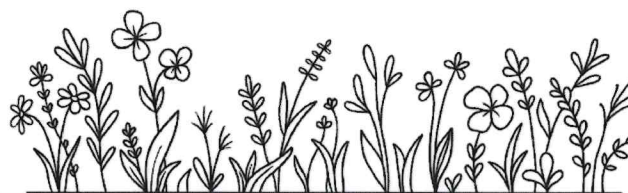


BROOKSIDSENIORLIVING.ORG

OCTOBER 27TH 2025

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

QUINTIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Carl Zehr on October 30th,
Nancy Schubach and Quintin
Roggie on October 31st



WEBSITE: WWW.BROOKSIDSENIORLIVING.COM

SCHEDULE

Week of October 27th

2025

27TH

MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM...Bingo
4:30 PM... Spooky Residents Supper!

28TH

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Shopping at Nolt's
7:00 PM... Golf

29TH

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
1:00 PM... Pinochle
7:00 Pm... Euchre

30TH

THURSDAY

9:35 AM... Tops Shopping & Banking
10:30 AM ... Rosary
7:00 PM... Dominoes

31ST

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
10:15 AM... Children from Hand in Hand Trick-or-Treat
7:00 PM... Euchre

1ST

SATURDAY

3:00 PM... Social Hour

2ND

SUNDAY

10:00 AM... George Larabee will conduct the Catholic Service
11:00 AM... Reverend Evan Zehr's Service in the activity room.
7:00 PM... Golf

Weekly Menu- October 27th 2025

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is. Tomato Soup w/ Peanut Butter and Jelly.

Monday

Creamy Herb Chicken & Rice
Bowl
or
Hot Roast Beef Sandwich

Mandarin Orange Salad
French Style Green Beans

Apple Cake
or
Peaches

Tuesday

Ham Boiled Dinner
or
Chef's Choice Salmon

Spring Mix Salad

Potatoes
Cabbage
Carrots

Strawberry Shortcake over Biscuits
Or
Grapefruit

Wednesday

Tuna Melt
or
BBQ Pulled Pork w/ Potato
Wedges

Broccoli Salad

Wax Beans
Brussel Sprouts

Pumpkin Ice Cream
or
Pears

Thursday

Bacon Wrapped turkey
Breast

Salisbury Steak w/
Buttered Noodles

Red, White & Blue
Salad

Beets
Corn

Orange Whip
or
Pineapple

Friday

Bison Burger w/
Caramelized Onions
or
Seafood Platter

Coleslaw

French Fries
Broccoli

Zombie Ice Cream
or
Mangos

Saturday

Holiday Ham w/ Sweet
Potatoes
or
Spinach Quiche

Pear Salad

Asparagus
Cauliflower

Fruit Parfait
or
Mandarin Oranges

Sunday

Maple Venison
or
Chicken Cordon Bleu

Tossed Salad

Mashed Potatoes w/
Gravy
Peas
Fresh Butternut Squash

Assorted Tarts
or
Pears



Brookside Events

Weekly Newsletter

Trick or Treat with Hand in Hand !!- On October 31st, (Halloween) @ 10:00 AM, the kids from Hand in Hand will Trick OR Treat around Brookside circle. Brookside will hand out orange ribbons. If you live in the circle and would like the children to come to your door for candy, please put an orange ribbon on the doorknob where it can be seen. This is a signal to Hand in Hand that you welcome the children. If you do not want Trick-or-Treaters, do not put the ribbon out. When they are done, they will come into the main Building, into the front lounge of Brookside, where the residents will be set up to hand out candy. Please buy candy if you choose to come out to see the children. If you can't make it to the store, ask Karla to pick some up.

Up-Coming Events- Sign up for our *Spooky* Resident Supper on Monday, October 27th. Our menu will feature a very *Spooky* hamburger casserole. The sign-up sheet is near the main office.

The **Beauty Salon** is open. Please call **Terry Stocking** at **315-523-5048** to book an appointment.

Special Brookside Events

Community Events

Lowville Lions Club is hosting a Wellness Matters Seminar on Tuesday, October 28th from 3:00PM-4:00PM. It will be held at Double Play Community Center. The presentation will highlight the importance of regular eye exams, especially for diabetics. A RetinaVue vision screener will be available during the presentation. If you are interested, contact Cheryl LaLonde at 315-771-3455.