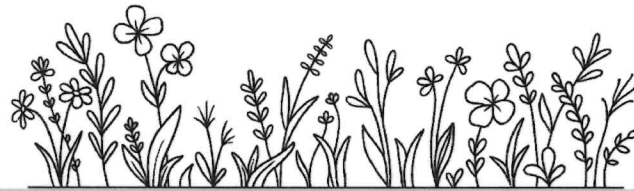
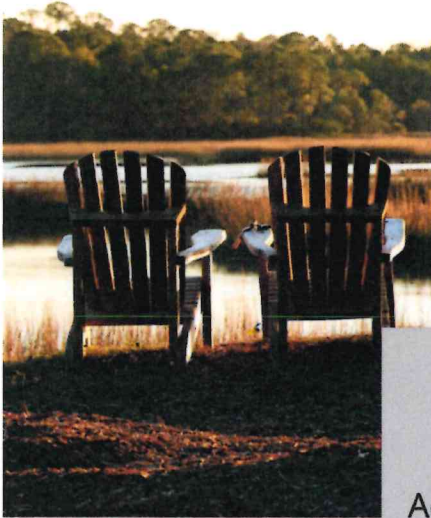


# BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

## Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

## ON CALL THIS WEEK

### **MERVIN ROGGIE**

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

## **Birthdays and Anniversaries**



Mary Lou DeMinck on June 11<sup>th</sup>, Nate Zehr on June 12<sup>th</sup>, Gary Shue on June 16<sup>th</sup> and Thomas Hanno on June 18<sup>th</sup>

Dan and Mary Benedict on June 10<sup>th</sup> and Ken and Joanne Seymour on June 13<sup>th</sup>



# SCHEDULE

Week of June 8th

**8TH**  
MONDAY

9:00 AM...Exercise w/ Stronger Seniors  
10:00 AM... Exercise Class ( Strength Training)  
10:00 AM... Mentor Program  
2:00 PM... Bingo  
7:00 PM... Dominoes

**9TH**  
TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)  
9:35 AM... Walmart Shopping and Ride to the Gym  
1:30 PM... Resident Council Meeting  
3:00 PM... Trip to Nolt's  
7:00 PM... Golf

**10TH**  
WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)  
10:00 AM... Exercise Class (Easy Does It)  
10:15 AM... Ride to Saint Drogo's Coffee Shop  
6:00 PM... Travis Widrick Music Performance  
7:00 PM... Euchre ( Moved to 200 wing lounge)

**11TH**  
THURSDAY

9:35 AM... Tops Shopping & Banking and Ride to the Gym  
10:30 AM ... Rosary  
7:00 PM... Dominoes

**12TH**  
FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)  
10:00 AM... Exercise Class (Stronger Seniors- Stretching)  
**3:00 PM... Ballroom Dancing Show**  
7:00 PM... Euchre

**13TH**  
SATURDAY

3:00 PM... Social Hour

**14TH**  
SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.  
2:00 PM...Tom Yousey will conduct the Catholic Service  
7:00 PM... Golf

# Weekly Menu- June 8th , 2026

Cottage Cheese or applesauce can be substituted for any salad.

The Alternative meal for this week is : Ham Chef Salad w/ a Roll.

## Monday

Ham w/ Pineapple  
OR  
Blueberry Pancake Casserole  
w/ Sausage

Sauerkraut Salad

Cheesy Cauliflower  
Carrots

Oreo Pudding  
OR  
Peaches

## Tuesday

Turkey & Bacon Ranch Wrap  
OR  
Baked Ziti

Broccoli Salad

Corn  
Stewed Tomatoes

Buckeye Brownies  
OR  
Apple Slices

## Wednesday

Cold Plate w/Cranberry  
Chicken Salad, Muffin,  
Crackers & cheese  
OR  
Blackberry Basil Salmon w/  
Apple Cucumber Slaw

Mandarin Orange Tossed  
Salad  
Green Beans  
Cauliflower & Broccoli

Fried Strawberry Roll  
OR  
Mangos

## Thursday

Meatloaf Stackers  
OR  
Pork Chop

Potato Salad

Wax Beans  
Peas & Carrots

Rhubarb Surprise  
OR  
Pears

## Friday

Tortellini w/ Sausage  
OR  
Rice & Shrimp Bowl

Coleslaw

Squash  
Broccoli

Peanut Butter Lasagna  
OR  
Banana

## Saturday

Honey Garlic Chicken  
OR  
French Toast Bake w/  
Sausage  
Applesauce Jell-o Salad

Rice Pilaf  
Honey Glazed Carrots

Gingerbread  
OR  
Mixed Fruit

## Sunday

Roast Beef  
OR  
Breaded Haddock

Tossed Salad

Mashed Potatoes w/  
Gravy

Beets  
Mixed Veggies

Fresh Strawberry Pie  
OR  
Mandarin Oranges



# WEEKLY NEWSLETTER

BROOKSIDE EVENTS



**Win \$20.00!** Please find a baby or young childhood picture for a contest at Brookside. Once everyone at Brookside has submitted a picture to Karla, we will post them up. Each picture will have a number and everyone will get a chance to guess who each picture belongs to. The person with the most correct answers will win a \$20.00 gift card. Please don't show your picture to anyone else until after the contest. If you need help to get a copy made of your picture, please ask Karla for help.

**Brookside Mentor Program-** On **Monday June 8<sup>th</sup> @ 10:00 am-11:30 am**, Brookside will play host to middle school children from Lowville Academy. This project is an effort to engage children with hands-on learning projects. We will have residents teaching Euchre, Mahjong, Knitting, Woodworking and playing Board Games. If you are interested in teaching something or playing a game with a child, please contact Karla. All residents and all ideas are welcome!!!

**Ballroom Dancing-** On **Friday, June 12<sup>th</sup> @ 3:00 PM**, Brookside will have a Ballroom Dancing Show!!! Two professional Ballroom Dancers will show off their skills as they Fox Trot & Tango around the activity room. Come on out and watch the show!

**Father/ Son Breakfast-** Brookside will host a Father's Day Breakfast on **June 20<sup>th</sup> @ 8:30 AM**. Invitations have been sent out. Please **RSVP by June 12<sup>th</sup>**. Breakfast will start with an appetizer The main menu will be a Breakfast Steak & Egg Wrap with Chunk Fried Potatoes, orange wedges and a Danish.

**Trip to Sacket's Harbor-** On **Friday, June 26<sup>th</sup> @ 10:30 am**, Brookside will go on a trip to Sacket's Harbor. Brookside will provide bag lunches for anyone that signs up. We will plan to go to the Pickering Beach Museum and meet in the Gazebo by the water for lunch, but anyone that rides with us has a choice to do whatever they want to do, once we arrive. Going to the museum and eating with everyone is not required. It will **cost \$8.00 per person** for gas money. A sign-up sheet will be placed near the office.

The **Beauty Salon** is open. Please call **Terri Stocking** at **315-523-5048** to book an appointment. To schedule a **pedicure** with **Michelle Beyer**, call **315-777-1489**.

