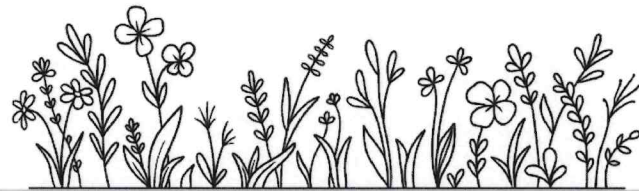
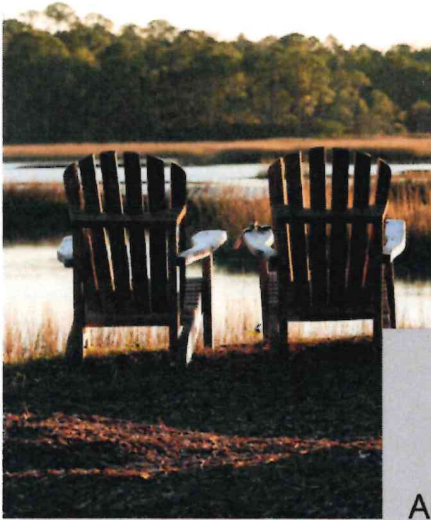


BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

MERVIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Ron Roggie on April 8th,
Raymon Myers on April
11th and Mervin Roggie
on April 12th



SCHEDULE

Week of April 6TH

6TH

MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Tops Grocery Shopping and Banking
2:00 PM... Bingo
3:15 PM... Wii Bowling
7:00 PM... Dominoes

7TH

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
8:30 AM... Resident Coffee Hour
9:35 AM... Walmart Shopping
2:00 PM... Friends of God
3:30 PM... Trip to Nolt's
7:00 PM... Golf

8TH

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:15 AM... Trip to Tractor Supply
7:00 PM... Euchre

9TH

THURSDAY

9:35 AM... Tops Shopping & Banking
10:30 AM ... Rosary
7:00 PM... Dominoes

10TH

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
7:00 PM... Euchre

11TH

SATURDAY

3:00 PM... Social Hour

12TH

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- April 6th , 2026

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is. Chicken Salad Wrap w/ Chips

Monday

Cowboy Butter & Lemon
Bowtie Chicken
OR
Roasted Pork Loin w/ Rice
Pilaf

Mixed Veggie Salad

Summer Blend Veggies
Beets

Peanut Butter Lush
OR
Peaches

Tuesday

Tuna Noodle Casserole
OR
Jerked Burger on a Croissant
Bun

Fruit Salad

Macaroni Salad
Baked Beans

Blondie Brownies
OR
Pineapple

Wednesday

Cubed Steak w/ Mushroom
Gravy
OR
Chicken Gnocchi Soup w/ Garlic
Sticks

Tomato & Broccoli Salad w/
Italian Dressing

Party Potatoes
Mandarin Blend Veggies

Rice Pudding
OR
Mandarin Oranges

Thursday

Breakfast Casserole w/
Fried Potatoes
OR
Turkey Cold Plate

Cucumber Salad

Green Beans
Mixed Veggies

Chocolate Cake w/
Raspberry Topping
OR
Pears

Friday

Lemon Pepper Haddock
OR
Schnitzel(Pork)

Coleslaw

Loaded Baked Potatoes
Carrots
Wax Beans

Chef's Choice Ice Cream
OR
Grapefruit

Saturday

Pancakes w/ Sausage
OR
Baked Ziti

Cottage Cheese w/
Peaches

Baked Apples
Broccoli

Lemon Glazed Cake
OR
Fruit Cocktail

Sunday

Seafood Alfredo
OR
Oven Baked Chicken

Tossed Salad

Mashed Potatoes w/
Gravy

Corn
Peas

Cherry Cream Pie
OR
Mangos



Brookside Events

Weekly Newsletter

Resident Coffee Hour- The April Resident Coffee Hour will be on **April 7th @ 8:30 AM**. The breakfast menu will be Amish Breakfast Casserole.

Friends of God Back Together! - On **Tuesday, April 7th, @ 2:00 PM**, Friends of God will come to Brookside again and play music in the activity room. Come check out one of our favorite music groups!

Tractor Supply- Some people expressed interest in going to Tractor Supply for springtime supplies. Bird seed, soil, or garden seeds etc....The baby chicks and ducks are on display too. I will plan a trip on **April 8th at 10:15am**. A sign-up sheet is on the bulletin board next to the main office.

Reminisce- On **April 17th @ 2:00pm**, Brookside will have a get-together to reminisce about "**Life on the Flats.**", Flooded property and frozen winters kept life pretty interesting. This activity is open to the public. Anyone with pictures and stories that center around our community near the river can join in or just come to hear the stories. **We will serve light refreshments.**

The **Beauty Salon** is open. Please call **Terri Stocking** at **315-523-5048** to book an appointment. To schedule a pedicure with **Michelle Beyer**, call **315-777- 1489**.

Community Events

Greener Living Presentation- On **Wednesday, April 8th @ Double Play** Community Center, from **7:00pm- 8:00PM**, The Lowville Lions Club will have a presentation about sustainable living in the North Country. A Recycling Coordinator and Materials Management Director will be the guest speakers.

Living Well with Chronic Diseases- The Office of the Aging is hosting a FREE six-week workshop. The dates will be from **June 3rd- July 8th, every Wednesday**, from **9:30 am-12:00pm**. All classes will be held on Wednesdays. Each class you attend, you will receive a North Country Fruit & Vegetable Program Voucher for \$25.00. You will learn how to work with your doctor, manage symptoms, solve problems, set & achieve goals, gain communication skills and learn relaxation techniques. Snacks will be provided at the class. **Sign up soon because seating is limited.** If interested, call (315)- 376-5313 to register.