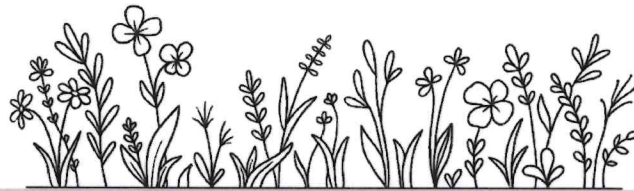


OCTOBER 19TH 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

QUINTIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries

No Birthdays!



Happy Anniversary to Jim and Beth Rush on November 22nd



Weekly Menu- October 19th , 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is: Beef Veggie Soup w/ a Roll.

Monday

Roasted Pork Loin
OR
Crab Roll

Cucumber Salad

Brussel Sprouts
Stewed Tomatoes
Buttered Noodles

Walnut Brownie
OR
Mixed Fruit

Tuesday

Minestrone Soup w/ Egg Salad
OR
Manicotti w/ Sausage

Strawberry Spinach Salad

Summer Veggie Blend
Beets

Pumpkin Ice Cream
OR
Peaches

Wednesday

Chicken Cranberry Salad Cold
Plate w/ Deviled Eggs
OR
Chili w/ Cornbread

Pistachio Salad

Roasted Acorn Squash
Peas & Pearl Onions

Coffee Cake
OR
Grapefruit

Thursday

Meat Lover's Pizza
OR
Tuna Melt

Mandarin Orange Tossed
Salad

Broccoli
Glazed Carrots

Apple Pie w/ Cheese
OR
Pears

Friday

Fried Haddock
OR
Mac 'n' Cheese

Coleslaw

Prince Edward Blend
Peas

Side of Mac 'n' Cheese

Reese's PB Cup Cookies
OR
Banana

Saturday

Olive Garden Chicken
Pasta
OR
Breakfast Sliders w/
Hashbrowns

Applesauce w/
Cinnamon

Green Beans
Mixed Veggies

Strawberry Shortcake
OR
Mandarin Oranges

Sunday

Meatloaf
OR
Lamb w/Mint Jelly

Broccoli & Tomato Salad

Mashed Potatoes w/
Gravy
Wax Beans
Broccoli

Pecan Pie
OR
Pineapple



Week of October 19th

19TH
MONDAY

9:00 AM... Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Ride to Tops and Marshalls Plaza + Banking
2:00PM... Bingo
6:30 PM... Down Home
7:00 PM... Dominoes

20TH
TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
3:00 PM... Trip to Nolt's
4:30 PM... Pot Luck Dinner
7:00 PM... Golf

21ST
WEDNESDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:00 AM... Knitting & Crocheting Club in the Library
10:15 AM... Ride to St. Drogo's Coffee Shop
10:30 AM... Scripture & Prayer Group (In the Parlor)
7:00 PM... Euchre

22ND
THURSDAY

10:30 AM.... Rosary
2:00 PM... Aaron Karppala
7:00 PM... Dominoes

23RD
FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
2:00 PM... Memoir Club
3:00 PM... German Dance Show!!!
7:00 PM... Euchre



24TH
SATURDAY

3:00 PM... Social Hour
6:00 PM... Dominoes

25TH
SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

WEEKLY NEWSLETTER

BROOKSIDE EVENTS



Knitting and Crochet Club- If you love to knitt or crochet, Brookside Residents will meet in the Library every Wednesday @ 10:00 am. Everyone is welcome!

Memoir Club- The popular Memoir Club will be meeting again at Brookside during the cold winter months. You will be sharing and listening to stories, learning writing techniques and improving your skills. The group will meet on **most Fridays @ 2:00 PM. It will start on October 9th at 2:30 PM** in the front lounge. (At the long table.) It will begin at 2:30 pm instead of 2:00pm on this week only because the flu clinic is on the same day. There is a sign-up sheet on the bulletin board by the main office.

Resident Potluck Dinner- The Brookside Residents are putting on a Potluck Dinner on **October 21st @ 4:30 PM.** Ham will be cooked and provided by the Brookside kitchen. A sign-up sheet will be posted on the bulletin board next to the office. Please write the dish you are bringing on the sheet, so we do not end up with 10 cheese platters. You don't have to bring a dish. You can also bring a cash donation to help pay for the cost of the ham.

German Dance Show- On **October 23rd @ 3:00 PM,** German Dancers from the Utica Maennerchor Club will come to Brookside and present us with a spectacular show! It is free and open to the public!

Test Your Life net System- Brookside will again, start encouraging our residents to do a monthly test of their Life Net System. The Chatter will include a scheduled day each month to help remind everyone that it is important. This month it will be on **October 28th, from 8:00 am- 3:00 pm.**

Trick-or-Treat with the kids from Hand in Hand. -The children from Hand in Hand Childcare Center will Trick-or- Treat around the Brookside Circle at **10:00 AM on Friday October 30th.** If you would like the children to come to the door, please put an orange ribbon on your door handle or somewhere visible to the children. After they walk around the circle, they will come into the main building at Brookside, and anyone interested can come out and hand out candy. If you don't have candy, please give Karla money to buy some at the store for you!

Brookside's Annual Spooky Resident Supper! - Our Spooky Resident supper will be held on October 30th @ 4:30 PM. We will feature an extra spooky Beef Stew for the main entre'.

From the Kitchen- The Kitchen is feeling Spooktacular about Halloween! They have once again planned a fun filled week of costumes and prizes. The last week of October, **(10/26-10/31),** the kitchen will have a dress-up contest every day that will include a prize! **Monster Monday!** - Dress up as a monster! The prize will be 1 gallon of Apple Cider. **Tuesday is Pumpkin King Day!** - Wear Pumpkins, Skeletons & Patchwork Clothes! The prize is a Strawberry Cheesecake! **Wednesday is Weird & Whacky Wednesday!** -Mismatch your Outfit Day! The prize is a dozen cupcakes or cookies made by Mary! **Throwback Thursday-** Dress up as your favorite Era! - the prize is a \$20.00 Stewarts gas Card! **Lazy Friday-** Halloween P.J. Day! - The winner gets a \$30.00 Tops Gift Card! **Spooky Saturday-** Best Halloween Costume. - The prize is a Gift Basket.

Beauty Parlor- To book a hair appointment with Terri Stocking, call (315)-523-5048. To schedule a pedicure with Michelle Beyer, call (315) 777-1489.