

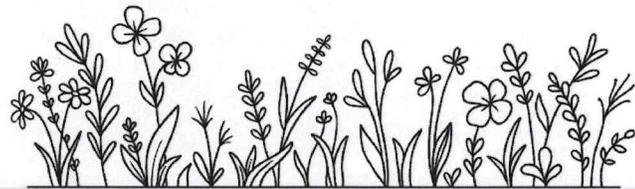
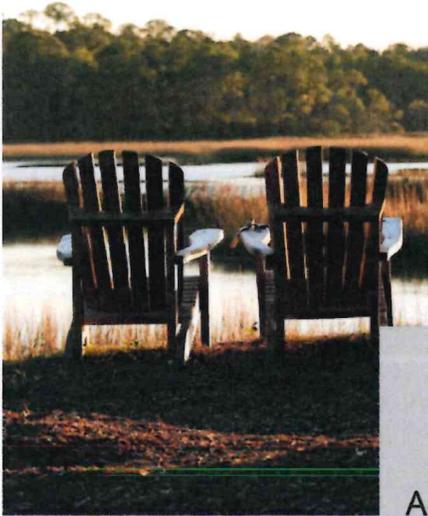
BROOKSIDSENIORLIVING.ORG

FEBRUARY 23RD

2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

MERVIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Richard Hartness on February 26th, Mary Kubinski and Ruby Martin on February 27th.



SCHEDULE

Week of February 23rd

23RD

MONDAY

9:00 AM... Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM... Bingo
3:15 PM... Wii Bowling
6:00 PM... Myers Family Band *(Dominoes Moved to Front Room)*

24TH

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Shopping at Nolt's
7:00 PM... Golf

25TH

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:15 AM... Saint Drogo's Coffee House
7:00 PM... Euchre (In 200 Wing Lounge)

26TH

THURSDAY

9:35 AM... Tops Shopping & Banking
10:30 AM ... Rosary
7:00 PM... Dominoes

27TH

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
2:00 PM... Memoir Club
7:00 PM... Euchre

28ST

SATURDAY

3:00 PM... Social Hour

1ST

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- February 23rd, 2026

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is. Meatball Wrap w/ Chips.

Monday

Garlic Parmesan Crispy
Chicken
OR
Maple Steak Medallions w/
Onions and Peppers

Mandarin Tossed Salad

Sweet Potato
Beets
Spinach

Personal Turtle Cheesecakes
OR
Fresh Fruit

Tuesday

Pancakes w/ Bacon
OR
Tomato Soup w/ Egg Salad
Sandwich

Strawberry Spinach Salad

Corn
Wax Beans

Cream Puff
OR
Mangos

Wednesday

Taco Salad w/ Salsa & Sour
Cream
OR
Venison w/Garlic Butter Noodles

Pasta Salad

Mixed Veggies
Broccoli

Peanut Butter Brownies
OR
Fresh Fruit

Thursday

Sausage Gravy over
Biscuits
OR
Roast Beef w/
Horseradish Sauce

Cucumber Ranch Salad

Mashed Potatoes w/
Gravy
Stewed Tomatoes
Brussel Sprouts

Chocolate Tarts
OR
Pineapple

Friday

Lemon Garlic Salmon
OR
Chicken Sandwich on a
Croissant Bun

Coleslaw

Seasoned Fries
Squash
Cheesy Cauliflower

Molasses Cookie
OR
Fresh Fruit

Saturday

Philly Cheesesteak
Tortellini Pasta
OR
Honey Roasted Pork
Loin w/ Rice Pilaf

Pistachio Salad

Peas
Harvard Beets

Banana Split Cake
OR
Grapefruit

Sunday

Meatloaf
OR
Stuffed Sole

Tossed Salad

Mashed Potatoes w/
Gravy
Green Beans
Corn Casserole

Mixed Berry Pie
OR
Mandarin Oranges



Warm Retirement Wishes to Janine! - After serving 7 years committed to Brookside Senior Living, Janine Grunert has retired from her position as Administrative Assistant. We will miss her presence, and we are thankful for her dedication. If you have a card for Janine, bring it to the office and we will send them out to her home address.

Resident Coffee Hour March Menu- The sign-up sheet is up for the Resident Coffee Hour on March 3rd @ 8:30 AM. We will feature Cinnamon French Toast Casserole!

Alzheimer's Association Presentation Rescheduled! Brookside had a presentation scheduled last month and it was cancelled when the speaker got a flat tire on the way to Lowville! It will be on March 19th @ 2:00PM. Light refreshments will be served.

Brookside Community Project- The seasonal community project for the Brookside community is the **Lewis County Warming Center**. There is a box in the activity room near the activity desk. They are hoping people will **donate warm things**. Are you getting rid of blankets, coats, hats, mittens & scarves and socks? The donation box is a perfect place to bring them! Boxes of hot cocoa, tea, soup and shower items are also helpful. Anything in good condition is accepted.

Terri Stocking Goes on Vacation! - The hair salon will be closed From March 2nd - March 7th. Please book your appointments accordingly.

The **Beauty Salon** is open. Please call **Terri Stocking** at **315-523-5048** to book an appointment. To schedule a pedicure with Michelle Beyer, call **315-777-1489**.

Lost Books and Articles- It has come to our attention that there are some missing books and articles that belong in the Brookside Library. Belfort of Yesteryears by Patricia Bush Call, Constableville and Beyond, by Ann McConnell and The Centennial History of the Village of Lowville. If you have them, please return them to the library.