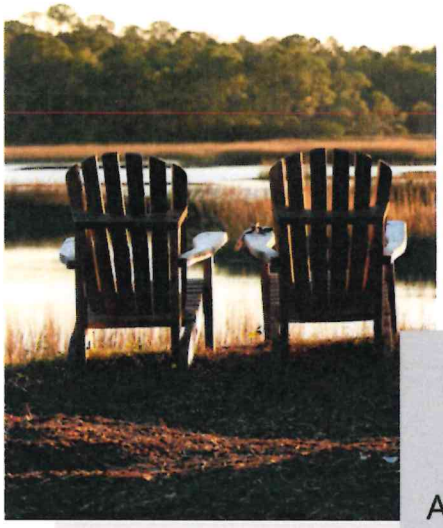
BROOKSIDESENIORLIVING.ORG

NOVEMBER 16TH 2026

BROOKSIDE CHATTER

315-376-4333



Adirondack Mennonite Retirement Community, INC.

Mission Statement

Adirondack Mennonite Community seeks to share God's love by providing for the older adult, a home and lifestyle that are independent and dignified, secure and sheltering, purposeful and fulfilling, creative and enriched, all within the framework of our Christian heritage. To that end, we will strive to be visionary in our recognition of needs and compassionate in our approach to services.

ON CALL THIS WEEK

ROB HARPER

IF YOU NEED ASSISTANCE FROM 5:15PM-7:00AM, CALL 315-376-4333. YOU WILL REACH OUR ANSWERING SERVICE; THEY WILL DIRECT YOUR CALL. IN CASE OF EMERGENCY, PUSH YOUR EMERGENCY BUTTON OR DIAL 911.

Birthdays and Anniversaries

No Birthdays or Anniversaries

Week of November 16th

16TH MONDAY	9:00 AM... Exercise w/ Stronger Seniors 10:00 AM... Exercise Class (Strength Training) 10:00 AM... Ride to Tops and Marshalls Plaza + Banking 2:00PM... Bingo 6:30 PM... Down Home 7:00 PM... Dominoes
17TH TUESDAY	9:00 AM... Exercise Class (Stronger Seniors) 9:35 AM... Walmart Shopping 2:30 PM... Aaron Karppala 3:00 PM... Trip to Nolt's 7:00 PM... Golf
18TH WEDNESDAY	9:00 AM... Exercise Class (Stronger Seniors) 10:00 AM... Exercise Class (Easy Does It) 10:00 AM... Knitting & Crocheting Club in the Library 10:30 AM... Scripture & Prayer Group (In the Parlor) 3:00 PM... Capo 3 7:00 PM... Euchre 7:30 PM... Crystal Light
19TH THURSDAY	9:35 AM... Ride to Tops & Marshalls Plaza+ Banking 10:30 AM.... Rosary 2:00 PM-4:00 PM... Community Dementia Education Workshop 7:00 PM... Dominoes
20TH FRIDAY	9:00 AM... Exercise Class (Stronger Seniors) 10:00 AM... Exercise Class (Stronger Seniors- Stretching) 2:00 PM... Memoir Club 2:30 PM... Resident Birthday Party 7:00 PM... Euchre
21TH SATURDAY	3:00 PM... Social Hour 6:00 PM... Dominoes
22ND SUNDAY	11:00 AM... Reverend Evan Zehr's Service in the activity room. 2:00 PM...Tom Yousey will conduct the Catholic Service 7:00 PM... Golf

Weekly Menu- November 16th, 2026

Cottage Cheese or Applesauce can be substituted for any salad.

The Alternative meal for this week is: BLT Wrap w/ Pickles & Chips.

Monday

Macaroni & Cheese
OR
Crab Patty w/ Dirty Rice

Cottage Cheese w/ Peaches

Prince Edward Blend
Peas

Coffee Cake
OR
Mangos

Tuesday

Scalloped Potatoes w/ Ham
OR
French Onion Soup w/ a Roll

3 Bean Salad

Corn
Green Beans

Ice Cream
OR
Pears

Wednesday

Olive Garden Chicken Pasta
OR
Hamburger w/ LTO & Onion Rings

Milky Way Salad

Roasted Root Veggies
Cauliflower

Earth Quake Bar
OR
Mixed Fruit

Thursday

Roasted Pork Loin
OR
Chipped Beef and Gravy on Toast

Fruit Pudding Salad

Wax Beans
Spinach
Baked Potato

Cinnamon Toast Crunch
Le Leches Cake
OR
Pineapple

Friday

Battered Haddock w/ Fries
OR
Chili w/ Cornbread

Apple Slaw Salad

Buttered Beets
Stewed Tomatoes

Mango Parfait
OR
Peaches

Saturday

Ham w/ Baked Sweet Potato
OR
French Toast Bake w/ Bacon

Orange Applesauce Jell-O Salad

Lima Beans
Fresh Veggies w/ Ranch

Chocolate Chip Cookies
OR
Mandarin Oranges

Sunday

Chef's Choice Salmon
OR
Pineapple BBQ Chicker

Spring Mix Salad

Mashed Potatoes w/ Gravy
Parmesan Oven Roastec Broccoli

Bumble Berry Pie
OR
Apricots



WEEKLY NEWSLETTER

BROOKSIDE EVENTS



Brookside News- *Brookside Community is putting together traditional holiday food boxes for people in need. Tabitha, from the kitchen, is working with food venders to donate things for the food box. We will be able to bless 15-20 families with everything they will need to prepare a nice Thankgiving Dinner for their family. Jenn has asked people to contact Brookside on Facebook. She is compiling a list of people that have asked or been nominated by other people to recieve a dinner box. If you have someone in mind that may need a helping hand, please go to the Brookside Facebook page and send a message to Jenn.*

Community Dementia Education Workshop- On **November 19th from 2:00pm- 4:00pm**, in the **Activity Room**, Brookside is hosting a workshop. The Community Dementia Education Workshop is led by Jesica Nichols. She is the Demetia Educator for the Lewis County Health System. She will be teaching the "Teepa Snow" Program that focuses on a positive approach to care. This is an excellent opportunity to learn more about Dementia, how to support, understand and care for people with Dementia and explore community resources. There is a sign-up sheet for this workshop on the bulletin board next to the main office. Please sign up so Jesica has an idea of how many people she can prepare for. All are welcome, this is open to the public. If you or someone you know is interested, please sign them up and come and join us!

Looking for a Volunteer- Brookside is looking for a Resident Volunteer that can come to Brookside on a Saturday. A Dog Handler for a certified therapy dog is willing to visit Brookside. Her Name is Miranda Lehman and the dog's name is Hershey. She can only come in on Saturday morning. Karla is looking for a dog loving volunteer to meet with Miranda when she visits. If you would like to take on this assignment, please contact Karla. The exact time and day will be decided upon in accordance with the volunteer's Schedule.

From The Survey Committee: By the end of the week, you should recieve the survey of the Resident Council. If you have not, please contact the officers of the Resident Council or Fern Lyndaker. Please complete the survey by Wednesday, November 25th , and place it in the box on the floor outside the main office door.

Knitting and Crochet Club- If you love to knit or crochet, Brookside Residents will meet in the Library every Wednesday @ 10:00 am. Everyone is welcome!

Beauty Parlor- To book a hair appointment with Terri Stocking, **call (315)-523-5048**. To schedule a **pedicure** with **Michelle Beyer, call (315) 777-1489**.