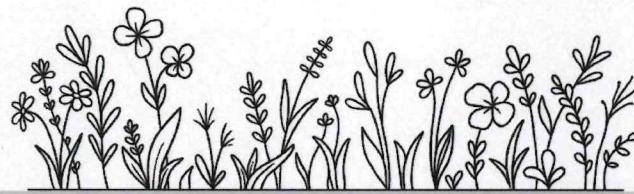


BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

ROB HARPER

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Mary Jo Peters on February 16th,
Sharon Shue on February 18th, Liz Allen on February 19th



SCHEDULE

Week of February 16th

16TH

MONDAY

9:00 AM...Exercise w/ Stro...
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM... Bingo
3:15 PM... Wii Bowling
7:00 PM... Dominoes

17TH

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Shopping at Nolt's
7:00 PM... Golf

18TH

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
7:00 PM... Euchre (In 200 Wing Lounge)
7:30 PM... Crystal Light Chorus

19TH

THURSDAY

9:35 AM... Tops Shopping & Banking
10:30 AM ... Rosary
2:30 PM... Resident Birthday Party
7:00 PM... Dominoes

20TH

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
2:00 PM... Aaron Karppala
3:30 PM... Memoir Club
7:00 PM... Euchre

21ST

SATURDAY

3:00 PM... Social Hour
3:00 PM... Earl Wayne (Musician)

22ND

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- February 16th, 2026

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is. Chicken Salad Sandwich w/ Chips.

Monday

Pork Loin
OR
Crab Cake

Applesauce Salad

Loaded Baked Potato
Broccoli
Corn

Chocolate Peanut Butter Cake
OR
Tropical Fruit

Tuesday

Roast Beef and Cheddar Sliders
w/ Potato Salad

OR
Sweet & Sour Chicken over Rice

Cottage Cheese w/ Peaches

Peas
Wax Beans

Blueberry Crisp
OR
Grapes

Wednesday

Turkey and Cheese Sub w/
Chips
OR

Sausage Cheese Calzone

Strawberry Fluff Salad

Mixed Veggies
Beets

Magic Cheesecake Bars
OR
Pineapple

Thursday

Mushroom Swiss
Chicken
OR
Ham w/ Pineapple
Rings

BLT Pasta Salad

Buttered Noodles
Baked Beans
Peas

Maine Wild Blackberry
Ice Cream
OR
Citrus Fruit

Friday

Jerked Burger
OR
Lemon Pepper Haddock

Coleslaw

Macaroni Salad
Squash
Catalina Blend Veggies

Peach Tres Leches Cake
OR
Mixed Fruit

Saturday

Beef Stroganoff
OR
Pork Chops

Pear Salad

Cauliflower
Baked Potato w/ SC

Chocolate Chip Cookie
OR
Pears

Sunday

Turkey Pot Pie
OR
Salmon w/ Dill Butter

Tossed Salad

Green Beans
Carrots

Lemon Meringue Pie
OR
Apricots



Brookside Events

New Music Act- A musician named Earl Wayne will be here to perform for the first time on Saturday, February 21st @ 3:00 PM. Come on out and see what you think!

Brookside Community Project- The seasonal community project for the Brookside community is the **Lewis County Warming Center**. There is a box in the activity room near the activity desk. They are hoping people will **donate warm things**. If you are getting rid of blankets, coats, hats, mittens, scarves, boxes of hot cocoa, tea, soup and shower items. Anything in good condition is accepted.

Terri Stocking Goes on Vacation! - The hair salon will be closed From March 2nd - March 7th. Please book your appointments accordingly.

The **Beauty Salon** is open. Please call **Terri Stocking** at **315-523-5048** to book an appointment. To schedule a pedicure with Michelle Beyer, call **315-777-1489**.

Lost Books and Articles- It has come to our attention that there are some missing books and articles that belong in the Brookside Library. Belfort of Yesteryears by, Patricia Bush Call, Constableville and Beyond, by Ann McConnell and The Centennial History of the Village of Lowville. If you have them, please return them to the library.

Community Events

On Thursday, February 19th starting at 4:00 PM, The Croghan Mennonite Church on Kirschnerville Rd, will have a **Drive-Thru Stone Soup Dinner**. The menu will feature Ravioli w/ Meatballs & Italian Sausage, Tossed Salad, Bread and Strawberry Dessert.

On Sunday February 22nd from 7:00 AM- 11:00 AM, The International Maple Museum will host a **Pancake Breakfast** to kick off the beginning of Maple Season. They will have Buckwheat Pancakes, Sausage, Applesauce, Maple Coffee and Orange Juice. \$12 for adults and \$7 for children (5-12 yrs. old)