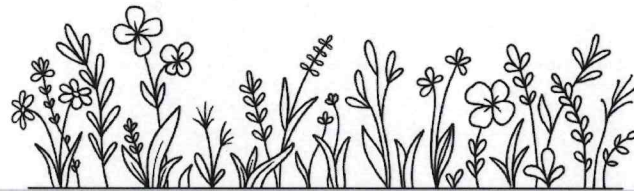


# BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

## Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

## ON CALL THIS WEEK

### QUINTIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

## Birthdays and Anniversaries



Shirley Davis and Joe Perry on April 17<sup>th</sup>, Paige Feisthamel on April 18<sup>th</sup> and John Nortz on April 19<sup>th</sup>



# SCHEDULE

Week of April 13TH

**13TH**

MONDAY

9:00 AM...Exercise w/ Stronger Seniors  
 10:00 AM... Exercise Class ( Strength Training)  
 10:00 AM... Tops Grocery Shopping and Banking  
 2:00 PM... Bingo  
 3:15 PM... Wii Bowling  
 7:00 PM... Dominoes

**14TH**

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)  
 9:35 AM... Walmart Shopping  
 1:30 PM... Resident Coucil Meeting  
 3:00 PM... Trip to Nolt's  
 7:00 PM... Golf

**15TH**

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)  
 10:00 AM... Exercise Class (Easy Does It)  
 10:15 AM... Trip to Saint Drogo's  
 7:00 PM... Euchre

**16TH**

THURSDAY

9:35 AM... Tops Shopping & Banking  
 10:30 AM ... Rosary  
 4:30 PM... Spring Fling Covered Dish Supper ( Pot Luck)  
 7:00 PM... Dominoes

**17TH**

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)  
 10:00 AM... Exercise Class (Stronger Seniors- Stretching)  
 2:00 PM... Reminisce ( "Life on the Flats") Get-together  
 7:00 PM... Euchre

**18TH**

SATURDAY

3:00 PM... Social Hour

**19TH**

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.  
 2:00 PM... Tom Yousey will conduct the Catholic Service  
 7:00 PM... Golf

# Weekly Menu- April 13th , 2026

Cottage Cheese or applesauce can be substituted in place for any salad.

The Alternative meal for this week is Tuna Fish Sandwich w/ Chips..

## Monday

Beef Nacho Wrap w/ Fries

OR

Tuna Melt

Garden Salad w/ Italian Dressing

French Fries  
Glazed Carrots  
Corn

Mini Custard Puff Pastry

OR

Pears

## Tuesday

Goulash

OR

Breakfast Sliders w/ Hash Browns

Apple Salad

Squash  
Green Beans

Ice Cream Sundae

OR

Mandarin Oranges

## Wednesday

Chicken Cordon Bleu

OR

Lemon Pepper Fish

Pistachio Salad

Sauted Zucchini  
Beets  
Parsley Potatoes

Croussant Beignet

OR

Apricots

## Thursday

BBQ Hot Dogs

OR

Cold Plate( Ham)

Macaroni Salad

Mixed Veggies  
Baked Beans

Vanilla Pudding w/

Biscoff Topping

OR

Citrus Fruit

## Friday

Clam Chowder w/ Red Lobster Biscuit

OR

Jerked Burger w/ LTO

Coleslaw

Curly Fries  
Wax Beans  
Broccoli

Chocolate Chip Cookies

OR

Fresh Fruit

## Saturday

Shake'n'Bake Pork Chops

OR

Egg Salad Sandwich w/ Tomato Soup

Baked Potato w/ SC Peas  
Brussel Sprouts

White Chip Bundt Cake

OR

Pineapple

## Sunday

Venison Loin

OR

Ham Loaf

Tossed Salad

Mashed Potatoes w/ Gravy  
Buttered Spinach  
Cauliflower

Kentucky Derby Pie

OR

Fruit Cocktail



## Brookside Events

Weekly Newsletter

The **Beauty Salon** is open. Please call **Terri Stocking** at **315-523-5048** to book an appointment. To schedule a pedicure with **Michelle Beyer**, call **315-777- 1489**.

**St. Drogo's-** On **April 15<sup>th</sup> @ 10:15 am**, Brookside will drive to Saint Drogo's Coffee Shop. Come on out and get a fresh pastry or bring home some fresh baked bread or freshly ground coffee. The Sign-up sheet is on the bulletin board next to the main office.

**Potluck-** On **Thursday, April 16<sup>th</sup>, at 4:30 pm**, the Brookside Residents are hosting their own "**Potluck**" style **Covered Dish Supper**. Everyone can bring a dish. Bring your own silverware and serving spoons. The kitchen staff will be gone for the day. Brookside will provide a ham for the dinner. The sign-up sheet will be on the bulletin board near the main office. Please write down your name and what you intend to bring.

**Reminisce-** On **April 17<sup>th</sup> @ 2:00pm**, Brookside will have a get-together to reminisce about "**Life on the Flats.**", Flooded property and frozen winters kept life pretty interesting. We will gather in the activity room. It is open to the public. Anyone with pictures and stories that center around our community near the Black River can join in or just come out to hear the stories. **We will serve light refreshments.**

**Resident Supper-** The Resident Supper for April will be on **Friday, April 24<sup>th</sup> @ 4:30 PM**. The main entree' will be Million Dollar Chicken Casserole.

## Community Events

**Stone Soup Dinner-** The Croghan Mennonite Church on Kirscherville Road will have a drive-through stone soup dinner on Thursday, April 16<sup>th</sup> @ 4:00 PM. The menu will be Smothered Chicken, Buttered Noodles, Veggies, a Roll, and dessert. All are welcome.

**Living Well with Chronic Diseases-** The Office of the Aging is hosting a FREE six-week workshop. The dates will be from **June 3<sup>rd</sup>- July 8<sup>th</sup>, every Wednesday**, from **9:30 am-12:00pm**. All classes will be held on Wednesdays. Each class you attend, you will receive a North Country Fruit & Vegetable Program Voucher for \$25.00. You will learn how to work with your doctor, manage symptoms, solve problems, set & achieve goals, gain communication skills and learn relaxation techniques. Snacks will be provided at the class. **Sign up soon because seating is limited.** If interested, call **(315)- 376-5313** to register.