

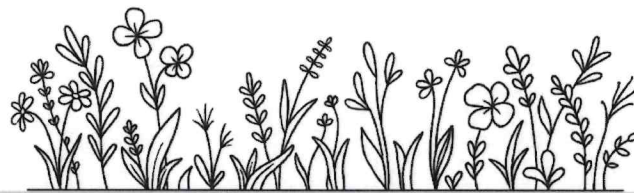
BROOKSIDSENIORLIVING.ORG

NOVEMBER 10TH

2025

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

ROB HARPER

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Duane Wicks on November 11th, Teddie Woodhouse on November 12th, Colette Cross on November 13th and James Rush on November 15th



WEBSITE: WWW.BROOKSIDSENIORLIVING.COM

Weekly Menu- November 17th 2025

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is. Ham & Cheese Sandwich w/ Chips.

Monday

Meatloaf w/ Mashed Potatoes
or
Kielbasa & Sauerkraut

Cucumber & Pomegranate Salad

Winter Blend
Squash

Chocolate Cake w/ PB Frosting
or
Pears

Tuesday

Navy Bean Soup w/ Egg Salad Sandwich
or
Cream of Mushroom Pork Chops

Macaroni Salad

Parsley Potatoes
Glazed Carrots
Zucchini

Blueberry Bars
Or
Peaches

Wednesday

Goulash
or
Chicken Alfredo Calzone

Creamy Cucumber Salad

Peas
Mixed Veggies

Pecan Pie Cheesecake Bars
or
Grapefruit

Thursday

Honey Glazed Pork Roast w/
Party Potatoes
Or
Tuna Noodle Casserole

Strawberry Fluff Salad

Beets
Corn

Pumpkin Lasagna
or
Fresh Fruit

Friday

Coconut Breaded
Shrimp
or
Venison w/ Onions &
Mushrooms

Coleslaw

French Fries
Lima Beans

Oatmeal Raisin Cookies
or
Mixed Fruit

Saturday

Winter Veggie & White
Bean Stew
or
Bacon Brown Sugar
Chicken tenders

Raspberry Jell-O Salad

Buttered Noodles
Corn

Chocolate Cake w/ Fudge
Drizzle
or
Pineapple

Sunday

Beef Tips on Mashed
Potatoes
or
Chicken Bacon Ranch
Tater tot Casserole

Tossed Salad

Mashed Potatoes w/
Gravy
Maple Roasted Carrots
& Parsnips

Key Lime Pie
or
Mandarin Oranges



SCHEDULE

Week of November 10th 2025

10TH

MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM...Bingo

11TH

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
1:30 PM... Resident Council Meeting
2:00 PM... Shopping at Nolt's
7:00 PM... Golf

12TH

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:15... Trip to Saint Drogo's
1:00 PM... Pinochle
7:00 Pm... Euchre

13TH

THURSDAY

9:35 AM... Tops Shopping & Banking
10:00 AM...Wii Bowling
10:30 AM ... Rosary
1:30 PM... Covid Clinic (For those who have already signed up)
7:00 PM... Dominoes

14TH

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
7:00 PM... Euchre

15TH

SATURDAY

3:00 PM... Social Hour

16TH

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Healthy Habits Club- Is anyone concerned about the long winter and the negative effects of a sedentary lifestyle? Jenn Samson, our Executive Director, is forming a group for anyone at Brookside interested in focusing on creating good habits for a healthy lifestyle. Please come out and join us for our first meeting on November 19th @ 2:30 PM.

Warm Welcome- Brookside would like to give a warm welcome to our newest resident in the congregate building, Jeannette Campany.

The **Beauty Salon** is open. Please call **Terry Stocking** at **315-523-5048** to book an appointment.

Covid Clinic- *On November 13th, at 1:30 PM, Brookside is hosting a Covid Clinic in the activity room. This is only for people that signed up prior to the clinic.*

Brookside Events

During the winter months, Wii Bowling will meet in the activity room every Thursday @ 10:00 AM. Everyone is welcome to join in!

Note From Liz Allen

The Lowville Food Pantry has begun their annual Christmas Sharing Project. It is a way for everyone to share a little and have some fun! You can buy tickets from Liz Allen for the amount of \$5.00 per ticket. When you purchase a ticket, every day, you have a chance to win a prize!! Every day a ticket will be drawn for the raffle of the day. Liz has the calendar of potential prizes for each day! There is also a copy of the prize calendar on the free table in the activity room. Liz will be at the November Resident Council meeting if you are interested in the raffle ticket fund raiser! If you miss her at the meeting, you can call her @ 315-376-2420.