

BROOKSIDE CHATTER

Brookside Buzz

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Issue August 11th, 2025 Editor: Karla Searl

Roger Schwartzenruber on August 13th and Ariana Beller on August 16th

Monday, August 11th

10:00am... Tops Grocery Shopping and Banking

2:00 pm...Bingo

Tuesday, August 12th

9:35 am...Walmart Shopping

1:30 pm... Resident Council Meeting

2:00 pm...Shopping at Nolt's

Wednesday, August 13th

9:00 am... Exercise Class (Stronger Seniors Chair Exercises)

10:00 am... Exercise Class (Easy Does it w/ Craig Maracci)

Thursday, August 14th

9:35 am....Tops Shopping and Banking

7:00 am...Dominoes

Friday, August 15th

9:00 am.... Exercise Class (Stronger Seniors)

10:00 am... Exercise Class

2:30 pm... Ride to Mary's Dairy for Ice Cream



The best way to pay for a lovely moment, is to enjoy it.

-Richard Bach-

On call this week – Rob Harper- If you are in need of assistance from **5:15 pm to 7 am** call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.

MISSION STATEMENT

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

Monday, August 11th, is Mountain Day! This day reminds us that majestic mountains are natural sanctuaries of peace. Use this day to explore nature and take in wondrous views while breathing deeply fresh air.

Tuesday, August 12th, is National Vinyl Record Day! Having a physical copy of your favorite record may be tied to your fondest memories. Don't throw out that record player, instead, dust off that needle and let the music take you away!

Wednesday, August 13th, is National Filet Mignon Day! Head to the steakhouse or host a BBQ! The meat that melts in your mouth is the very idea of decadence!

Thursday, August 14th, is National Creamsicle Day! In the middle of one of the hottest months of the year you should enjoy one of these famous frozen desserts.













Friday, August 15th is National Relaxation Day! Avoid doing anything mentally or physically stressful today! Listen to calm music or spend the day lying in a hammock!

Saturday, August 16th is National Airborne Day! We recognize their past, present and future contributions as they bravely dropped behind enemy lines. They are some of our most elite soldiers.

Sunday, August 17th is National "I Love My Feet Day! Responsible for support, balance, posture and our primary mode of transportation. Thank them with a foot massage and comfy shoes.



Brookside Senior Living Community Activities Calendar For the Week of August 11th, 2025

MONDAY August 11th	9:00 AM...Exercise Class (Stronger Seniors, Class Exercises) 10:00 AM...Exercise Class (Strength Improvement w/Betty Switks) 10:00 AM...Tops Grocery Shopping and Banking 2:00 PM...Bingo 7:00 PM....Dominoes	 
TUESDAY August 12th	9:00 AM...Exercise Class (Stronger Seniors Chair Exercises, w/Anne Pringle Burnell) 9:35 AM...Walmart Shopping 1:30 pm... Resident Council Meeting 2:00 PM... Shopping at Nolt's 7:00 PM...Golf	 
WEDNESDAY August 13th	9:00 AM...Exercise Class (Stronger Seniors Chair Exercise) 10:00 AM.. Exercise Class (Easy Does it w/ Craig Maracci) 1:00 PM.. Pinochle 7:00 PM...Euchre	 
THURSDAY August 14th	Beauty Salon...Call 315-523-5048 for an appointment 9:35 PM... Tops Shopping and Banking 10:30 PM...Rosary 7:00PM....Dominoes	 
FRIDAY August 15th	Beauty Salon...Call 315-523-5048 for an appointment 9:00 AM...Exercise Class (Stronger Seniors) 10:00 AM...Exercise Class (Stronger Seniors, Stretch DVD w/Anne Pringle Burnell) 2:00 PM... Ride to Mary's Dairy for Ice Cream 7:00 PM...Euchre	 
SATURDAY August 16th	3:00 PM...Social Hour	
SUNDAY August 17th	11:00 AM...Rev. Evan Zehr's Service in the activity room. 2:00 PM... Tom Yousey will conduct the Catholic service. 7:00 PM...Golf	

Brookside Dinner Menu

For the Week of August 11th, , 2025

Alternate choice for this week is: .

MONDAY– 8/11	TUESDAY– 8/12	WEDNESDAY– 8/13	THURSDAY– 8/14
Baked Ham w/ Baked Potato & Sour Cream Or Chili w/ Cornbread Fresh Fruit Salad Applesauce Or Cottage Cheese Catalina Blend Squash Peanut Butter Lasagna Or Pears	Hot Dog on a Bun Or Marinated Chicken Breast Parmesan Veggie Salad Applesauce Or Cottage Cheese Salt Potatoes Baked Beans Lemon Bars Or Grapefruit	Country Fried Pork Chops w/ Mashed Potatoes Or Cheeseburger w/ LTO and French Fries Crab Salad Applesauce Cottage Cheese Broccoli Steamed Cabbage Pumpkin Cake w/ Cream Cheese Frosting Or Cantaloupe	Honey Pepper Mac'n'Cheese Or Tuna Melt Tossed Salad Applesauce or Cottage Cheese Brussel Sprouts Wax Beans Peaches & Ice Cream Or Grapes
FRIDAY– 8/15	SATURDAY– 8/16	SUNDAY– 8/17	<i>Enjoy Your Meals!</i>
Lemon Pepper Fish w/ Rice Pilaf Or Turkey & Cheese Subs w/ Chips Coleslaw Applesauce Or Cottage Cheese Peas Fresh Veggies w/ Ranch White Chocolate Chip Cookies Or Watermelon	Tomato Soup w/ Peanut Butter & Jam Sandwich Or BLT Ranch Salad Pineapple Orange Fruit Salad Applesauce or Cottage Cheese Baked Sweet Potato Beets Butterscotch Brownies Or Pineapple	Roast Pork Loin Or Meatloaf Cucumber Salad Applesauce Or Cottage Cheese Loaded Mashed Potatoes Glazed Carrots Green Bean Casserole Fresh Peach Pie Or Mixed Fruit	<i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i> <i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired. Bread is on the table at your request.</i>

Residents' Corner

Brookside Picture Collage—Ann Mc Connell is still putting together a picture collage of Residents that arrived at Brookside between 2023 and the present time. If you are in this category of resident, and wish to be in the collage, please bring your picture to Janine . If you don't have a picture, feel free to make an appointment with Karla and she will take a picture take a picture that will be used for the collage.

Beauty Salon News-Terri Stocking, the Brookside Hairdresser, will be off on two separate weeks in August. The first week will be from August 11th– August 16th and her second week off will be on August 25th– August 30th.

Plan Ahead, Mark Your Calendar... Tuesday, August 19th....Aaron Karppala
Wednesday, August 20th... Ride to Franky Boholl's Farm
Friday, August 22nd... Trip to Clayton

Welcome to the Alley

From Mike Cannan

I feel that I speak for the Residents of Brookside , when I say “ We're going to miss you Gordie.” and Allen's Alley.

Gordie's wit and wisdom , and his anecdotes were always interesting when reading the weekly Chat-ter. Gordie has left the Alley, but he wont be forgotten,

- Your Brookside Friends-