

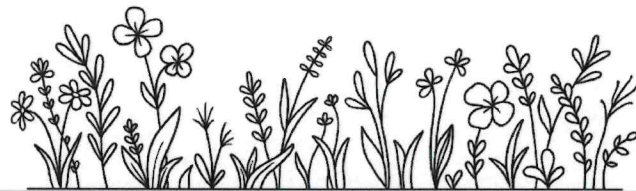
BROOKSIDSENIORLIVING.ORG

SEPTEMBER 29TH

2025

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

MERVIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Kay Laribee on October 2nd

Neil and Judy Keib on October 2nd



WEBSITE: WWW.BROOKSIDSENIORLIVING.COM

SCHEDULE

Week of September 29th 2025

29TH
MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM...Bingo
6:30 PM... Down Home

30TH
TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Shopping at Nolt's
7:00 PM... Golf

1ST
WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:30 AM.
1:00 PM... Pinochle
3:00 PM... Peggy Nuspliger and Chorus
7:00 Pm... Euchre

2ND
THURSDAY

9:35 AM... Tops Shopping & Banking
10:30 AM ... Rosary
7:00 PM... Dominoes

3RD
FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
7:00 PM... Euchre

4TH
SATURDAY

3:00 PM... Social Hour

5TH
SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- September 29th 2025

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is... Tuna Fish Sandwich w/ Lettuce and Tomato w/ a Bag of Chips.

Monday

Pulled Pork Mac'n'Cheese
or
Beef Stroganoff

Banana Fluff Salad

French Green Beans
Corn Casserole

Snickers Pie
or
Mangos

Tuesday

French Toast w/ Sausage
or
Scalloped Potatoes w/ Ham

Fruit Salad

Mixed Veggies
Buttered Beets

Carrot Cake
or
Apricots

Wednesday

Stuffed Shells w/ Meatballs
or
Turkey Divan

Raspberry Jell-O Salad

Stir Fry Veggies
Wax Beans

Glorius Dessert
or
Pineapple

Thursday

Bacon & Corn Chowder
w/ Red Lobster Biscuit
or
Buffalo Chicken Sliders

BLT Pasta Salad

Cauliflower
Sweet potato Fries

Apple Crisp
or
Pears

Friday

Chili w/ Cornbread
or
Oven Baked Fish w/ Fries

Coleslaw Salad

Country Blend
Spinach Puff

Chocolate Chip Blonde
Brownies
or
Peaches

Saturday

Chicken Gnocchi Soup
w/ Garlic Bread
or
Stuffed Acorn Squash
Casserole

Snickers Apple Salad

Roasted Zucchini
Carrots

Peanut Butter
Blossoms
or
Grapefruit

Sunday

Boneless Pork Chop
or
Broccoli & Beef
Pasta

Tossed Salad

Mashed Potatoes w/
Gravy
Mexican Corn
Peas

Chocolate Cake w/
Fudge Drizzle
or
Apple Slices



Brookside Events

Flu Clinic-On October 17th, Brookside is having a Flu Clinic in the activity room between 1:00pm.- 3:00 pm.

If you would like to receive your chatter in your email, rather than have a paper copy, please notify Karla. She will put you on the email list that is sent out every week. This will save paper, ink and money.

Up-Coming Events- Apple Fest is on October 11th from 11:00am -2:00pm. Brookside will have live music, a craft fair, games for children and free apple treats!

Warm Welcome-Brookside would like to give a warm welcome to Kay Laribee and Mary Lou Deminck.

The **Beauty Salon** is open on **Thursday** and **Friday**. Please call **Terry Stocking** at **315-523-5048** to book an appointment.

Resident Reflections

I have a suggestion. Please enjoy the beautiful flowers at Brookside before fall frosts take their toll on their beauty! Thank you to the staff, especially Mervin, for the magic touch this year! They are so colorful and healthy looking.

The Residents also appreciate the contribution of the other Residents that helped out. The Myers are great examples for the rest of us that may be less competent and more lazy.

-Ron Roggie

Community Events