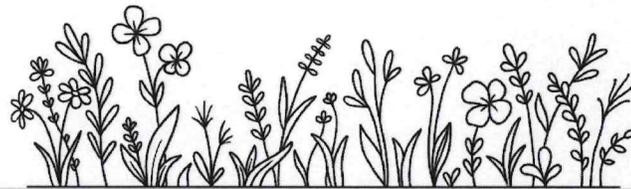
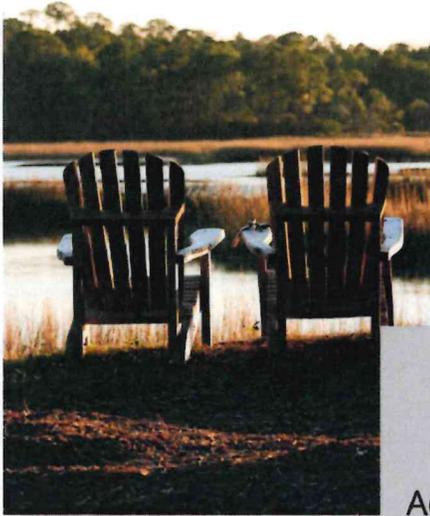


BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

QUINTIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Rachael Widrick on March 1st,
Linda Murdock and Johanna Villanti on March 3rd, George Laribee and Betty Yousey on March 5th and Millie Laurence on March 8th



SCHEDULE

Week of March 2nd

2ND

MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM... Bingo
3:15 PM... Wii Bowling
7:00 PM... Dominoes

3RD

TUESDAY

8:30 AM... Resident Coffee Hour
9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Shopping at Nolt's
5:00 PM... Lowville Academy Senior Play Dress Rehearsal
7:00 PM... Golf

4TH

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
3:00 PM... Peg Nuspliger and Chorus
6:30... The Honey O's Music Group
7:00 PM... Euchre (In 200 Wing Lounge)

5TH

THURSDAY

9:35 AM... Tops Shopping & Banking
10:30 AM ... Rosary
7:00 PM... Dominoes

6TH

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
7:00 PM... Euchre

7TH

SATURDAY

3:00 PM... Social Hour

8TH

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- MARCH 2nd, 2026

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is. Ham & Cheese Pretzel Roll Slider w/ Chips & a Pickle.

Monday

Parmesan & Herb Chicken Breast
OR
Steak w/ Onions & Mushrooms

Mixed Veggie Salad

Sour Cream & Chive Mashed Potatoes
Roasted Root Veggies

Danish
OR
Peaches

Tuesday

Pepperoni Pizza
OR
Ham & Cheese Egg Bake

Tossed Salad

Fried Potatoes
Glazed Carrots
Broccoli

Chocolate Lush
OR
Pineapple

Wednesday

Shake 'n' Bake Pork Chops
OR
Elk Burger w/ Caramelized Onions

Marinated Tomatoes

Buttered Noodles
Green Beans
Corn

Strawberry Topped Brownies
OR
Mixed Fruit

Thursday

Chicken Quesadilla
OR
Veggie Soup w/ Tuna Salad Sandwich

Raspberry Fluff Salad

French Fries w/ Nacho Cheese
Fresh Veggies w/ Ranch

Snickerdoodle Cookies
OR
Fresh Fruit

Friday

Chef's Choice Salmon
OR
Bierocks w/ Sour Cream & Salsa

Coleslaw

Rice Pilaf
Spinach Puff
Squash

Raspberry Cake
OR
Pears

Saturday

Southern Country Fried Shrimp
OR
Roasted Pork Loin

Three Bean Salad

Mexican Corn
Stewed Tomatoes
Sweet Potato

Chocolate Pudding
OR
Apricots

Sunday

Meatloaf
OR
Stuffed Sole

Tossed Salad

Mashed Potatoes w/ Gravy
Pan Seared Egg Plant
French Style Green Beans

Chef's Choice Pie
OR
Bananas



The Lowville Academy Senior Play!! On March 3rd @ 5:30 PM, Brookside is invited to attend the Senior Play Dress Rehearsal!! The name of the musical this year is, Annie. A bus will shuttle people to the concert and back home. It will leave at 5:10 PM. There is a sign-up sheet on the bulletin board near the main office.

Resident Coffee Hour March Menu- The sign-up sheet is up for the Resident Coffee Hour on March 3rd @ 8:30 AM. We will feature Cinnamon French Toast Casserole!

Alzheimer's Association Presentation Rescheduled! Brookside had a presentation scheduled last month and it was cancelled when the speaker got a flat tire on the way to Lowville! It will be on March 19th @ 2:00PM. Light refreshments will be served.

Brookside Fish Fry Fund Raiser! Brookside is having a Pre-Order Fish Fry Dinner! It will be held on Friday, March 20th from 11:00AM- 2:00PM. The dinner will include Fried Haddock, Macaroni Salad, Coleslaw, Hush Puppies and a Chocolate Chip Cookie. It is open to the public and will only cost \$10.00. Please call and pre-order your dinner and choose your pick-up time. All proceeds will go to the Employee Hardship Fund.

Brookside Community Project- The seasonal community project for the Brookside community is the **Lewis County Warming Center**. There is a box in the activity room near the activity desk. They are hoping people will **donate warm things**. Are you getting rid of blankets, coats, hats, mittens & scarves and socks? The donation box is a perfect place to bring them! Boxes of hot cocoa, tea, soup and shower items are also helpful. Anything in good condition is accepted.

Terri Stocking Goes on Vacation! - The hair salon will be closed From March 2nd - March 7th. Please book your appointments accordingly.

The **Beauty Salon** is open. Please call **Terri Stocking** at **315-523-5048** to book an appointment. To schedule a pedicure with Michelle Beyer, call **315-777- 1489**.

Lost Books and Articles- It has come to our attention that there are some missing books and articles that belong in the Brookside Library. Constableville and Beyond, by Ann McConnell and The Centennial History of the Village of Lowville. If you have them, please return them to the library.