

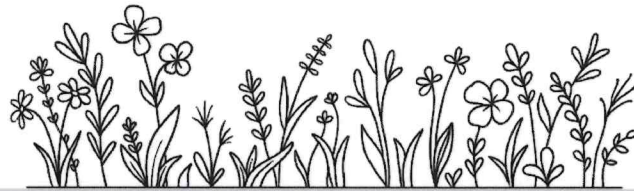
BROOKSIDSENIORLIVING.ORG

SEPTEMBER 22ND

2025

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

ROB HARPER

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Cassandra Post on September 23rd and Bella Harper on September 28th

Wayne and Carol Fuller on September 22nd



WEBSITE: WWW.BROOKSIDSENIORLIVING.COM

SCHEDULE

Week of September
22nd

2025

22ND

MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM...Bingo
7:00 PM... Dominoes

23RD

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Shopping at Nolt's
7:00 PM... Golf

24TH

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:30 AM.. Road Trip to Old Forge
1:00 PM... Pinochle
7:00 Pm... Euchre

25TH

THURSDAY

9:35 AM... Tops Shopping & Banking
10:30 AM ... Rosary
4:30 pm...Resident Supper
7:00 PM... Dominoes

26TH

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
10:30 AM...Trip to Historical Society
7:00 PM... Euchre
2:30 PM... Resident Birthday Party

27TH

SATURDAY

3:00 PM... Social Hour

28TH

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- September 22nd 2025

Cottage Cheese Or Applesauce can be substituted in place of any salad

The Alternative meal for this week is... Beef Vegetable Soup w/ a Roll.

Monday

Sloppy Joes
or
Ham w/ Baked Potato

Strawberry Fluff Salad

Summer Blend
Stewed Tomatoes

Apple Cake
or
Peaches

Tuesday

Chicken Parmesan over Angel
Hair Pasta
or
Kielbasa w/ Sauerkraut on a
Roll

Broccoli Salad

Green Beans
Corn

Ice Cream
or
Fresh Fruit

Wednesday

French Onion Soup w/ Ham
Sandwich
or
Baked Salmon w/ Roasted
Veggies

Applesauce Jell-O Salad

Wax Beans
Roasted Veggies

Orange Whip
or
Grapefruit

Thursday

Roast Beef w/ Mashed
Potatoes
or
Chicken Alfredo

Grape Salad

Broccoli
Mixed Vegetables

Chef's Choice Cookie Bar
or
Pineapple

Friday

Fish Tacos
or
Meat Lover's Pizza

Cucumber Salad

Home Fries
Buttered Beets

Cream Cheese Brownie
or
Fresh Fruit

Saturday

Meatball Subs w/
French Fries
or
Chicken Bacon Ranch
Casserole

Tossed Salad

Fresh Veggies w/ Ranch
Country Vegetables

Oreo Ice Cream Pie
or
Pears

Sunday

Turkey w/ Stuffing
or
Mandarin Orange
Pork Tenderloin

Cran-Ras Salad

Mashed Potatoes w/
Gravy
Glazed Carrots
Baked Apples

Pumpkin Pie
or
Mandarin Oranges



Brookside Events

Flu Clinic-On October 17th, Brookside is having a Flu Clinic in the activity room between 1:00pm.- 3:00 pm.

If you would like to receive your chatter in your email, rather than have a paper copy, please notify Karla. She will put you on the email list that is sent out every week. This will save paper, ink and money.

Up-Coming Events- Resident Supper is back!! - Our first one this year is on September 25th @ 4:30 pm. The menu is Cheesy Scalloped Potatoes w/ Ham.

Resident Reflections

Community Events

Thank you, Brookside, for the celebration of my 96th birthday! Check out my Facebook page to see all the pictures of the things that my kids did! They had balloons, and dinners. What a crazy bunch!
-Lorna Widrick Sirtoli