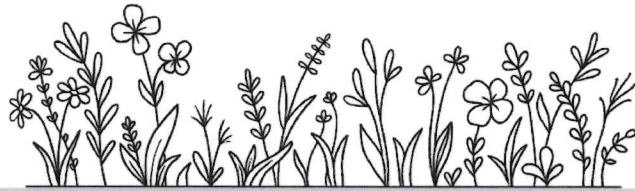


AUGUST 10TH 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

MERVIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries

Happy Birthday to Sylvia Woodhouse on August 10th, Roger Schwartzentruber on August 13th



SCHEDULE

Week of August 10th

10TH
MONDAY

9:00 AM... Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
2:00 PM... Bingo
7:00 PM... Dominoes

11TH
TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping and Ride to the Gym
10:30 AM... Cooperative Extension Nutrition Class.
3:00 PM... Trip to Nolt's
7:00 PM... Golf

12TH
WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
11:00 AM- Men's Prayer Group (In the Parlor)
6:00 PM... Travis Widrick (Live Music)
7:00 PM... Euchre

13TH
THURSDAY

9:35 AM... Tops Shopping & Banking and Ride to the Gym
10:30 AM.... Rosary
6:30 PM... Aj McCall Lowville Jazz Orchestra
7:00 PM... Dominoes

14TH
FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
2:00 PM... Aaron Karppala
7:00 PM... Euchre

15TH
SATURDAY

3:00 PM... Social Hour

16TH
SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- August 10th , 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is: BLT Sandwich w/ Chips.

Monday

Baked Ham w/ Baked
Potato
OR
Steak Medallions

Marinated Tomatoes

Catalina Blend
Squash
Buttered Noodles

Chocolate Pudding
OR
Peaches

Tuesday

Lasagna
OR
Marinated Chicken Breast w/ Salt
Potatoes

Parmesan Veggie Toss

Corn
Green Beans

Ice Cream
Or
Mangos

Wednesday

Veal Parmesan
Or
Cube Steak w/ Fried Potatoes

Crab Salad

Beets
Broccoli

PB No-Bake Cookie
Or
Apricots

Thursday

Tuna Noodle
Casserole
OR
Chicken Tenders w/
French Fries

Tossed Salad

Brussel Sprouts
Wax Beans

Carrot Cake
OR
Pears

Friday

Shrimp Scampi over Angel
Hair Pasta
OR
Pepperoni Pizza

Coleslaw

Peas
Carrots

Chocolate Chip Cookies
OR
Mandarin Oranges

Saturday

Baked Honey & Lemon
Chicken
OR
BLT Ranch Salad

Pineapple Orange Fruit
Salad

Mixed Veggies
Sweet Potato

Butterscotch Brownies
OR
Pineapple

Sunday

Lamb w/ Mint Jelly
OR
Roasted Turkey

Cucumber Salad

Mashed
Potatoes w/ Gravy
Glazed Carrots
Green Bean Casserole

Key Lime Pie
OR
Mixed Fruit



WEEKLY NEWSLETTER

BROOKSIDE EVENTS



Lowville Jazz Orchestra and Free Ice Cream Bars at Brookside! - On Thursday, August 13th, at 6:30 PM, the Lowville Jazz Orchestra will be performing in the Courtyard at Brookside Senior Living Community. Bring your own folding chair or blanket. If you need help bringing a chair, please do not hesitate to ask Karla to bring it out for you. Free Ice Cream Bars will be passed out until gone. This activity is open to the public.

Buffet Lunch Cruise on Raquette Lake in ADK. - On Wednesday, August 26th, Brookside will embark on a trip to Raquette Lake. We will go on the lunch Buffet Cruise. We will **leave at 9:00 AM** and get back around 3:00 PM. If you are interested, please contact Karla or Cassandra at Brookside. The group **price is \$51.00 per person plus \$ 10.00 per person for travel** expenses. We still have room for more people to sign up! Please bring your **payment** to Cassandra in the main office **by Friday, August 21st**.

Terri Stocking will be going on vacation from August 10th- August 14th, and the week of August 31st - September 5th. Please schedule your appointments accordingly. To book a hair appointment with Terri Stocking, **call (315)-523-5048**. To schedule a **pedicure** with **Michelle Beyer**, **call (315) 777-1489**.

Ice Cream Social @ the Pine Grove Church! - On Sunday, August 16th @1:30PM, the Pine Grove Community Church on 6853 Austin Road in Glenfield, is having an Ice Cream Social. It is **FREE!** Everyone is welcome! Capo 3 will be playing live music at the event.

Brookside Hot Dog Roast- On August 20th @5:00 PM, Brookside is having their annual Hot Dog Roast. We will have live music by Down Home. The menu will be hot dogs, chips, watermelon and ice cream sandwiches. This activity is for Brookside Residents and their family.

Lowville Library Visit to Brookside- On Wednesday, August 26th, from 2:00pm- 4:00PM, the Lowville Library will come to Brookside. They will help with Technology questions, community resources and book check-outs. If you had a request for information or books the month before, please come back the next month to follow up with the Librarian.