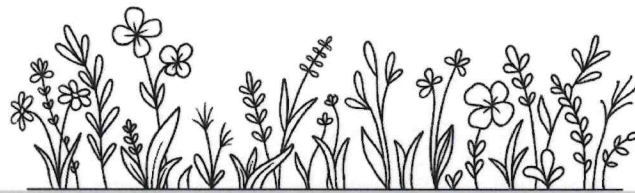


BROOKSIDSENIORLIVING.ORG

OCTOBER 6TH 2025

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

QUINTIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Eydie Lyndaker on October 7th, Jim Deavers and Marie Swartzentruber on October 10th and Rob Harper on October 12th



Ed and Mary Kubinski on October 6th

WEBSITE: WWW.BROOKSIDSENIORLIVING.COM

SCHEDULE

Week of October 6th

2025

6TH

MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM...Bingo

7TH

TUESDAY

8:30 AM... Resident Coffee Hour
9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Shopping at Nolt's
7:00 PM... Golf

8TH

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:30 AM.
1:00 PM... Pinochle
2:00 PM... Visit from the North Country Public Library System
7:00 PM... Euchre

9TH

THURSDAY

9:35 AM... Tops Shopping & Banking
10:30 AM ... Rosary
7:00 PM... Dominoes

10TH

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
7:00 PM... Euchre

11TH

SATURDAY

11:00 AM-2:00 PM... Apple Fest!!!!
3:00 PM... Social Hour

12TH

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- October 6th 2025

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is. Ham & Cheese Wrap w/ Lettuce & Tomato & Chips.

Monday

Roasted Chicken &
Vegetables
or
Tuna Noodle Casserole

Carrot Raisin Salad

Catalina Blend
Fresh Veggies w/ Ranch

Strawberry Tres Cake
or
Mandarin Oranges

Tuesday

Fish Sandwich w/ French Fries
or
Baked Ziti

Spinach Salad

Broccoli
Butternut Squash

Pumpkin Cookies
or
Grapefruit

Wednesday

Chipped Beef on Toast
or
Gravy Baked Pork Chops w/
Baked Potato

Mandarin Orange Salad
Mixed Veggies
Beets
Baked Potato w/ Sour Cream

Lemon Lush
Or
Fresh Fruit

Thursday

Orange Glazed Chicken
Or
Tomato Soup w/
Turkey & Cheese
Sandwich

Layered Salad

Buttered Noodles
Carrots

Chocolate Pudding
Or
Peaches

Friday

Shrimp Scampi Over
Angel Hair Pasta
or
Sausage Patty w/ Fried
Potatoes

Coleslaw

Cauliflower
Stewed Tomatoes

Peanut Butter Bar
or
Mixed Fruit

Saturday

Chicken Salad
Sandwich w/ Veggie
Soup
or
Ham Salad Sandwich w/
Veggie Soup

Marinated Tomatoes

Bag of Chips

Ice Cream Bar
or
Bananas

Sunday

Ham w/ Brown Sugar
Glaze
or
Meatloaf

Apple Spring Mix
Salad

Mashed Potatoes w/
Gravy
Corn
Calico Beans

Raspberry Pie
or
Pears



or
Peaches

Brookside Events

Flu Clinic-On October 17th, Brookside is having a Flu Clinic in the activity room between 1:00pm.- 3:00 pm. *If you are interested in getting the Flu shot, please sign up in the main office.*

If you would like to receive your chatter in your email, rather than have a paper copy, please notify Karla. She will put you on the email list that is sent out every week. This will save paper, ink and money.

Up-Coming Events- Apple Fest is on October 11th from 11:00am -2:00pm. Brookside will have live music, a craft fair, games for children and free apple treats!

Wii Bowling!!-If you are interested in Wii bowling, please come to a meeting on October 9th at 10:00 am in the activity room. The meeting will cover the topics of equipment use and team organization.

The **Beauty Salon** is open . Please call **Terry Stocking** at **315-523-5048** to book an appointment.

Special Brookside Events

Brookside is hosting a Defensive Driving Class! It will be held on October 13th and 14th @ 5:00pm- 8:00pm.

The cost is \$45.00 per person. Please sign up in the main office if you are interested, and no later than October 7th.

Resident Reflections