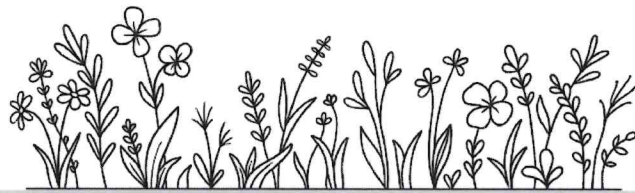


SEPTEMBER 14TH 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

MERVIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries

Happy Birthday to Dorothy Payne on September 15th, Phyllis Rohr on September 18th, Carol Fuller, Jamie Burke and Carolyn Schneider on September 19th, and Jane Lehman on September 20th



Week of September 14th

14TH
MONDAY

9:00 AM... Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
2:00PM... Bingo
7:00 PM... Dominoes

15TH
TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
2:00 PM... Friends of God
3:00 PM... Trip to Nolt's
7:00 PM... Golf

16TH
WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:30 AM... Men's Prayer Group (In the Parlor)
2:30 PM... Resident Birthday Party
7:00 PM... Euchre

17TH
THURSDAY

9:35 AM... Ride to Tops & Marshalls Plaza + Banking
10:30 AM.... Rosary
1:00 PM... Watertown Hearing
7:00 PM... Dominoes

18TH
FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
2:00 PM... Aaron Karppala
7:00 PM... Euchre

19TH
SATURDAY

3:00 PM... Live Music w/ Dominic Stoudt & Social Hour
6:00 PM... Dominoes

20TH
SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM...Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- September 14th , 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is: BLT Wrap w/ Chips.

Monday

Bacon & Spinach Quiche
OR
Honey Glazed Chicken

Cottage Cheese W/ Peaches

Peas
Stir Fry Veggies

Blackberry Surprise
OR
Pears

Tuesday

Baked Ham w/ Buttered
Noodles
OR
Mac'n'Cheese

Pistachio Salad

Mixed Veggies
Brussel Sprouts

Chocolate Cake w/ Peanut Butter
Frosting
OR
Mandarin Oranges

Wednesday

Cheeseburger w/ Lettuce and
Onions
OR
Chicken'n' Biscuits w/ Gravy

Broccoli Salad

Green Beans
Corn

Apple Slab Pie
OR
Apricots

Thursday

Meat Lover's Calzone
w/ Marinara
OR

Honey Garlic Glazed
Roasted Pork Loin

Tomato Cucumber Salad

Roasted Root Veggies
Cheesy Cauliflower

Cranberry White
Chocolate Chip Cookies
OR
Grapefruit

Friday

Chef's Choice Fish
OR
Meatball Sub

Apple Salad

Fried Potatoes
California Blend

Brownie Sundae
OR
Peaches

Saturday

Reuben Casserole
OR
Grilled Ham & Cheese
w/ Veggie Soup

Orange Fluff Salad

Winter Squash
Green Beans w/
Almonds

Rice Pudding
OR
Mangos

Sunday

Stuffed Sole
OR
Roast Beef

Tossed Salad

Mashed Potatoes w/
Gravy

Beets
Carrots

Peach Pie
OR
Pineapple



WEEKLY NEWSLETTER

BROOKSIDE EVENTS



Kitchen Request- The kitchen staff wants to let everyone know that anyone that has concerns, inquiries or any questions at all about food can stop into the kitchen and address the kitchen staff. Please don't stop in with questions during the busy dinner hours of 11:30am- 12:45 am.

Activity Correction- The Pine Grove Church is having a **Candlelight Concert** on Saturday, September 12th @ 7:00 PM. Last week the Chatter stated that it was a Candlelight Service. It is **NOT a service**. It is a **concert**.

Compost News- Whole corncobs do not break down quickly in the compost. Do not put whole corn cobs in the compost this time of year. We are hoping to till this last batch into the garden soil this fall. Thank you for using the composters. They have been emptied at least twice this summer. Thank you so much, Quintin, Mervin and Rob!!!!

Beauty Parlor- To book a hair appointment with Terri Stocking, **call (315)-523-5048**. To schedule a **pedicure** with **Michelle Beyer**, **call (315) 777-1489**.

Trip to Turning Stone Casino and Dinner- The trip to Turning Stone will be on October 15th @ 10:30 AM. The bus is full. Everyone else is welcome to join us, but you will have to drive your own car. If you would like to be included in the dinner reservation, please contact Karla.

Resident Supper- Resident Supper is back! On **Thursday, September 24th, @ 4:30 PM**, Brookside will be serving **Goulash w/ Salad and Dessert!** A sign-up sheet will be on the bulletin board next to the office.

Leaf Peeping- On **Friday, September 25th**, Brookside will go on a leaf peeping trip to Old Forge. We will leave at 10:35 AM and get back before 4:00 PM. We will go somewhere for lunch and to the Old Forge Hardware for fun. Nobody will let us make a reservation during leaf peeping season; so we cannot plan where we will eat. Everyone is welcome to do as they please when they arrive as long as you are back before the bus leaves. A sign-up sheet will be posted on the bulletin board next to the main office.