

# BROOKSIDE CHATTER

**Brookside Buzz**

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Issue August 4th, 2025 Editor: Karla Searl

Ann Mc Connell on August 7th and Sylvia Woodhouse on August 10th

## **Monday, August 4th**

10:00am... Tops Grocery Shopping and Banking

2:00 pm...Bingo

## **Tuesday, August 5th**

8:30 am...Resident Coffee Hour

9:35 am...Walmart Shopping

2:00 pm...Shopping at Nolt's

2:00 pm...Friends of God

## **Wednesday, August 6th**

9:00 am... Exercise Class ( Stronger Seniors Chair Exercises)

10:00 am... Exercise Class ( Easy Does it w/ Craig Maracci)

10:00 am... Take a Trip to Saint Drogos Coffee Shop

3:00 pm... Peg Nuspliger and Chorus

5:00pm- 7:00 pm... Brookside Annual Hot Dog Roast

## **Thursday, August 7th**

9:35 am...Tops Shopping and Banking

7:00 am...Dominoes

## **Friday, August 8th**

9:00 am... Exercise Class ( Stronger Seniors)

10:00 am... Exercise Class

2:30 pm... Trip to Family Ice Cream

We do not remember days, we remember moments.  
- Cesare Pavese-



**On call this week – Quintin Roggie-** If you are in need of assistance from **5:15 pm to 7 am** call 315-376-4333. You will reach our answering service, and they will direct your call. In case of an emergency, push your emergency button or dial 911.

## **ADIRONDACK MENNONITE RETIREMENT COMMUNITY, INC.**

### **MISSION STATEMENT**

Adirondack Mennonite Retirement Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

**Monday**, August 4th, is National Son & Daughter Day! Spend time with the kids today. Through all the mayhem and joy, they are most likely the biggest loves of your life.

**Tuesday**, August 5th, is National Picnic Day! Get out your folding lawn chairs or just bring a blanket! Whether you warm up the grill or just eat cheese and crackers, take some time to enjoy the fresh air and hang out with loved ones.

**Wednesday**, August 6th, is Farm Worker Appreciation Day! It is interesting that the people that have the most important job in society (growing food) have been historically unappreciated!

**Thursday**, August 7th, is Senior Care Employee Day! This day celebrates the people that take care of the elderly. Nurses, care workers, chefs and cleaners are just some examples of individuals that possess extraordinary skills.

**Friday**, August 8th is National Book Day! Books can take you anywhere, any time and any place! They are responsible for preserving cultures, educating the masses and story telling.











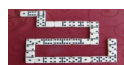




**Saturday**, August 9th is International Cat Day! Cats have been a common household pet since ancient Egypt. These enigmatic, furry creatures are independent, adventurous and cuddly.

**Sunday**, August 10th is National Lazy Day! Stay in bed all day or channel your inner couch potato. Restore your energy for tomorrow.





## Brookside Senior Living Community Activities Calendar For the Week of August 4th, 2025

<b>MONDAY</b> <b>August 4th</b>	9:00 AM...Exercise Class (Stronger Seniors, Class Exercises) 10:00 AM...Exercise Class (Strength Improvement w/Betty Switks) 10:00 AM...Tops Grocery Shopping and Banking 2:00 PM...Bingo 7:00 PM....Dominoes	 
<b>TUESDAY</b> <b>August 5th</b>	8:30 AM...Resident Coffee Hour 9:00 AM...Exercise Class (Stronger Seniors Chair Exercises, w/Anne Pringle Burnell) 9:35 AM...Walmart Shopping 2:00 PM... Shopping at Nolt's 2:00 PM... Friends of God 7:00 PM...Golf	  
<b>WEDNESDAY</b> <b>August 6th</b>	9:00 AM...Exercise Class (Stronger Seniors Chair Exercise ) 10:00 AM.. Exercise Class ( Easy Does it w/ Craig Maracci) 10:00 PM...Ride to Saint Drogos Coffee Shop 1:00 PM.. Pinochle 2:00 PM... Shopping at Nolt's 3:00 PM... Peg Nuspliger and Chorus	  
<b>THURSDAY</b> <b>August 7th</b>	<b>Beauty Salon...Call 315-523-5048 for an appointment</b> 9:35 PM... Tops Shopping and Banking 10:30 PM...Rosary 5:00 PM– 7:00PM... Brookside Annual Hot Dog Roast 7:00PM....Dominoes	  
<b>FRIDAY</b> <b>August 8th</b>	<b>Beauty Salon...Call 315-523-5048 for an appointment</b> 9:00 AM...Exercise Class (Stronger Seniors) 10:00 AM...Exercise Class (Stronger Seniors, Stretch DVD w/Anne Pringle Burnell) 2:00 PM... Ride to Family Ice Cream 7:00 PM...Euchre	 
<b>SATURDAY</b> <b>August 9th</b>	3:00 PM...Social Hour	
<b>SUNDAY</b> <b>August 10th</b>	11:00 AM...Rev. Evan Zehr's Service in the activity room. 2:00 PM... Tom Yousey will conduct the Catholic service. 7:00 PM...Golf	

# Brookside Dinner Menu

For the Week of August 4th, , 2025

Alternate choice for this week is: Cranberry Chicken Salad Sandwich w/ Chips.

MONDAY– 8/4	TUESDAY– 8/5	WEDNESDAY– 8/6	THURSDAY– 8/7
<p>Bacon Quiche Or Parmesan Italian Sausage Soup</p> <p>Applesauce Jell-O Salad Applesauce Or Cottage Cheese</p> <p>Corn Peas</p> <p>Chocolate Raspberry Bars Or Grapefruit</p>	<p>Antipasto Salad Or Cheese Pizza</p> <p>Grape Salad Applesauce Or Cottage Cheese</p> <p>Green Beans California Blend</p> <p>Vanilla Pudding Or Mandarin Oranges</p>	<p>Chicken Tenders w/ Fries Or Beef Stew</p> <p>Street Corn Salad Applesauce Cottage Cheese</p> <p>Buttered Spinach Wax Beans Buttered Noodles</p> <p>Lemon Cake w/ Glaze Or Pears</p>	<p>Baked Ham w/ Pineapple Or Turkey Swiss Wrap w/ Chips</p> <p>Heavenly Hash Salad Applesauce or Cottage Cheese</p> <p>Buttered Squash Broccoli Baked Sweet Potato</p> <p>Sherbert Or Peaches</p>
FRIDAY– 8/8	SATURDAY– 8/9	SUNDAY– 8/10	Enjoy Your Meals!
<p>Parmesan Crusted Fish Or Garlic Butter Steak Bites in a Cream Sauce</p> <p>Coleslaw Applesauce Or Cottage Cheese</p> <p>Glazed Carrots Roasted Zucchini</p> <p>Brownies Or Apricots</p>	<p>Biscuit, Gravy &amp; Hash Brown Casserole Or Smoke House Maple Bison Burger</p> <p>Cucumber Salad Applesauce or Cottage Cheese</p> <p>Seasoned Fries Mexican Corn French Style Green Beans</p> <p>Pineapple Upside Down Cake Or Mixed Fruit</p>	<p>Chicken Alfredo Pasta Or Sole</p> <p>Tossed Salad Applesauce Or Cottage Cheese</p> <p>Mashed Potatoes w/ Gravy Asparagus</p> <p>Coconut Cream Pie Or Bananas</p>	<p><i>Substitutions available for special dietary needs. See the cook in advance for any special needs.</i></p> <p><i>Choose <u>one entrée</u>, <u>one salad</u>, <u>one dessert</u> and as many other sides as desired. Bread is on the table at your request.</i></p> 

## **Residents' Corner**

**Pine Grove Church**– The Pine Grove Church is having theie annual Ice Cream Social on Sunday, August 10th from 2:00pm– 4:00pm.

**What Ann Mc Connell Might B Up To!** - Ann McConnell is taking on a very ambitious task! She will be constructing a collage consisting of pictures of the residents that came to Brookside in 2023– the present. If you are a resident that came to Brookside in 2023 or later and would like to have your picture in the collage, please bring a picture of your choice to Janine. The picture needs to be 4''x6''or smaller.

**Beautv Salon News**-Terri Stocking, the Brookside Hairdresser, will be off on two separate weeks in August. The first week will be from August 11th– August 16th and her second week off will be on August 25th– August 30th.

**Plan Ahead, Mark Your Calendar...**August 12th... Resident Council Meeting  
August 12th... Aaron Karppala  
August 18th.... Down Home  
August 20th... Ride to Franky Boholl's Farm  
August 22nd... Trip to Clayton  
August 28th... Resident Birthday Party

**Welcome to Allen's Alley**

Rest in Peace Gordie.