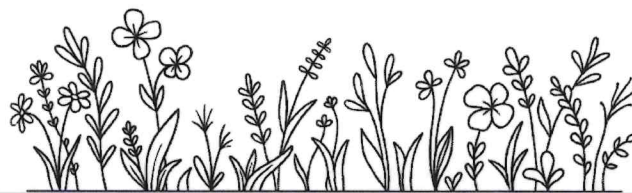


AUGUST 24TH 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

ROB HARPER

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries

Happy Birthday to Eunice Gingerich, Carol Hartness and Eve Breen on August 25th and Julia fields on August 30th

Happy Anniversary to Ron and Janet Roggie on August 28th and Ray and Bev Myers on August 30th



SCHEDULE

Week of August 24th

24TH

MONDAY

9:00 AM... Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Ride to Top's and Marshalls Plaza plus Banking
2:00 PM... Bingo
7:00 PM... Dominoes

25TH

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
10:30 AM... Cooperative Extension Nutrition Class.
3:00 PM... Trip to Noltz
7:00 PM... Golf

26TH

WEDNESDAY

8:30 PM... Raquette Lake Boat Cruise
9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:30 AM- Men's Prayer Group (In the Parlor)
6:00 PM... Capo 3 (Live Music)
7:00 PM... Euchre

27TH

THURSDAY

9:35 AM... Ride to Tops & Marshalls Plaza + Banking
10:30 AM.... Rosary
2:30 PM... Resident Birthday Party
7:00 PM... Dominoes

28TH

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
7:00 PM... Euchre

29TH

SATURDAY

3:00 PM... Social Hour
6:00 PM... Dominoes

30TH

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- August 24th , 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is: Chicken Cranberry Salad Wrap w/ Chips.

Monday

Baby Back Ribs
OR
Tuna Fish Sandwich w/ Veggie
Soup

Raspberry Applesauce Jell-O
Salad

Prince Edward Blend
Sweet Potato Fries

S'mores Cookie Bar
OR
Peaches

Tuesday

Manicotti w/ Sausage
OR
Swiss Mushroom Chicken

Strawberry Spinach Salad

Carrots
Corn
Party Potatoes

Apple Crisp
Or
Pears

Wednesday

Pancakes, Sausage, Eggs,
Hashbrowns

Applesauce w/ Cinnamon

Green Beans
Beets

Texas Brownie
Or
Fresh Fruit

Thursday

Kielbasa w/
Sauerkraut
OR
Turkey & Rice Soup w/
Garlic Bread

Pea Salad

Mixed Veggies
Chunk Fried Potatoes

White Chip Rice Crispy
Treat
OR
Grapefruit

Friday

Meatloaf
OR
Fried Haddock w/ lemon
Slice

Coleslaw

Baked Potato
Stewed Tomatoes
Wax Beans

Molasses Cookie
OR
Fresh Fruit

Saturday

Chicken & Biscuits w/
gravy
OR
Honey Garlic Pork Loin
w/ Rice Pilaf

Fruit Salad

Spinach
Butternut Squash

Ice Cream
OR
Pineapple

Sunday

Roast Beef
OR
Stuffed Sole w/
Lemon Butter Sauce

Tossed Salad

Mashed Potatoes w/
Gravy

Country Blend

Chocolate Cream Pie
OR
Mixed Fruit



WEEKLY NEWSLETTER

BROOKSIDE EVENTS



Brookside Picture Contest-All entries must be in the box by **Friday, September 4th**. The Resident with the most correct answers will be the winner. The winner will receive a Walmart gift card for \$25.00.

Attn. Brookside- The Brookside Administration would like everyone to consider their advanced directives and healthcare wishes. Make sure the information is current and accessible. If you have a **DO Not Resuscitate Order**, please put it on your refrigerator Door. When an ambulance is called, the EMS Crew need to make important decisions very quickly. For more information, a note pertaining to this subject is posted on the bulletin board next to the main office and on the Resident Council bulletin board.

Wellness Matters Seminar- The Lowville Lions Club will have a presentation on **Tuesday, August 25th** from 3:00PM- 4:00 PM @ Double Play Community Center. The Guest Speaker is Matt Graney. He is the Hospital & Community Development Coordinator for the Finger Lakes Donor Recovery Network. He will speak about Eye, Organ & Tissue Donation Awareness, Eligibility and Process.

Buffet Lunch Cruise on Raquette Lake in ADK. - On **Wednesday, August 26th**, Brookside will embark on a trip to Raquette Lake. We will go on the lunch Buffet Cruise. We will **leave at 9:00 AM** and get back around 3:00 PM. The group **price is \$51.00 per person plus \$ 10.00 per person for travel expenses**. Please bring your **payment** to Cassandra in the main office.

Terri Stocking will be going on vacation On the week of **August 31st - September 5th**. Please schedule your appointments accordingly. To book a hair appointment with Terri Stocking, **call (315)-523-5048**. To schedule a **pedicure** with **Michelle Beyer**, **call (315) 777-1489**.

Resident Coffee Hour- On **Tuesday, September 1st @ 8:30 am**, Brookside will serve Ham & Swiss Casserole w/ Green Onions for our Resident Coffee Hour.