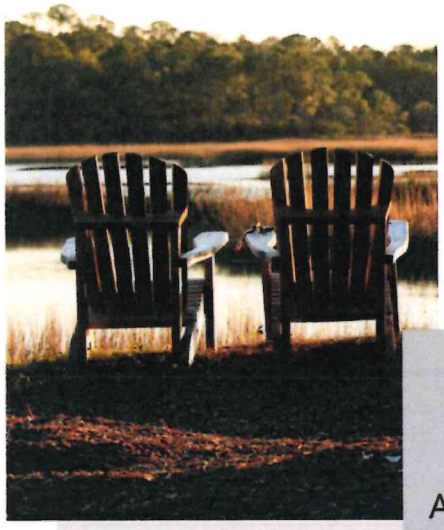
BROOKSIDESENIORLIVING.ORG

NOVEMBER 9TH 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

QUINTIN ROGGIE

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries

Happy Birthday to Duane Wicks on November 11th, Teddie Woodhouse on November 12th, Colette Cross on November 13th and Jim Rush on November 15th

Week of November 9th

9TH MONDAY	9:00 AM... Exercise w/ Stronger Seniors 10:00 AM... Exercise Class (Strength Training) 10:00 AM... Ride to Tops and Marshalls Plaza + Banking 2:00PM... Bingo 7:00 PM... Dominoes
10TH TUESDAY	9:00 AM... Exercise Class (Stronger Seniors) 9:35 AM... Walmart Shopping 1:30 PM... Resident Council Meeting 3:00 PM... Trip to Nolt's 7:00 PM... Golf
11TH WEDNESDAY	9:00 AM... Exercise Class (Stronger Seniors) 10:00 AM... Exercise Class (Easy Does It) 10:00 AM... Knitting & Crocheting Club in the Library 10:30 AM... Scripture & Prayer Group (In the Parlor) 10:30 AM... Road Trip to Boscov's in New Hartford 3:00 PM... Adirondack Playboys (Live Music) 7:00 PM... Euchre
12TH THURSDAY	9:35 AM... Ride to Tops & Marshalls Plaza+ Banking 10:30 AM.... Rosary 2:00 PM... Tony Levesquese (Live Music) 7:00 PM... Dominoes
13TH FRIDAY	9:00 AM... Exercise Class (Stronger Seniors) 10:00 AM... Exercise Class (Stronger Seniors- Stretching) 2:00 PM... Memoir Club 2:00 PM... Black River Band 7:00 PM... Euchre
14TH SATURDAY	3:00 PM... Social Hour 6:00 PM... Dominoes
15TH SUNDAY	11:00 AM... Reverend Evan Zehr's Service in the activity room. 2:00 PM...Tom Yousey will conduct the Catholic Service 7:00 PM... Golf

Weekly Menu- November 9th, 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is: Chicken Noodle Soup w/ a Roll.

Monday

Chicken & Biscuits
OR
Kielbasa & Sauerkraut on a Bun

Cucumber Pomegranate Salad

Winter Blend
Squash

Chocolate Cake w/ Peanutbutter Frosting
OR
Pears

Tuesday

Tomato Soup w/ Egg Salad Sandwiches
OR
Cream of Mushroom Pork Chops

Macaroni Salad

Parsley Potatoes
Glazed Carrots
Veggie Blend

Blueberry Bars
OR
Peaches

Wednesday

Taco Salad
OR
Chicken Alfredo

Creamy Cucumber Salad

Mixed Veggies
Peas

Chef's Choice Brownie
OR
Grapefruit

Thursday

Honey Glazed Pork Roast w/ Baked Potato
OR
Tuna Noodle Casserole

Strawberry Fluff Salad

Beets
Corn

Rice Krispy Treats
OR
Fresh Fruit

Friday

Korean BBQ Shrimp over Rice
OR
Turkey Sliders

Coleslaw

French Fries
Lima Beans

Oatmeal Chocolate Chip Cookies
OR
Mixed Fruit

Saturday

Western Style Quiche
OR
Pepperoni Pizza

Raspberry Jell-O Salad

Hashbrown
Green Beans

Vanilla Pudding w/ a Bicoff Topping
OR
Pineapple

Sunday

Beef Tips w/ Mashed Potatoes
OR
Grilled Ham

Tossed Salad

Mashed Potatoes w/ Gravy

Root Veggie Blend

Key Lime Pie
OR
Mandarin Oranges

WEEKLY NEWSLETTER

BROOKSIDE EVENTS

Trip to Boscov's- On Wednesday, **November 11th @ 10:30 AM**, Brookside will be taking a trip to Boscov's in the New Hartford Shopping Center. The sign-up sheet is up on the bulletin board next to the main office.

New Music Acts! - Brookside has a music packed week planned featuring many new music acts! On **Wednesday**, **November 11th @ 3:00 PM, The Adirondack Playboys** will play a mix of Country Music. Rick Streeter, son of Audrey Streeter, is a member of this band! On **Thursday, November 12th@ 2:00 PM Tony Levesquese** will play for the first time at Brookside. He is also known as Tony Longtoes, from the Moose Radio Station. On **Friday**, we will host the **Black River Band @ 2:00 PM**. Come out and check out these music acts!

Community Dementia Education Workshop- On **November 19th from 2:00pm- 4:00pm**, in the **Activity Room**, Brookside is hosting a workshop. The Community Dementia Education Workshop is led by Jesica Nichols. She is the Demetia Educator for the Lewis County Health System. She will be teaching the "Teepa Snow" Program that focuses on a positive approach to care. This is an excellent opportunity to learn more about Dementia, how to support, understand and care for people with Dementia and explore community resources. There is a sign-up sheet for this workshop on the bulletin board next to the main office. Please sign up so Jesica has an idea of how many people she can prepare for. All are welcome, this is open to the public. If you or someone you know is interested, please sign them up and come and join us!

Looking for a Volunteer- Brookside is looking for a Resident Volunteer that can come to Brookside on a Saturday. A Dog Handler for a certified therapy dog is willing to visit Brookside. Her Name is Miranda Lehman and the dog's name is Hershey. She can only come in on Saturday morning. Karla is looking for a dog loving volunteer to meet with Miranda when she visits. If you would like to take on this assignment, please contact Karla. The exact time and day will be decided upon in accordance with the volunteer's Schedule.

Knitting and Crochet Club- If you love to knit or crochet, Brookside Residents will meet in the Library every Wednesday @ 10:00 am. Everyone is welcome!

Beauty Parlor- To book a hair appointment with Terri Stocking, **call (315)-523-5048**. To schedule a **pedicure** with **Michelle Beyer, call (315) 777-1489**.