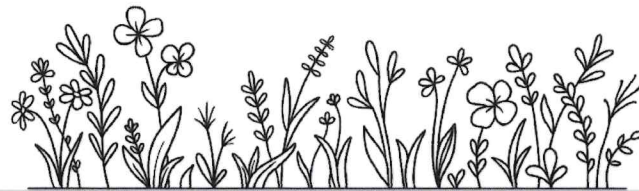


BROOKSIDSENIORLIVING.ORG

SEPTEMBER 7TH 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

QUINTIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Happy Birthday to Pat Arquitt and Fern Lyndaker on September 10th, and to Lorna Sirtoli on September 11th

Happy Anniversary to Jim & Amy Deavers on September 8th



WEBSITE: WWW.BROOKSIDSENIORLIVING.COM

SCHEDULE

Week of September 7th

7TH

MONDAY

9:00 AM... Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
OFFICE CLOSED
Happy Labor Day!

8TH

TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
10:30 AM... Cooperative Extension Nutrition Class.
1:30 PM... Resident Council Meeting
3:00 PM... Trip to Nolt's
7:00 PM... Golf

9TH

WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:30 AM... Men's Prayer Group (In the Parlor)
3:00 PM... Capo 3
7:00 PM... Euchre

10TH

THURSDAY

9:35 AM... Ride to Tops & Marshalls Plaza + Banking
10:30 AM... Rosary
1:00 PM... Watertown Hearing
7:00 PM... Dominoes

11TH

FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
7:00 PM... Euchre

12TH

SATURDAY

3:00 PM... Social Hour
6:00 PM... Dominoes

13TH

SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- September 7th , 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is: Roasted Butternut Squash Soup w/ Garlic Bread.

Monday

Honey Glazed Salmon
OR
Chicken & Rice Soup w/ a Roll

Mexican Street Corn Salad

Mixed Veggies
Brussel Sprouts

Lemon Cookies
OR
Mandarin Oranges

Tuesday

Meat Lover's Pizza
OR
Cheddar & Steak Tortellini

Mandarin Orange Tossed
Salad

Peas & Pearl Onions
California Blend

No- Bake Cheesecake
Or
Pears

Wednesday

Pulled Pork
OR
Hot Turkey Sandwich w/
French Fries

Marinated Tomatoes

Broccoli
Beets

Brownies
Or
Pineapple

Thursday

Grilled Ham
OR
Stuffed Peppers

Tossed Salad

Buttered Noodles
Fried Cabbage
Carrots

Rice Krispie Treats
OR
Grapefruit

Friday

Seafood Platter
OR
Macaroni & Cheese

Coleslaw

Country Blend
Squash

Gingerbread Cake
OR
Apricots

Saturday

Pork Chops w/
Mushroom Gravy
OR
Meatloaf

Pistachio Salad

Green Beans
Baked Potato
Cauliflower

Fruited Jell-O
OR
Mixed Fruit

Sunday

Mahi Mahi
OR
Oven Baked Chicken
w/ Roasted Veggies

Tossed Salad

Mashed Potatoes w/
Gravy

Corn

Peanut Butter Pie
OR
Peaches



WEEKLY NEWSLETTER

BROOKSIDE EVENTS



Watertown Hearing-On **Thursday, September 10th @ 1:00 PM**, Watertown Hearing will be at Brookside in the Parlor.

Candlelight Service- On **Saturday, September 12th, at 7:00 PM**, the Pine Grove Community Church is having a Candlelight Service. There will be a Ladies Quartet Performing called Backstage Pass. It is free and open to the public. The address is 6853 Austin Road. (At the intersection of Pine Grove Road and Austin Road.)

Beauty Parlor- To book a hair appointment with Terri Stocking, **call (315)-523-5048**. To schedule a **pedicure** with **Michelle Beyer**, **call (315) 777-1489**.

Trip to Turning Stone Casino and Dinner- Brookside is gauging interest to see if enough people are interested in a trip to Turning Stone Casino. Karla will have a sign-up sheet on her desk in the activity room. If we get enough interest, we will plan a day trip and make reservations at the Emerald Restaurant.

Resident Supper- Resident Supper is back! On **Thursday, September 24th, @ 4:30 PM**, Brookside will be serving Goulash w/ Salad and Dessert! A sign-up sheet will be on the bulletin board next to the office.

Leaf Peeping-On **Friday, September 25th**, Brookside will go on a leaf peeping trip to Old Forge. We will leave at 10:35 AM and get back before 4:00 PM. We will go somewhere for lunch and go the Old Forge Hardware for fun. Nobody will let us make a reservation during leaf peeping season; so we cannot plan where we will eat. Everyone is welcome to do as they please when they arrive as long as you are back before the bus leaves. A sign-up sheet will be posted on the bulletin board next to the main office.