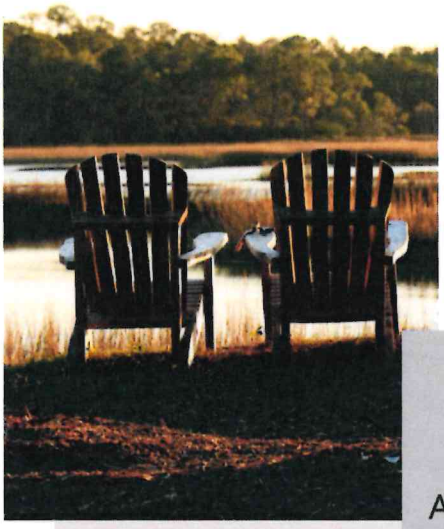
BROOKSIDESENIORLIVING.ORG

NOVEMBER 2ND 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

MERVIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries

Happy Birthday to Jack Gormley on November 4th

Week of November 2nd

2ND MONDAY	9:00 AM... Exercise w/ Stronger Seniors 10:00 AM... Exercise Class (Strength Training) 10:00 AM... Ride to Tops and Marshalls Plaza + Banking 2:00PM... Bingo 7:00 PM... Dominoes
3RD TUESDAY	8:30 AM... Resident Coffee Hour 9:00 AM... Exercise Class (Stronger Seniors) 9:35 AM... Walmart Shopping 2:00 PM... Friends of God (Live Music) 3:00 PM... Trip to Nolt's 7:00 PM... Golf
4TH WEDNESDAY	9:00 AM... Exercise Class (Stronger Seniors) 10:00 AM... Exercise Class (Easy Does It) 10:00 AM... Knitting & Crocheting Club in the Library 10:30 AM... Scripture & Prayer Group (In the Parlor) 3:00 PM... Peggy Nuspliger and Chorus 7:00 PM... Euchre
5TH THURSDAY	9:35 AM... Ride to Tops & Marshalls Plaza+ Banking 10:30 AM.... Rosary 6:00PM- 7:00PM... Myers Family Band 7:00 PM... Dominoes
6TH FRIDAY	9:00 AM... Exercise Class (Stronger Seniors) 10:00 AM... Exercise Class (Stronger Seniors- Stretching) 2:00 PM... Memoir Club 7:00 PM... Euchre
7TH SATURDAY	3:00 PM... Social Hour 6:00 PM... Dominoes
8TH SUNDAY	11:00 AM... Reverend Evan Zehr's Service in the activity room. 2:00 PM...Tom Yousey will conduct the Catholic Service 7:00 PM... Golf

Weekly Menu- November 2nd, 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is: Potato Soup w/ Ham & Cheese Sandwich.

Monday

Salmon Pattie w/ Potato Wedges
OR
Beef Pot Pie

Honey Crisp Apple Broccoli Salad

Beets
Peas

Salted Caramel Brownies
OR
Mixed Fruit

Tuesday

Chicken Tenders w/ Fries
OR
Lasagna

Strawberry Spinach Salad

Broccoli
Stewed Tomatoes

White Chocolate Chip Cookies
OR
Mangos

Wednesday

Salmon Loaf
OR
Crazy Good Casserole w/ kielbasa

Cinnomon Apple Sauce

Fried Potatoes
Lima Beans
Corn

Banana Pudding
OR
Pears

Thursday

Italian Sausage w/ Onions & Peppers
OR
Sloppy Joe on a Bun

Tossed Salad

Sweet Potato
Cauliflower
Brussel Sprouts

Chocolate Chip Pound Cake
OR
Apricots

Friday

Pancakes, Scrambled Eggs & Sausage
OR
Lemon Pepper Fish

Coleslaw

Hashbrowns
Baked Apples

Oreo Lasagna
OR
Citrus Fruit

Saturday

Turkey, Bacon& Swiss Sliders w/ Potato Wedges
OR
Sweet & Sour Pork over Rice

Mandarin Orange Fluff Salad

Carrots
Prince Edward Blend

Hot Fudge Sundae
OR
Pineapple

Sunday

Steak w/ Mushrooms & Onions
OR
Stuffed Sole

Pasta Salad

Mashed Potatoes w/ Gravy
Corn Casserole
Green Beans

Blueberry Cheesecake
OR
Mandarin Oranges

WEEKLY NEWSLETTER

BROOKSIDE EVENTS

Warm Welcome! - Brookside would like to wish Kathy Roggie a warm welcome! She will be our new resident in the congregate building!

Resident Coffee Hour- On Tuesday, November 3rd @ 8:30 AM, Brookside will have a Resident Coffee Hour in the Activity Room. The entree' will be Savory Sunrise Breakfast Pizza. It will have Bacon, musrooms, green onions, peppers and cheddar cheese on it. The sign-up sheet is on the bullitin board next to the main office.

Trip to Boscov's- On Wednesday, November 11th @ 10:30 AM, Brookside will be taking a trip to Boscov's in the New Hartford Shopping Center. The sign-up sheet is up on the bulletin board next to the main office.

Community Dementia Education Workshop- On **November 19th from 2:00pm- 4:00pm**, in the **Activity Room**, Brookside is hosting a workshop. The Community Dementia Education Workshop is led by Jesica Nichols. She is the Demetia Educator for the Lewis County Health System. She will be teaching the "Teepa Snow" Program that focuses on a positive approach to care. This is an excellent opportunity to learn more about Dementia, how to support, understand and care for people with Dementia and explore community resources. There is a sign-up sheet for this workshop on the bulletin board next to the main office. Please sign up so Jesica has an idea of how many people she can prepare for. All are welcome, this is open to the public. If you or someone you know is interested, please sign them up and come and join us!

Looking for a Volunteer- Brookside is looking for a Resident Volunteer that can come to Brookside on a Saturday. A Dog Handler for a certified therapy dog is willing to visit Brookside. Her Name is Miranda Lehman and the dog's name is Hershey. She can only come in on Saturday morning. Karla is looking for a dog loving volunteer to meet with Miranda when she visits. If you would like to take on this assignment, please contact Karla. The exact time and day will be decided upon in accordance with the volunteer's Schedule.

Knitting and Crochet Club- If you love to knit or crochet, Brookside Residents will meet in the Library every Wednesday @ 10:00 am. Everyone is welcome!

Beauty Parlor- To book a hair appointment with Terri Stocking, **call (315)-523-5048**. To schedule a **pedicure** with **Michelle Beyer, call (315) 777-1489**.