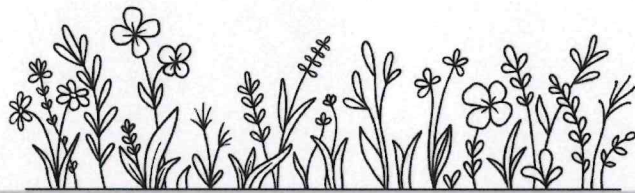


BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

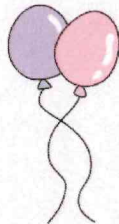
Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

MERVIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Weekly Menu- December 22nd 2025

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is: Beef Veggie Soup w/ Roll.

Monday

Beef Stew
OR
Garlic Parmesan Chicken
Tender

Broccoli/Cauliflower Salad

Buttered Noodles
Sweet Potato Root Veggie Mix

Lemon Bars
OR
Pineapple

Tuesday

French Toast w/ Sausage
OR
Baked Ziti

Mandarin Orange Fluff

Fried Apples
Broccoli

Chocolate Lush
OR
Peaches

Wednesday

Baked Ham w/ Pineapple Sauce
& Baked Potato
OR
Chicken & Rice Soup w/ Egg
Salad Sandwich

Tossed Salad

Corn
Beets

Pumpkin Cookies
OR
Fresh Fruit

Thursday

Surf & Turf
(Lobster Tail w/ Steak
Medallions)

Merry Christmas

Creamy Cucumber Salad

Root Veggie Blend
Mashed Potatoes

Creme Broulee
Cheesecake
Or
Mixed Fruit

Friday

Lemon Herb Shrimp &
Veggie Skillet
OR
Chef's Choice Venison

Coleslaw

Spinach
Mexican Corn

Gingerbread
Or
Fresh Fruit

Saturday

Chicken Bacon Calzone
OR
Bison Burger w/ Bacon,
Lettuce & Tomato

Apple Salad

Wax Beans
Stewed Tomatoes

Yule Log
OR
Pears

Sunday

Garlic Butter Steak Bites
w/ Parmesan Cream
Sauce
OR
Roasted Pork Loin

Tossed Salad

Mashed Potatoes w/
Gravy
Peas & Pearl Onions
Curried Cauliflower

White Cake w/ PB
Frosting
OR
Mandarin Oranges



Brookside Events

Weekly Newsletter

New Year's Eve Party-Brookside will be celebrating New Year's Eve on December 31st @ 5:00PM, in the activity room. Please sign up on the bulletin board near the office, so we know how much food to put out for the event. We will have kids from the high school band playing music, hors d'oeuvres and fake champagne. Come out and celebrate with your community!

Resident Coffee Hour-On Tuesday, **January 6th at 8:30 AM**, the menu for the Resident Coffee Hour is Bacon, Spinach and Tomato Breakfast Pizza. The sign-up sheet is on the bulletin board near the main office.

The Beauty Salon is open. Please call Terry Stocking at 315-523-5048 to book a hair appointment. To Schedule a pedicure with Michelle Beyer, call 315-777-1489.

Save the Date- On January 23rd @ 2:00 PM, Brookside is hosting a Memoir Workshop in the activity room. Come share your personal story and create a mini memoir.

Community Event

The First Presbyterian Church in Lowville will have a Candlelight Service on Christmas Eve. It will be on December 24th @ 9:00 PM.

SCHEDULE

Week of December 22ND 2025

22ND
MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM...Bingo
6:30 PM... Down Home

23RD
TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Shopping at Nolt's
6:00 PM...Patty & Dave musical act!
7:00 PM... Golf

24TH
WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM...Exercise Class(Easy Does It)
2:30 PM... Resident Birthday Party
7:00 pm... Euchre

25TH
THURSDAY

Merry Christmas
Office Closed

26TH
FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
7:00 PM... Euchre

27TH
SATURDAY

3:00 PM... Social Hour

28TH
SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf