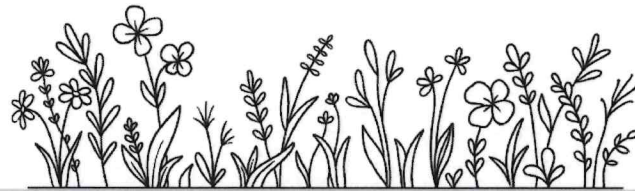


BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

ROB HARPER

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Sharlene Lehman on
April 4th
Richard and Carol
Hartness on April 2nd



SCHEDULE

Week of March 30TH

30TH

MONDAY

9:00 AM...Exercise w/ Stronger Seniors
 10:00 AM... Exercise Class (Strength Training)
 10:00 AM... Tops Grocery Shopping and Banking
 2:00 PM... Bingo
 3:15 PM... Wii Bowling
 7:00 PM... Dominoes

31ST

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
 9:35 AM... Walmart Shopping
 2:00 PM... Resident Birthday Party
 3:30 PM... Trip to Nolt's
 6:00 PM... Myers Family Band
 7:00 PM... Golf

1ST

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
 10:00 AM... Exercise Class (Easy Does It)
 3:00 PM... Peg Nuspliger and Chorus
 7:00 PM... Euchre

2ND

THURSDAY

9:35 AM... Tops Shopping & Banking
 10:30 AM ... Rosary
 6:30 PM... Ride to Living Last Supper @ Presbyterian Church
 7:00 PM... Dominoes

3RD

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
 10:00 AM... Exercise Class (Stronger Seniors- Stretching)
 2:00 PM... Memoir Club Meeting (Long Table in the Front Lounge)
 7:00 PM... Euchre

4TH

SATURDAY

3:00 PM... Social Hour

5TH

SUNDAY

Happy Easter!!
 11:00 AM... Reverend Evan Zehr's Service in the activity room.
 2:00 PM... Tom Yousey will conduct the Catholic Service
 7:00 PM... Golf

Weekly Menu- March 30th , 2026

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is. Ham Salad Sandwich w/ Chips

Monday

Korean Beef Strips over
Rice
OR
Chicken Tenders w/ Fries

Pistachio Salad

Corn Ribs
Broccoli

Almond Toasted Cream
Cake
OR
Mixed Berries

Tuesday

Grilled Ham
OR
Chicken & Dumpling Soup w/ a
Roll

Three Bean Salad

Party Potatoes
Peas
Wax Beans

White Chocolate Chip Cookies
OR
Mandarin Oranges

Wednesday

Beef Tips Over Noodles
OR
Pork Loin w/ Baked Potato

Broccoli Salad

Cauliflower
Catalina Blend

Apple Crisp
OR
Grapefruit

Thursday

Honey Glazed Chicken
over Mac'n'Cheese
OR
Steak Medallions w/
Butter Garlic Shrimp

Mixed Veggie Salad

Fried Cabbage
Stewed Tomatoes

Walnut Brownie
OR
Pineapple

Friday

Corned Beef Hash w/ a
Garlic Herb Muffin
OR
Seafood Platter

Coleslaw

Brussel Sprouts
Mixed Veggies

Chef's Choice Ice Cream
OR
Mangos

Saturday

Turkey & Rice Soup w/ a
Roll
OR
Bacon Spinach Egg
Bake

Cucumber Salad

Fried Potatoes
Carrots

Chocolate Tarts
OR
Pears

Sunday

Roast Beef
OR
Easter Ham

Tossed Salad

Mashed Potatoes w/
Gravy

Corn
Green Bean Casserole

Carrot Cake
OR
Peaches



Brookside Events

Weekly Newsletter

Resident Coffee Hour- The April Resident Coffee Hour will be on **April 7th @ 8:30 AM**. The breakfast menu will be Amish Breakfast Casserole.

Friends of God Back Together! - On **Tuesday, April 7th, @ 2:00 PM**, Friends of God will come to Brookside again and play music in the activity room. Come check out one of our favorite music groups!

The **Beauty Salon** is open. Please call **Terri Stocking** at **315-523-5048** to book an appointment. To schedule a pedicure with Michelle Beyer, call **315-777- 1489**.

Living Last Supper- Brookside will have a shuttle to The Living Last Supper event at the Presbyterian church on **Thursday, April 2nd at 6:30 PM**. It is a contemplative drama worship service that offers insights into the relationship between Jesus and his disciples as they consider their role in the life of the lord. A sign-up sheet will be posted.

Community Events

St. Mary's Youth Group Dinner- Saint Mary's at 5911 James Street. in Constableville, is having a fund-raiser dinner on **Sunday, March 29th**, from **11:00AM- 3:00PM**. The menu is Corn Beef and Cabbage Dinner or Ham and Potato Dinner. Dine in or take out. The price is **\$15.00 per adult** dinner. A kid's meal is \$7.50. All proceeds will fund youth activities.

Greener Living Presentation- On **Wednesday, April 8th @ Double Play** Community Center, from **7:00pm- 8:00PM**, The Lowville Lions Club will have a presentation about sustainable living in the North Country. A Recycling Coordinator and Materials Management Director will be the guest speakers.