or sandwich.

**Sunday**, April 13th, is Palm Sunday. This day marks Jesus' victorious entry “bringing glad tidings unto the people of Jerusalem”. People welcomed him using palm fronds. They laid down the leaves at his feet.

Have a safe and happy week!



## Brookside Senior Living Community Activities Calendar For the Week of April 7th, 2025

<b>MONDAY</b> <b>April 7th</b>	9:00 AM...Exercise Class (Stronger Seniors, Class Exercises) 10:00 AM...Exercise Class (Strength Improvement w/Betty Switks) 10:00 AM...Tops Grocery Shopping and Banking 1:30 PM... Walk w/ Ease Class 2:00 PM... Bingo 7:00 PM... Dominoes	  
<b>TUESDAY</b> <b>April 8th</b>	9:00 AM...Exercise Class (Stronger Seniors Chair Exercises, w/Anne Pringle Burnell) 9:35 AM...Walmart Shopping 1:30 PM... Resident Council Meeting 2:00 PM... Shopping at Nolt's 7:00 PM...Golf	  
<b>WEDNESDAY</b> <b>April 9th</b>	9:00 AM...Exercise Class (Stronger Seniors Chair Exercise ) 9:45AM.. Ride to Crumbs Bakery 10:00 AM.. Exercise Class ( Easy Does it w/ Craig Maracci) 1:00 PM.. Pinochle 1:30 PM... Walk w/ Ease Class 7:00 PM...Euchre	  
<b>THURSDAY</b> <b>April 10th</b>	<b>Beauty Salon...Call 315-523-5048 for an appointment</b> 9:35 PM... Tops Shopping and Banking 10:30 PM...Rosary 2:30 PM...Baily Wix Music Concert 7:00PM....Dominoes	  
<b>FRIDAY</b> <b>April 11th</b>	<b>Beauty Salon...Call 315-523-5048 for an appointment</b> 9:00 AM...Exercise Class (Stronger Seniors) 10:00 AM...Exercise Class (Stronger Seniors, Stretch DVD w/Anne Pringle Burnell) 1:30 PM... Walk w/ Ease Class 7:00 PM.. Euchre	 
<b>SATURDAY</b> <b>April 12th</b>	3:00 PM...Social Hour	
<b>SUNDAY</b> <b>April 13th</b>	11:00 AM...Rev. Evan Zehr's Service in the activity room. 2:00 pm...Tom Yousey will conduct the Catholic Service	

# Brookside Dinner Menu

For the Week of April 7th, 2025

Alternate choice for this week is: Ham Wrap w/ Chips

MONDAY– 4/7	TUESDAY– 4/8	WEDNESDAY– 4/9	THURSDAY– 4/10
Grilled Ham Or Turkey Wrap  Mixed Veggie Salad Applesauce Or Cottage Cheese  Baked Potato w/ SC Summer Blend Veggies  Cream Cheese Brownie Or Grapes	<b>Brookside Grand Slam</b>  Pancakes, Sausage, Home Fries, Scrambled Eggs  Apple Salad Applesauce Or Cottage Cheese    Vanilla Pudding Or Pineapple	Cube Steak w/ Mushroom Gravy & Mashed Potatoes Or Tuna Melt  Broccoli Salad Applesauce Cottage Cheese  Mashed Potatoes Mandarin Blend Veggies  Fruited Jell-O Or Mandarin Oranges	Veggie Soup w/ Chicken Salad Sandwich Or Bierocks w/ SC and Salad  Cucumber Salad Applesauce or Cottage Cheese  Green Beans Harvard Beets  Chef's Choice Ice Cream Or Pears
FRIDAY– 4/11	SATURDAY– 4/12	SUNDAY– 4/13	<i>Enjoy Your Meals!</i>
Lemon Pepper Fish w/ Potato Wedges Or Spaghetti w/ Sausage  Coleslaw Applesauce Or Cottage Cheese  Corn Wax Beans  Chef's Choice Cookie Or Grapefruit	Chicken Angelo w/ Buttered Noodles Or Beef Stew  Tossed Salad Applesauce or Cottage Cheese  Turnip Broccoli  Lemon Glazed Cake Or Peaches	Seasoned Pork Loin Or Maple Glazed Ham  Fruit Salad Applesauce Or Cottage Cheese  Mashed Potatoes w/ Gravy Calico Beans Peas  Cherry Cream Pie Or Mangos	<i>Substitutions available for special dietary needs. See the menu cook in advance for any special needs.</i>  <i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired. Bread is on the table at your request.</i>

## Residents' Corner

**Walk w/ Ease Class**– Starting on April 7th, the Walk w/ Ease class hosted by The Office of the Aging will begin again at Brookside. It will be on Monday, Wednesday and Friday at 1:30pm. If you would like to participate, please call the Office of The Aging. The number is 315-376-5313.

**Ice Cream!!!**– Brookside Senior Living Community has ice cream for sale! We have various flavors available for individual purchase. Ask the kitchen for available flavors. We carry pints and novelty ice cream. It is \$2.00 per novelty ice cream and \$3.00 per pint.

**Covered Dish Supper**– Brookside residents will be having a Covered Dish Supper on Tuesday, April 15th at 4:30 pm. Please bring your own silverware. The sign-up sheet is on the board next to the main office.

**Mennonite Central Committee Mobile Meat Canner**– The canner is coming to Maple Ridge Center on April 15th and 16th. Last year they processed 12,000 cans to be sent out for food relief. They need volunteers and contributions. Brookside has a sign-up sheet on the board next to the main office. We will shuttle anyone that signs up over to Maple Ridge on Wednesday, April 16th from 11:30am-1:30 pm. Lunch will be provided at Maple Ridge. They also have people tying quilts for donation as well. Come join the efforts to make the world a better place! If you have further questions, you can call (315)-376-4963. All checks for financial donation should be made out to Meat Canner of Lewis County.

**Plan Ahead, Mark Your Calendar...** Tuesday, April 15th...Covered Dish Supper  
Wednesday, April 16th...Maple Ridge Meat Processing Event

### Welcome to Allen's Alley

Once upon a time...

I miss playing golf. At age 86 and with a problem walking I haven't been on a course for three years. I do miss the camaraderie and some of the craziness of the sport. I remember a story told to me as we waited to tee-off, on one of the first holes.

Feminism was the topic, and one of the group expressed his point of view of how he told his wife she would do most of the cooking. He told how his wife prepared his favorite dish three days later after he set the rules.

The second fellow told how he told his wife she was to do all the shopping. He said it was three days before she took the advice and she finally filled the cupboard with groceries.

The third young man, who was just recently married, told his new bride how he expected her to have the house clean, the shopping done and dinner on the table by 6:00pm. He told how it took three days of reminding her of her duties. On the 4th day he could see just a little bit out of one eye.