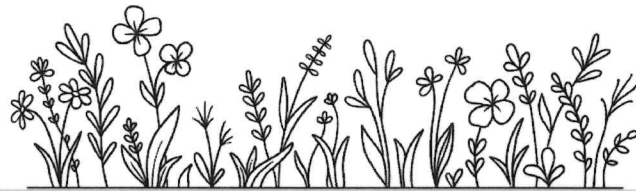
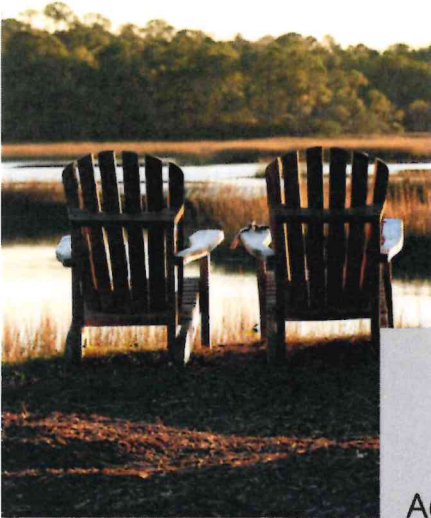


BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

ROB HARPER

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Agnes Cannan and Debbie Smithling on June 2nd.



SCHEDULE

Week of June 1st

1ST
MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
2:00 PM... Bingo
7:00 PM... Dominoes

2ND
TUESDAY

8:30 AM... Resident Coffee Hour
9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Friends of God
3:00 PM... Trip to Nolt's
7:00 PM... Golf

3RD
WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
3:00 PM...Peggy Nuspliger and Chorus
7:00 PM... Euchre

4TH
THURSDAY

9:35 AM... Tops Shopping & Banking
10:30 AM ... Rosary
7:00 PM... Dominoes

5TH
FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
2:30 PM... Ride to Mary's Dairy
7:00 PM... Euchre

6TH
SATURDAY

3:00 PM... Social Hour

7TH
SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM...Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- June 1st , 2026

Cottage Cheese or applesauce can be substituted for any salad.

The Alternative meal for this week is : Cabbage Roll Soup w/ a Roll.

Monday

Kielbasa w/ Onions, Peppers
and a side of Chips

OR

Chef's Salad

Fruit Salad

Baked Beans

Carrots

Strawberry Rhubarb Pie

OR

Pineapple

Tuesday

Goulash

OR

Phily Cheesesteak w/ Potato
Wedges

Tossed Salad

Corn

Green Beans

Lemon Bars

OR

Pears

Wednesday

Turkey Club Sandwich

OR

Seafood Stuffed Shells

Three Bean Salad

Deviled Eggs

Cauliflower

Coconut Cream Lush

OR

Peaches

Thursday

Beef Stir Fry

OR

Bacon & Cheddar
Quiche

Raspberry Fluff Salad

Broccoli

Lima Beans

Brownie

OR

Mandarin Oranges

Friday

Fish Tacos

OR

BBQ Pork Chops

Coleslaw

Buttered Noodles

Mixed Veggies

Rice Pilaf

Apple Cobbler

OR

Fruit Cocktail

Saturday

Breakfast Sliders

OR

Olive Garden Chicken
Pasta

Mandarin Orange
Tossed Salad

Fried Potatoes
Country Blend

Cookie Bar

OR

Mixed Fruit

Sunday

Roast Beef

OR

Stuffed Sole

Cucumber Salad

Mashed Potatoes w/
Gravy

Green Bean Casserole
Butternut Squash

Peanut Butter Pie

OR

Grapefruit



WEEKLY NEWSLETTER

BROOKSIDE EVENTS- JUNE 1ST



Brookside Mentor Program- On **Monday June 8th @ 10:00 am-11:30 am**, Brookside will play host to middle school children from Lowville Academy. This project is an effort to engage children with hands on learning projects. We will have residents teaching Euchre, Mahjong, knitting, woodworking and playing board games. If you are interested in teaching something or playing a game with a child, please contact Karla. All residents and all ideas are welcome!!!

Resident Coffee Hour- On **Tuesday, June 9th @ 8:30 am**, Brookside will have Resident Coffee Hour. The entree will be a Ham & Cheese Croissant Bake.

Ballroom Dancing- On **Friday, June 12th @ 3:00 PM**, Brookside will have a Ballroom Dancing Show!!! Two professional Ballroom Dancers will show off their skills as they Fox Trot & Tango around the activity room. Come on out and watch the show!

Father/ Son Breakfast- Brookside will host a Father's Day Breakfast on **June 20th @ 8:30 AM**. Invitations have been sent out. Please **RSVP by June 12th**. Breakfast will start with an appetizer The main Menu will be a Breakfast Steak & Egg Wrap with Chunk Fried Potatoes, orange wedges and a Danish.

Trip to Sacket's Harbor- On **Friday, June 26th @ 10:30 am**, Brookside will go on a trip to Sacket's Harbor. Brookside will provide bag lunches for anyone that signs up. We will go to the Pickering Beach Museum and meet in the Gazebo by the water for lunch. Anyone that rides will be able to do whatever they want to do once we arrive. Going to the museum and eating with everyone is not required. It will **cost \$8.00 per person** for gas money. A sign-up sheet will be placed near the office.

The **Beauty Salon** is open. Please call **Terri Stocking** at **315-523-5048** to book an appointment. To schedule a **pedicure** with **Michelle Beyer**, call **315-777-1489**.

