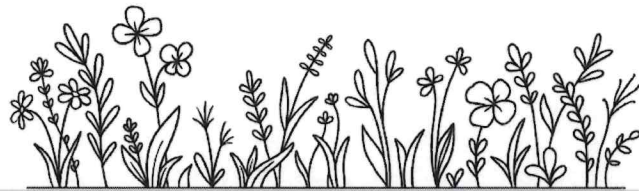


BROOKSIDSENIORLIVING.ORG

OCTOBER 26TH 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

ROB HARPER

IF YOU NEED ASSISTANCE FROM
5:15PM-7:00AM, CALL 315-376-
4333. YOU WILL REACH OUR
ANSWERING SERVICE; THEY WILL
DIRECT YOUR CALL. IN CASE OF
EMERGENCY, PUSH YOUR
EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries



Happy Birthday to Carl Zehr on
October 30th, Quintin Roggie and
Nancy Schubach on October 31st



WEBSITE: WWW.BROOKSIDSENIORLIVING.COM

Week of October 26th

26TH
MONDAY

9:00 AM... Exercise w/ Stronger Seniors
10:00 AM... Exercise Class (Strength Training)
10:00 AM... Ride to Tops and Marshalls Plaza + Banking
2:00PM... Bingo
7:00 PM... Dominoes

27TH
TUESDAY

9:00 AM... Exercise Class (Stronger Seniors)
9:35 AM... Walmart Shopping
3:00 PM... Trip to Nolt's
7:00 PM... Golf

28TH
WEDNESDAY

8:00 AM- 3:00 PM... Test your Life-Net System
9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Easy Does It)
10:00 AM... Knitting & Crocheting Club in the Library
10:30 AM... Scripture & Prayer Group (In the Parlor)
2:00 PM- 4:00 PM... Lowville Library Comes to Brookside
7:00 PM... Euchre

29TH
THURSDAY

9:35 AM... Ride to Tops & Marshalls Plaza+ Banking
10:30 AM... Rosary
4:30 PM... Resident Supper
7:00 PM... Dominoes

30TH
FRIDAY

9:00 AM... Exercise Class (Stronger Seniors)
10:00 AM... Exercise Class (Stronger Seniors- Stretching)
10:15 AM... Trick -Or- Treaters from Hand In Hand Childcare!
2:00 PM... Memoir Club
7:00 PM... Euchre

31ST
SATURDAY

3:00 PM... Social Hour
6:00 PM... Dominoes

1ST
SUNDAY

11:00 AM... Reverend Evan Zehr's Service in the activity room.
2:00 PM... Tom Yousey will conduct the Catholic Service
7:00 PM... Golf

Weekly Menu- October 26th , 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is: Turkey & Rice Soup w/ a Roll.

Monday

Chicken Riggies
OR
Pulled Pork Sliders

California Roll Salad

French Style Green Beans
w/ Almonds
Mixed Veggies

Pumpkin Cake
OR
Peaches

Tuesday

Cheesy Macaroni & Ham Soup w/ a
Roll
OR

Bacon Cheese Burger w/ Fries

Orange Apple Sauce Jell-O

Baked Beans
Broccoli

Apple Crisp
OR
Grapefruit

Wednesday

Turkey & Cheese Sub w/ Chips
OR
Chicken Pot Pie

Broccoli Salad

Wax Beans
Brussel Sprouts

Peanut Butter Lasagna
OR
Pears

Thursday

Cheddar Broccoli Soup
w/ a Roll
OR
Bierocks w/ Salsa & Sour
Cream

3 -Bean Salad

Beets
Green Beans

Fruit Pizza
OR
Pineapple

Friday

Jerked Pork Steaks
OR
Sweet & Sour Shrimp over
Rice Pilaf

Coleslaw

Rice Pilaf
Mixed Veggies

Chocolate Pudding
OR
Mixed Fruit

Saturday

Maple Bacon Chicken
OR
Venison Stew

Apple Salad

Corn
Cauliflower
Party Potatoes

Halloween Cake
OR
Mandarin Oranges

Sunday

Roast Beef
OR
Turkey w/ Biscuits &
Gravy

Tossed Salad

Mashed Potatoes w/
Gravy
Peas
Fresh Butternut Squash

Pumpkin Pie
OR
Grapes



WEEKLY NEWSLETTER

BROOKSIDE EVENTS



Warm Welcome! - Brookside would like to wish Kathy Lehman a warm welcome! She will be our new resident in the congregate building!

Looking for a Volunteer- Brookside is looking for a Resident Volunteer that can come to Brookside on a Saturday. A Dog Handler for a certified therapy dog is willing to visit Brookside. Her Name is Miranda Lehman and the dog's name is Hershey. She can only come in on Saturday morning. Karla is looking for a dog loving volunteer to meet with Miranda when she visits. If you would like to take on this assignment, please contact Karla. The exact time and day will be decided upon in accordance with the volunteer's Schedule.

Knitting and Crochet Club- If you love to knit or crochet, Brookside Residents will meet in the Library every Wednesday @ 10:00 am. Everyone is welcome!

Test Your Life Net System- Brookside will again, start encouraging our residents to do a monthly test of their Life Net System. The Chatter will include a scheduled day each month to help remind everyone that it is important. This month it will be on **October 28th, from 8:00 am- 3:00 pm.**

Trick-or Treat with the kids from Hand in Hand. -The children from Hand in Hand Childcare Center will Trick-or- Treat around the Brookside Circle at **10:00 AM on Friday October 30th**. If you would like the children to come to the door, please put an orange ribbon on your door handle or somewhere visible to the children. After they walk around the circle, they will come into the main building at Brookside, and anyone interested can come out and hand out candy. If you don't have candy, please give Karla money to buy some at the store for you!

Brookside's Annual Spooky Resident Supper! - Our Spooky Resident supper will be held on Thursday, October 29th @ 4:30 PM. We will feature an extra spooky Beef Stew for the main entre'.

From the Kitchen- The Kitchen is feeling Spooktacular about Halloween! They have once again planned a fun filled week of costumes and prizes. The last week of October, **(10/26-10/31)**, the kitchen will have a dress-up contest every day that will include a prize! **Monster Monday!** - Dress up as a monster! The prize will be 1 gallon of Apple Cider. **Tuesday is Pumpkin King Day!** - Wear Pumpkins, Skeletons & Patchwork Clothes! The prize is a Strawberry Cheesecake! **Wednesday is Weird & Whacky Wednesday!** -Mismatch your Outfit Day! The prize is a dozen cupcakes or cookies made by Mary! **Throwback Thursday-** Dress up as your favorite Era! - the prize is a \$20.00 Stewarts gas Card! **Lazy Friday-** Halloween P.J. Day! - The winner gets a \$30.00 Tops Gift Card! **Spooky Saturday-** Best Halloween Costume. - The prize is a Gift Basket.

Beauty Parlor- To book a hair appointment with Terri Stocking, **call (315)-523-5048**. To schedule a **pedicure** with **Michelle Beyer**, **call (315) 777-1489**.