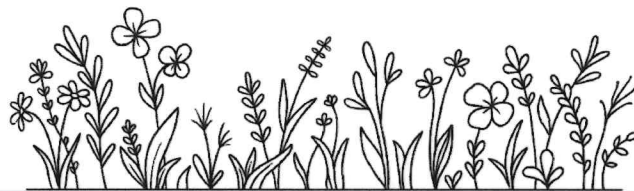


BROOKSIDSENIORLIVING.ORG

JULY 6TH, 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

QUINTIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Happy Birthday to Carl Schubach on July 8th and Ruth Zehr on July 9th

Happy Anniversary to Ben & Betty Merrick on July 12th



WEBSITE: WWW.BROOKSIDSENIORLIVING.COM

SCHEDULE

Week of July 6th

6TH
MONDAY

9:00 AM...Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Shopping and Banking @ Tops
2:00 PM... Bingo
7:00 PM... Dominoes

7TH
TUESDAY

8:30 AM... Resident Coffee Hour
9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping and Ride to the Gym
2:00 PM... Friends of God
3:00 PM... Trip to Nolt's
7:00 PM... Golf

8TH
WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
12:00 PM... Brookside's 33rd Anniversary Dinner!
6:00 PM... Travis Widrick (Live Music)
7:00 PM... Euchre (Moved to the 200 wing lounge)

9TH
THURSDAY

9:35 AM... Tops Shopping & Banking and Ride to the Gym
2:30 PM... Aaron Karppala (Live Music)
7:00 PM... Dominoes

10TH
FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:30 AM... Trip to Pat Brown's Woodworking Shop
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
2:30 PM... Trip to Family Ice Cream!
7:00 PM... Euchre

11TH
SATURDAY

3:00 PM... Social Hour

12TH
SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM...Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- July 6th , 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is : Cranberr Chicken Salad w/ Chips.

Monday

Sausage & Gravy over
Biscuits
OR
Chicken Ceasar Burger

Cottage Cheese w/ Peaches

Sweet Potato
Mixed Veggies

Cheesecake
OR
Pears

Tuesday

Goulash
OR
Lemon Herb Shrimp

Waldorf Salad

Peas
Cauliflower
Rice Pilaf

Chef's Choice Cookie
OR
Peaches

Wednesday

Anniversary Dinner

Steak
Mashed Potatoes

Pasta Salad

Corn on the Cob
Baked Beans

Tuxedo Truffle Mousse Cake

Thursday

Ham & Cabbage Stew w/
a Red Lobster Biscuit
OR
Meatloaf
Applesauce w/
Cinnamon

Brussel Sprouts
Wax Beans
Buttered Noodles

Ice Cream Bar
OR
Mixed Fruit

Friday

Fried Haddock
OR
Pulled Pork

Coleslaw

Corn Bread
French Fries
Green Beans

Blueberry Bars
OR
Apricots

Saturday

Ham w/ Maple Glaze &
Rice Pilaf
OR
Turkey Salad Sandwich
w/ Chips

Fruit Salad

Spinach
Carrots

Mixed Melon
OR
Mandarin Oranges

Sunday

Baked Salmon
OR
Beef Pot Pie

Tossed Salad

Mashed Potatoes
w/ Gravy
Harvard Beets
Parsnips

Kentucky Derby Pie
OR
Grapefruit



WEEKLY NEWSLETTER

BROOKSIDE EVENTS



Resident Council Announcement- The Resident Council has formed a committee to construct a survey of Brookside residents. The survey will be anonymous. There is a suggestion box located in the activity room by the resident council/ puzzle area. If you have a suggestion for possible survey questions, please put them in the suggestion box.

Win \$20.00! Please find a baby or young childhood picture for a contest at Brookside. Once everyone at Brookside has submitted a picture to Karla, we will post them up. Each picture will have a number, and everyone will get a chance to guess who each picture belongs to. The person with the most correct answers will win a \$20.00 gift card. Please don't show your picture to anyone else until after the contest. If you need help to get a copy made of your picture, please ask Karla for help. Please submit a picture by July 24th.

Upcoming Events- On **Tuesday, July 7 @ 8:30 am, Resident Coffee Hour** will be in the activity room. We will serve Bacon & Spinach Breakfast Pizza. The sign-up sheet is on the bulletin board near the main office. At **2:30 on Tuesday afternoon, Friends of God** will be playing music in the activity room. On **Wednesday July 8th @ 12:00 noon**, Brookside will have a **33rd Anniversary Celebration Meal** in the dining room. The dinner menu is still being planned to perfection by the kitchen manager. On **Wednesday evening @ 6:00 pm, Travis Widrick** will be back for another music performance. He puts on an excellent show! On **Thursday, July 9th**, the very fun **Aaron Karppala** will be here to play music @ 2:30. On **Friday, July 10th, @ 9:30 am**, Brookside will take a trip to **Pat Brown's Woodworking Studio**. There will be a sign-up sheet on the bulletin board next to the office. On **Friday afternoon @ 2:30 we will ride to Family Ice Cream**.

