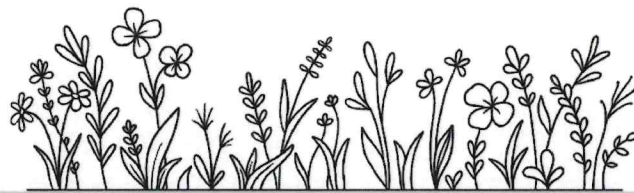


BROOKSIDSENIORLIVING.ORG

OCTOBER 13TH 2025

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

ROB HARPER

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



WEBSITE: WWW.BROOKSIDSENIORLIVING.COM

SCHEDULE

Week of October 13th

2025

13TH

MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM...Bingo

14TH

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Shopping at Nolt's
7:00 PM... Golf

15TH

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:30 AM... Trip to Saint Drogos
1:00 PM... Pinochle
2:30 PM... Resident Birthday Party
7:00 PM... Euchre

16TH

THURSDAY

9:35 AM... Tops Shopping & Banking
10:30 AM ... Rosary
7:00 PM... Dominoes

17TH

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
1:00PM - 3:00PM ... Flu Clinic (in the activity room)
7:00 PM... Euchre

18TH

SATURDAY

3:00 PM... Social Hour

19TH

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- October 13th 2025

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is. Ham Salad Sandwich w/ Chips & a Pickle .

Monday

Chicken 'n' Biscuits w/ Gravy
or

Kielbasa w/ Sauerkraut

Fresh Fruit Salad

Squash
Mixed Veggies

Peanut Butter Lasagna
or
Pears

Tuesday

Steak Alfredo over Pasta
or

Sweet & Sour Pork w/ Rice Pilaf

Apple Salad

Cheesy Cauliflower
Green Beans

Fruit Parfait
or
Peaches

Wednesday

Chicken, Bacon & Ranch Chef's
Salad
or

Crab Patties w/ Seasoned Diced
Potatoes

Marinated Tomatoes

Buttered Beets
Corn

White Chocolate Chip Cookies
Or
Pineapple

Thursday

Shake'n'Bake Pork
Chops w/ Baked Potato
Or

Loaded Chicken
Tornado Wrap

Pistachio Salad

Baked Beans
Peas

Pumpkin Lush
Or
Mixed Fruit

Friday

Salmon w/ Pineapple
Pico de Gallo
or

Caramelized Onion
Grilled Cheese Sandwich
w/ Tomato Soup

Coleslaw

Succotash
California Blend

Pina Colada Poke Cake
or
Fruit Cocktail

Saturday

Bacon, Brown Sugar &
Garlic Chicken
or

Homemade Tomato
Spaghetti w/ Meatballs

Broccoli & Cauliflower
Salad

Wax Beans
Carrots

Tiramisu
or
Mandarin Oranges

Sunday

Baked Ham w/ a
Pineapple Ring
or
Beef Tips over
Mashed Potatoes

Tossed Salad

Mashed Potatoes w/
Gravy
Harvard Beets
Buttered Spinach

Lemon Meringue Pie
or
Grapefruit



Flu Clinic-On October 17th, Brookside is having a Flu Clinic in the activity room between 1:00pm.- 3:00 pm. *If you are interested in getting the Flu shot, please sign up in the main office.*

Covered Dish Supper! The residents of Brookside are having a Potluck Style Dinner on Wednesday, October 22nd @ 4:30PM. Please Sign up and bring a dish! The sign-up sheet is near the office. Please include what you are bringing to the supper on the sign-up sheet, so other people have an idea of what else is needed. Bring whatever is easy for you. It does not have to be a hot dish. The Brookside kitchen is providing a baked ham.

Up-Coming Events- Sign up for our *Spooky* Resident Supper on Monday, October 27th. Our menu will feature a very *Spooky* hamburger casserole. The sign-up sheet is near the main office.

The **Beauty Salon** is open . Please call **Terry Stocking** at **315-523-5048** to book an appointment.

Special Brookside Events

For those who signed up,
Brookside is hosting a
Defensive Driving Class! It
will be held on October 13th
and 14th @ 5:00pm- 8:00pm.
The cost is \$45.00 per
person.

Composting News!

Our first batch of compost has been tilled into the gardens. Thank you, Quintin and Mervin.

Containers to collect vegetable and fruit scraps are available in the Resident Council cabinet near the train set in the activity room. Thank you, kitchen staff, for collecting these.

Thank you to everyone who has contributed to the composting in an effort to decrease the amount of garbage that goes into the land fill.

-Amy Deavers