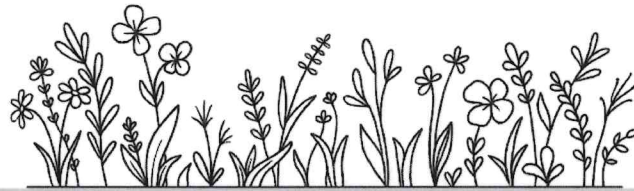


AUGUST 31ST 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

MERVIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries

Happy Birthday to Catherine Roshan Khan and Bruce Woodhouse on September 5th and Korleen Biche on September 6th.

Happy Anniversary to Howard and Shirley Davis on September 1st



SCHEDULE

Week of August 31st

31ST
MONDAY

9:00 AM... Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Ride to Top's and Marshalls Plaza plus Banking
2:00 PM... Bingo
7:00 PM... Dominoes

1ST
TUESDAY

8:30 AM... Resident Coffee Hour
9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
10:30 AM... Cooperative Extension Nutrition Class.
3:00 PM... Trip to Nolt's
7:00 PM... Golf

2ND
WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:30 AM... Men's Prayer Group (In the Parlor)
3:00 PM... Peg Nuspliger and Chorus
7:00 PM... Euchre

3RD
THURSDAY

9:35 AM... Ride to Tops & Marshalls Plaza + Banking
10:30 AM... Rosary
3:00 PM... Travis Widrick (Live Music!)
7:00 PM... Dominoes

4TH
FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
2:30 PM... Last Ice Cream Trip! (Mary's Dairy)
7:00 PM... Euchre

5TH
SATURDAY

3:00 PM... Social Hour
6:00 PM... Dominoes

6TH
SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- August 31st , 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is: Cheddar Broccoli Soup w/ Garlic Bread.

Monday

Potato Soup w/ a Roll
OR
Crispy Chicken Loaded Fries

Mixed Veggie Salad

Broccoli
Roasted Root Vegetables

Apple Cobbler
OR
Pears

Tuesday

Baked Ham
OR
Turkey & Cheese Sliders

Hawaiian Cheesecake Salad

Cauliflower
Carrots
Party Potatoes

Brownies
Or
Mixed Fruit

Wednesday

Smoked Salmon Tart Cold
Plate(Chef's Choice)
OR
Shake 'n' Bake Pork Chops

3- Bean Salad

Corn
Loaded Baked Potato

Parfait (Chef's Choice)
Or
Apricots

Thursday

Kielbasa w, Sauerkraut
OR
Tuna Fish Sandwich w/
Chips

Spinach Salad

Green Beans
Beets

Blueberry Cheesecake
Pudding
OR
Mangos

Friday

French Toast w/ Apple
Topping
OR
Chef's Choice White Fish

Spinach Dip w/ Chips
Curly Fries
Peas & Onions

Peaches & Cream Tres
Leches Cake
OR
Mandarin Oranges

Saturday

Beef Veggie Soup
OR
Chicken Stir Fry

Raspberry Fluff Salad
Mixed Veggies

Chunky Peanut Butter
Cookies
OR
Peaches

Sunday

Pork Loin
OR
Lasagna w/ Garlic
Bread

Tossed Salad

Mashed Potatoes w/
Gravy

Peas
Roasted Root
Veggies

Custard Pie
OR
Pineapple



WEEKLY NEWSLETTER

BROOKSIDE EVENTS



Warm Welcome- Brookside would like everyone to give a warm welcome to our newest congregate members, **Elton Erb** and **Bill Macauley**.

Brookside Picture Contest- All entries must be in the box by **Friday, September 4th**. The Resident with the most correct answers will be the winner. The winner will receive a Walmart gift card for \$25.00.

Attn. Brookside- The Brookside Administration would like everyone to consider their advanced directives and healthcare wishes. Make sure the information is current and accessible. If you have a **DO Not Resuscitate Order**, please put it on your refrigerator Door. When an ambulance is called, the EMS Crew need to make important decisions very quickly. For more information, a note pertaining to this subject is posted on the bulletin board next to the main office and on the Resident Council bulletin board.

Terri Stocking will be going on vacation- On the week of **August 31st - September 5th**. Please schedule your appointments accordingly. To book a hair appointment with Terri Stocking, **call (315)-523-5048**. To schedule a **pedicure** with **Michelle Beyer**, **call (315) 777-1489**.

Resident Coffee Hour- On **Tuesday, September 1st @ 8:30 am**, Brookside will serve Ham & Swiss Breakfast Casserole w/ Green Onions for our Resident Coffee Hour.

Last Ice Cream Outing of the Year! - On Friday, September 4th @ 2:30 pm, Brookside will be going to Mary's Dairy. This is our last ice cream outing until the long cold winter is over! A sign-up sheet is on the bulletin board next to the office.

Trip to Turning Stone Casino and Dinner- Brookside is gauging interest to see if enough people are interested in a trip to Turning Stone Casino. Karla will have a sign-up sheet on her desk in the activity room. If we get enough interest, we will plan a day trip and make reservations at the Emerald Restaurant.